

Speak Up, Epping! Newsletter

Volume 12, Issue 6

Epping, New Hampshire

November-December 2019

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

Epping Community Theater

ECT is keeping warm this winter by staying as active as ever! This December we have a great holiday show and will be opening registration for our Winter/Spring theater classes (classes starting in January).

Be prepared **December 6th - December 15th** for the trial of the century! Throughout New Hampshire, there are plenty of chances to see the classic tale "A Christmas Carol" by Charles Dickens. However, ECT offers you the chance to see what happens a year later in the life of Scrooge. Did the ghosts of Christmas Past, Present

and Future really inspire Scrooge to maintain the spirit of the holidays throughout the whole year? Is Scrooge truly a changed man? Come see "The Trial of Ebenezer Scrooge" to find out!

In this incredibly funny, witty, and touching holiday tale we bring back all your favorite characters: Scrooge, his nephew Fred, the Cratchits, Tiny Tim, Ms. Dilbert, the charity collector, Belle, Fan, and of course Jacob Marley and the Christmas Ghosts. Set in an 18th Century courthouse. Scrooge sets out to sue Marley and the ghosts for breaking and entering, kidnapping, slander, pain and suffering, attempted murder, and intentional infliction of emotional distress. Through various testimonies we get to reexperience some iconic Dickens lines as well as take a second look at the real reason Scrooge is visited that particular night.

Whether you have seen A Christmas Carol or are new to the Dickens' tale you will truly be entertained by this fantastic story. While capturing the same heartfelt spirit Dickens intended, "The Trial of Ebenezer Scrooge" will challenge you to look at that fateful Christmas Eve in a different light and rediscover the true spirit of Christmas!

Tickets are on sale now! **Dec 6**th - **15**th, Friday and Saturday 7:30 pm and Sunday 2:00 pm matinee. Showing at the Epping Playhouse, located at 38c Ladd's Lane, Epping, Go to www.eppingtheater.org or check our Facebook page https://www.facebook.com/EppingTheater/ for more information and tickets.

Brian Miskinis, President, Board of Directors

Senior Moments

Well we did it!!

Much like Christmas – talk, talk and finally our 20th Anniversary Party was a whopping megahit!! The festive fall decorations reflected our upbeat mood as we savored the pizzas and subs provided by the Epping House of Pizza, located on Water

Street. Eyes opened wide as boxes after boxes were stockpiled high on the buffet like an edible pyramid. Plus, here comes the best part – When member Joy True offered to bring the appetizers, we thought...that's nice. Nice? Awesome!!! When she finished the layout it resembled a picture perfect spread right out of Bobby's Flay's cookbook. The beautiful presentation was prepared by Joy's daughter, Patti Jo. Patti's not even a senior citizen but is a great chef. I'm sure it took her longer to prepare the entire cuisine then it did for us to lick the plates clean. President Dennis presented a plaque depicting the 20 years of our existence. It is now hanging among other oldies from when Watson was young and known as "the best place on the Hill." The Club also presented gifts of recognition to the three remaining charter members: Lionel Cote, Irene Cote and Barbara Sherwood. Wow, twenty years! Maybe they should hang us on the wall.

On October 24th, we'll be wearing jeans and sneakers ready to clmb aboard the USS Albacore submarine in Portsmouth. Picture this – a bunch of senior citizens crawling through lots of tight spaces then looking for the lunchroom. We'll let you know how many survived.

Two very special guests appeared on our doorstep in September: James, the NH State Police Canine Unit Trooper and his buddy, Mac, a beautiful Belgian Malinois dog. James did a great job explaining how the canines work with law enforcement and we fell in love with Mac. Talk about devotion and discipline, there it was, happily running around right in front of us. Can't remember our kids doing that. However, as much as we were fascinated with Mac's performance, the rules did not permit us to pat or hug our new four-legged friend. Bummer.

Recreation Director Nicole motivates us seniors every Tuesday when she trucks us off for a long "Mall Walk" in Newington. Everyone walks and talks at their own pace but somehow after an hour, all seem to find their way to the Dunkin for a reward. Why not?

Once again we ventured to the Demeritt HIII Farm in Lee for our annual safari. Sure felt like it as we climbed aboard the wagon and prepared to "hang on." This year was a little different. The wagon ride was okay, but by the time we arrived in the orchard, apples were scarce. It didn't matter though because the ones we did find were as big as softballs and delicious. We finished with an

outdoor feast among the pumpkins. The day was pretty chilly but we warmed up with the cold apple pie, cold ice cream, cold cider and cold chairs. Didn't matter though, we had a great time together as we usually do.

Our November meeting will host Jonathan Markey, Paramedic from the Epping Fire Department. He has several issues to cover especially medications. I doubt if any of the members will remember his name but I bet they will recognize his face. After all, seniors are the testing ground for 911 training.

The venues on our future calendar are not finally set yet but we do have some great ideas that will happen before the end of the year. Some ideas: the Portsmouth Country Club for lunch, shopping at the Rockingham Mall and lunch, a trip to the Veterans Cemetery in Boscowen and lunch, and of course, the annual Christmas Lights in Concord and....lunch.

Come January we'll unwrap the jigsaw puzzles and best seller books and hunker down. Don't worry though, we get out. After all doctors are a big part of our social life and we still have to eat.

She made it!...Barbie is over 50 and now a senior citizen!! The new Barbie doll has bifocals, bunions, hot flashes, facial hair and is divorced (comes with Ken's house, Ken's car and Ken's boat). Taking orders for Christmas. Gift wrap extra.

Won't write to you again before the holidays, so enjoy them as if they were your last.

p.s. You don't know how long a minute is until you're on the other side of the bathroom door.

Irene R. Cote, Secretary

End 68 Hours of Hunger - Epping



Thank you to our generous community for stocking ourselves! Thank you to all of you who sent us things in the mail. Without you all we would not be able to feed the hungry bellies of Epping! As always, thank you to our volunteers who help us each week and prepare the bags of food to be delivered.

Submitted by Eleni Maschas

News From the Town

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.

Town Hall Closed

November 11th – Veteran's Day November 28th, 29th – Thanksgiving December 25th – Christmas January 1st – New Year's Day

Town dates

November 2 – Center of the Universe Brew Fest November 9 – Athletic Boosters Craft Fair December 1st – Holiday Party & Tree Lighting

Center of the Universe Brew Fest

The Center of the Universe Brew Fest takes place on November 2nd from noon to 4:00 pm at Epping's famous 1/4 mile racetrack, the New England Dragway. (Epping is known by locals as the Center of the Universe. It's a long-standing joke that's become part of the Town's identity). There is free parking. VIP admission is noon to 4 pm: Tickets: \$50; General admission is 1 to 4 pm: Tickets: \$30; Designated Drivers Tickets: \$5. VIP available only https://bit.ly/2Pc8BRn. General admission tickets are available on the website or at the gate the day of the event. The Brew Fest is being presented by the Friends of the Library and all proceeds will benefit the Harvey-Mitchell Memorial Library.

Taste a variety of unique beers from more than twenty local breweries. There will be unlimited tasting of these beers. Food on site will be available from Lexie's Burger Bus, Fireside Kettle Corn, Jeff LeDuc's Hot Dog Cart, Philly's Good Eats and the Pizza Man. Live music will be provided by Pistol Pete and the Smokin' Guns and Dave Thompson.

Volunteers Needed For Brew Fest

The Friends of the Harvey-Mitchell Memorial Library in Epping are seeking 21+-year old volunteers for their upcoming event.

The Center of the Universe Brew Fest will be held on **November 2**nd at New England Dragway from noon-4:00 pm. They will have more than twenty brewers pouring samples as well as food-on-site for sale and live music! All details can be found on Facebook.

With the possibility of up to 4,000 people attending, they will need many volunteers to make it a huge success.

If you are able to volunteer, please email eppingbrewfest2019@gmail.com and they will get back to you with more information.

Annual Holiday Party on December 1st

The Epping Parks and Recreation Department is holding the **annual Holiday Party** from 4:30 to 6:00 pm on **December 1**st at the Town Hall. There will be holiday music and refreshments. You can take your own photo with Santa and there will be cookie decorating and crafts.

Also, you can donate for the:

Toy Drive – donate unwrapped toys

Food Drive – donate food for End 68 Hours of
Hunger

The Tree Lighting will start at 6:00 pm You can help walk Santa to the Town Center and join in Holiday Carol Singing

Cell Phones for Our Troops Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks.

They also send Christmas stockings to our Troops overseas. The Pease Greeters care package team recently completed the momentous task of stuffing 2,480 Christmas stockings with goodie bags and holiday cards to send to active military overseas.

Throughout the year, the greeters seek donations of toiletries, individually packed food items and "fun stuff" like small toys. There are donation sites throughout Portsmouth, Dover, Hampton, Greenland and Concord. Please contact

<u>peasegreatercarepackages@gmail.com</u> for further information about the care package program.

The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help.** We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit www.peasegreeters.org.

In and Around Epping

The Board just conditionally approved a 166 unit multi-family project off Pleasant Street. The applicant still needs state approvals. The Planning Board will next be working on Zoning changes that will be on the 2020 ballot.

Submitted by Brittany Howard



Epping Lions Club "We Serve"

We Want YOU to Join the Epping Lions Club https://www.facebook.com/EppingsLionsClub

Our 11th annual Gas Card Raffle has kicked off. We are selling \$5 tickets for your chance to win a \$300 gas card! Only 300 tickets are sold. There are also three prizes of \$50 gas cards. You get to choose the gas station of your choice. The drawing will be held **December 28**th...so they make great stocking stuffers and/or gifts for anyone on your list: mailman, hair dresser, nieces/nephews, etc. You can inquire on the Epping Lions Club Facebook page: https://www.facebook.com/EppingLionsClub if you're interested. Buy now before it's too late!

We tried a new fundraiser on Monday, October 21st. We participated in The Oven's "Community Monday" program. We received a percentage of all pizza proceeds purchased from 5 pm to 9 pm. If you came out to support our event, we thank you! We will use the funds to help those in the community with hearing/vision needs.

If you or someone you know is in need of hearing and/or vision assistance, please reach out to a club member, or again locate us on Facebook and send us a message. We look forward to continuing to serve our community.

Deb Brooks, President lexusreina@comcast.net Cheryl Denoncour, Treasurer cdenoncour@gmail.com Colleen Palmer, Secretary colleenmariepalmer@hotmail.com

Epping Historical Society

Another year is winding down, and we still have many projects to complete. On reflection, we realize many of our visitors are new residents in town. This is a good thing! These new residents have a real interest in Epping history; we hope to see their children take an interest in the future.

If you are looking for an interesting volunteer job, come and join us on Monday mornings at the Society. You can work at your own pace, and yes, it is okay to just sit and read our fascinating documents. What a wonderful way to acquaint yourself with our history, but the stories the volunteers can tell will keep you on your toes!

We've had a number of new acquisitions this past summer, thanks to the generosity of some now and former residents of Epping. Several of these items have a great history, please come by and take a look. Many Epping folks left Epping at a young age, but they always return to their roots. "You can take people out of Epping, but you can't take Epping out of people."

As a new year begins, we start cleaning out our closets and attics. If you have old pictures, documents, family histories or other Epping material, we would love to have copies. Many families wish to keep their originals to pass on to their children; this is what history is all about.

This is a great time of year to purchase a memorial brick for our walkway. The cost is \$50.00 and you can have three lines, with fourteen letters and spaces engraved on each line. This would make a wonderful Christmas gift for someone that formerly lived here, and now lives out of town.

We presented a program in October, featuring the old houses in Epping. The turnout was small, but they were certainly enthusiastic! Of course the weather that evening was a nor'easter, so we were pleased with those that turned out. Thank you! If your group or organization is interested in this program, give us a call – we love to share our pictures and stories!

Epping Congregational Church (Now The Community Church)

The early settlers of Epping were members of the Congregationalist Society. Epping separated from Exeter in 1741, and they continued their religious sect in their new town. The northwest corner of Epping, where the first settlers were located, was more than eight miles from their Church in Exeter. Attending Church was a requirement and this hardship was the main reason for separating from their hometown.

The first Congregational Church or Meeting House was erected about 1748. The exact location cannot be determined; we have examined old deeds, property lines and other material, but cannot pinpoint the location. We suspect the first Church was somewhere on North Main Street, probably north of the present Grange Hall.

The residents of the town were required to pay a yearly tax to support the Minister, even though they might not be of the Congregationalist persuasion. The Church was also the Town Meeting House and all business was conducted there. Most towns could not support both a meeting house and a Church, so the Church was the most important public building in town. Many residents did not belong to the Congregational Church, but they agreed to pay the tax. Most people did not have any trouble with this arrangement, but one Quaker refused to pay the tax. He was temporarily jailed for his refusal.

A committee was formed for the search for the first minister of the new Church. The appointed committee decided upon the Rev. Robert Cutler. The Reverend attended Harvard Divinity School and the committee decided he was up to the task of bringing a flock together for worship. They were right. In the eight years that he was the minister, more than 100 new persons entered into the Congregational Church. Rev. Robert Cutler was not without controversy however; he had his troubles with the town. Epping was a new town, and they had strict rules they lived by and Rev. Cutler did not pass the test. Although Rev. Cutler was married and had several children, apparently he committed adultery. Now this was not acceptable to his flock and his fellow ministers voted to dismiss him on this account. Apparently the town disliked him so much, when his first wife died they refused to pay for her burial. At that time, women were judged by their husband's behavior;

therefore she was as guilty as her husband and did not deserve a decent burial.

After Rev, Cutler was dismissed, the needs of the Church were cared for by many ministers during the next several years. In 1757 the committee hired Mr. Josiah Stearns, stressing the importance of his becoming their minister.

The town was growing and soon realized they needed a larger meeting house. In 1802, they found a new location for the Church and this was the second Congregational Church. This location was very near the Central Cemetery. This was a larger Church, with twin porches to access the upper galley. This Church was active until 1842, when the members decided they wanted to be closer to the new center of Epping. At the time, the Church was no longer being used as a meeting house and the members sold the building and the granite underpinning. The building was removed, but the granite was sold separately. We cannot find any record of what happened to the granite.

The third Congregational Church was located on Water Street. As their membership grew, they needed a larger location for their Church. They purchased land on Pleasant Street, and in 1875, decided to move the Church to the new location. Moving such a large building was a challenge and the Church sat in the middle of the road on Water Street, (in front of the present Historical Society) for two weeks before it was placed on the new foundation. This was considered to be the fourth Congregational Church.

That Church burned in 1882, along with several businesses. The members soon decided to rebuild their Church, (this was the fifth Congregational Church) and it was dedicated in 1884. The Church was set further back from the road, and the present hill was created by the burial of the rubble from the Church and businesses.

In 1933, the Methodist Church was struggling to survive, so they decided to unite with the Congregational Church and combine their memberships for Sunday worship. The Church was re-named the Community Church, embracing the two religious sects. This Church is the centerpiece of the Village.

Come visit us at the Society, we are open Monday mornings from 8:00 to 12:00, or when the flag is flying! Call for an appointment if this does not fit your schedule at 679-2944.

Submitted by Joy True, curator, Epping Historical Society joysgarden@hotmail.com

The Civil War Roundtable of NH



Elizabeth Hallett, vice-president of this group, will again be part of the events for Remembrance Day in Gettysburg. We encourage anyone who can, to come join the multitude of events including Saturday morning ceremonies at each of the sections of graves for New England men.

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or email cwrtnh@gmail.com.

This is the upcoming CWRT-NH schedule:

We are currently booking 2020 meetings. If you know someone, or you yourself would like to offer a talk to our group, please email: cwrtnh@gmail.com.

Note: The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

November 8, 2019 (*note: this is the 2nd Friday*) ~ Bill Hallett – "John Brown and Harper's Ferry".

December 2019 ~ no meeting

January 17, 2020 – President's presentation February 21, 2020 – Marek Bennett – "Freeman Colby vol. 2" (Civil War diary/graphic novel)

Nature Talks Photo Contest

Congratulations to Gregory Pawlack, first place winner in this year's contest. The people of Epping chose his photograph, "Deer on the Rockingham Rail Trail" as the first place winner! Congratulations also to the runner-up, Rebecca Ketcham for "Pond Gazing." AND thanks to everyone who submitted a photograph! There will be another contest next year, so you can start taking pictures right now.



"Deer on the Rockingham Rail" Trail"



"Pond Gazing"

School Partnership

Liz Wilson, Conservation Commission, and Alyson Bates, Epping Elementary Science Teacher,

have teamed up to get kids outdoors. The four fifthgrade science classes are competing to see which group can develop the best scavenger hunt at Fox Run Park. We hope all you kids have loads of fun connecting with the outdoors.

Check Out Robert Friend Low Park

As many of you may know, this property was harvested in the summer of 2017 and a trail was marked. The trail is almost totally cleared and we look forward to many walkers taking advantage of this place to walk. Additionally, a parking area is available for those having to get there in a car. Enter 51 Mast Road into your GPS, walk back through that property to the Rockingham Rail Trail, take a right there and then a left into the park. The trail loops around for about a mile and a half. Look for a picnic table on the concrete pad this spring!

Check Out Tilton Conservation Area

Park in the area north of Rt 87 on the east side of the Lamprey. You'll notice the new sign in the repaired kiosk, a canoe access sign and improved parking area. Additionally, the trail has received much needed maintenance and can be walked in about 30 minutes. Thank you, Joel Harris, for the beautiful trail bridges, which increase accessibility during the wetter months. Thank you, Kevin Martin, for the marker signs along the trail and support structure for the Canoe Access sign. And most of all, thank you to the Lamprey Rivers Advisory Committee for the funding and assistance to make all this possible.



Lamprey River Advisory Committee Community Offerings

Over the past ten years, the Lamprey River Advisory Committee has awarded approximately \$100,000 for 25 grants to local community groups.

These grants have been used for ecological and historic research, improving passive recreation along the river, outreach and education and other innovative projects that benefit people and the river. Epping has already benefitted from four grants at Mary Blair Park: the kiosk, a history/ecology video, the history trail, and planning assistance for the natural playground. At Tilton Conservation Area on Route 87, work has recently wrapped up on building a new canoe access sign, replacing the damaged informational panel on the main kiosk, and installing new sign posts and three bridges over wet areas along the floodplain trail. For paddlers wanting to explore the section between Route 87 and Wadleigh Falls in Lee, work was undertaken last year to make passageways through many tree-falls while preserving the ecological values of instream wood.

The LRAC has also offered free presentations on history, wildlife, and water quality and worked with the recreation department on family fun days and the Junior Ranger program. We are eager to partner with community groups that want to undertake projects that help residents understand, enjoy and protect the river. What can we do for your group? To find out more, please contact info@lampreyriver.org.

Don't Fall into the Water

Tis the season for raking leaves and cleaning out gardens, but please don't dump that waste into the river or a wetland. Although yard waste is organic and biodegradable, large amounts concentrated in one area can cause problems. Leaves and other yard waste can smother aquatic habitats, cause excessive bacterial decay, and lead to pockets of low or no oxygen. In fact, state law RSA 482-A:3 "prohibits filling streams and wetlands with waste materials, including yard waste."

Mulching is a much better way to clear your yard of leaves, plus... you don't need to rake! Remove the bagger from the lawn mower and chop those big leaves into tiny pieces. These tiny pieces will decay faster and release natural fertilizing nitrogen back into the lawn. If you have really thick mulch on the lawn, rake some up and place on your flower gardens to help protect them through winter.



Helping communities protect the Lamprey River.

Epping Garden Club



The Epping Garden Club had a successful Fall Plant Sale where we sold many amazing plants – many mums, asters and cabbage plants.

We hope our residents are enjoying the added color downtown with those nine large containers of flowers. Five are ours and the Gustavsons bought four to add to the storefronts of their property on Main street. Soon we will empty them and store them until the Pansy Bowls are offered for sale next spring. We would appreciate more of you supporting our fundraisers as we know you all garden.

Our club is a member of the New Hampshire Federation of Garden Clubs and we just hosted our Fall Meeting at Flag Hill. 115 members from all over our state, as well as our National President and Maine's State President, were in attendance, on a gorgeous day at the Flagg Hill vineyard.

Epping took home an award for our Spring Meeting which was held in Jackson, NH and presented to John during this Fall meeting. We are in District 4 and it was our turn to pull the meeting together. Our only goal was for it to be a lot less fussy than some of the meetings of the past.

We will have our club's elections in December and plan to continue to do good work here in town. We are accepting new members and look forward to the library being open again so we can hold our monthly meetings there. We will bring speakers if there is any interest in our community.

A gentle reminder for gardeners: please let your healthy plants die back in your gardens. Please don't cut it all back, as you will have time, come a warm stretch in spring, to clean it all up. Many birds and insects will continue to visit your flower and vegetable gardens through the winter. Please leave leaf litter as well, as it feeds your trees and is home to many moths and butterflies and beneficial insects. Please leave it alone wherever you can.

Try to incorporate more natural areas and less lawn wherever you can, while we are on the subject of gardens.

Check out the free garden talks at our library.

The library will soon move out of the church and begin the process of moving back into their newly renovated space. Thank you Charlie!

Submitted by Eunice Miller



ETV Schedule

Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting - Monday, Nov. 4,18;

Dec. 2,16 & 30 - 7 pm

Water & Sewer – Tuesday, Dec. 3 - 7 pm

Library -Tuesday, Nov. 19; Dec. 17 - 7 pm

Conservation Commission - Tuesday, Nov. 12;

Dec. 17 - 7 pm

Parks & Recreation – Wednesday, Nov. 6 - 7 pm Budget Committee – Wednesday, Nov. 20;

Dec .4, 18 - 7 pm

School Board – Thursday, Nov. 7, 21; Dec. 5, 19 - 7 pm

Planning Board –Thursday, Nov. 14; Dec. 12 - 6pm Civil War Round Table – Friday, Nov. 8 - 7:15 pm

Dec. - No meeting

Monday meetings are rebroadcast:

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board, Channel 22 or the Town website for any changes or updates.

Please note the new website for ETV: etv22.viebit.com. This is where you will find past meetings. You will also find live video streaming.

The ETV email remains the same: eppingtv22@gmail.com.



Scouting Around Epping Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack http://m.facebook.com/group.php?gid=1990596851
09&fbb=r6c4d2187&refid=46 or go to our website where you can find more Pack information at http://www.pack136epping.org/calendar.

Boy Scout Troop 136



Troop 136 - Hiking at Pawtuckaway State Park

Fall is in the air and the Scouts of Troop 136 are gearing up for a busy November and December. They started out their season selling Popcorn at Walmart and now to their neighbors, They're also selling Yankee Candles. The fundraising helps the Troop with funds for multiple awards, activities and much needed supplies. On

November 5th, our Troop will be out in full swing, dropping off Scouting for Food brochures. These will be dropped off at selected locations in Epping and some surrounding towns where the Scouts live. The Scouts help collect food for the local food pantries who help local families. The Scouts will be picking up the food on **November 9**th before 9 am.

The Scouts have a one-night campout scheduled for **November 9**th after the Scouting for Food event. They will be camping out and practicing their survival skills. The location for this even is still undecided, but will be in the local area.

The Troop's annual Holiday Dinner will be held on **December 15**th. At this special dinner, the boys cook the ham dinner meals for their parents, families and special guests. They will spend the day cooking and then celebrate with awards.

Submitted by Jennifer Sullivan.



Epping Fire Department

Hello to my Speak up Epping readers!

In this issue, we will be talking about late fall and winter safety tips along with Holiday Safety tips.

Just like winter is fast approaching, the holidays will also be here quicker than we know it. The Epping Fire Department has been busy helping other communities with some large fires, as well as our own calls. It's been a busy fall!

Late Fall and Winter safety tips

I know I've said it before, but always have your heating appliances serviced and cleaned. Also have your chimney cleaned by a professional. In November we will be setting the clocks back on **November 3**rd, and that's a great time to check your smoke and carbon monoxide detectors. Replace batteries every 6 months unless you can get a 10-year detector that has a long lasting battery. Change detectors every 10 years. I just did my own house this week. Some of you probably heard from your kids that we visited the schools in October to talk about fire safety, that you should not only have an escape plan, but also to have two ways out and a meeting place in case there was a fire in your house, condo or apartment.

We have had a few calls where we could not get a fire truck down the driveway or if we did it was very tight. If we can't get to you, we can't help you! Driveways should be cleared of trees, brush and overhanging limbs. It becomes more difficult in the winter when the snow starts to pile up. Yup, I said snow. We need at least 10 to 12 feet of clearance to make it down a driveway. We can worry about backing out later. This would also be great for your oil delivery and package services too.

Make sure you have your vents for your heating appliances cleared out of leaves and snow. Also try to keep any hydrants on your property shoveled and cleared out, whether its bushes, brush or snow. It's a big help for the firefighters and much appreciated.

Holiday tips

Holidays are a great time for families to gather and make memories. It can also be a dangerous time as well. Every year the Epping Fire Department responds somewhere in town for an oven fire from a cooking incident. Keeping your oven clean before the big feast helps. Never put food or boxes, etc., on top of the stove as they can catch fire. Make sure to follow instructions on how to cook your turkey and never deep fry in the house or garage. That's best for outside. If you prefer a real Christmas tree, make sure it is watered and never gets dry. Check your holiday lights and extension cords to make sure they're not frayed or cracked and I recommend a sturdy 3 prong with a ground extension cord for your decorations, whether it's inside or outside. A timer is a great thing to apply for lights as well. Candles for any holiday festivities should be closely watched and put out before taking a nap or going to bed. Always keep the candles away from pets and children to avoid them being tipped over.

Santa Parade

Speaking of holidays, the Epping Fire Department will be doing it's Santa Parade on **December 22**nd in the afternoon, starting at 3:00 pm, to hand out candy and see the town. We hope to see you all on the road as we celebrate the Holidays.

Burn Permits

Burn permits are required until the ground is covered with a good area of snow. The only other time you can burn brush is when it's actively raining. Always check with the Fire Department if you have any questions or concerns and keep all fires 25 to 50 feet away from any shed, garage, barn or house. The large brush piles require 50 feet and a house or fire extinguisher nearby. Fires also

have to be tended to, and the homeowner has to be on the property. Permission slips are required for renters to have any fire permits, either hand written or by phone.

So keep your driveways opened up, your heating appliances in good shape, and your detectors working and enjoy the holidays without any unintended events.

Happy Holidays from all of us at Epping Fire Department!!

Know that we are here for you 24 hours a day, 7 days a week. We look forward to seeing everyone on the Santa Parade which will be **December 22ND** in the afternoon, Check our website or Facebook for more information.

Lieutenant Paul St Cyr Fire Prevention Officer and 9-11 Liaison.

Friends of the Epping Fire & Brick Museum

Things are moving slowly at the Museum. We will be doing the floors next week and then putting the vehicles back in. We still have our T-shirt sale fundraiser. T-shirts cost \$18.00 for sizes small to xlarge, sizes XX or XXX will be \$20.00. Cash or check. If you would like one, please stop in at the Historical Society on Water Street - it is open on Monday mornings and by request.



Then it will be time to start working on displays for the Museum and donations of any old fire materials, pictures, books, antique gear, etc. are welcome. For the time being, they may be dropped off at the Fire Station or the Historical Society building. We hope to have the Museum open for Memorial Day. We will have a Friends of the Museum display, so if you donate any old fire materials, you will be recognized.

For more information, please contact Cliff Cray at deacon100@comcast.net or 396 9436.

Epping Explorer PostsFire Department Explorer Post 136

Explorer Post 136 welcomes two new members from Fremont. Welcome Jake and Blake. Our post is currently taking a CPR/AED course and a First Aid course. These are part of the requirements needed before they can ride the apparatus to emergencies.

On **Saturday November 9**th the Explorers will host a Red Cross blood drive at the Epping Safety Complex, 37 Pleasant Street. The hours are 10:00 am to 3:00 pm. Donors may make reservations by calling (800) 733-2767. Of course, walk-ins are always welcome. Refreshments will be served.

On **November 30th and December 1st**, the Epping and Brentwood Fire Associations, with the help of Explorer Post 136, will hold their annual Stuff the Bus Toy Drive at the Epping Walmart. Toys collected will be distributed to families in Epping and Brentwood. New, not wrapped toys may be donated at this time or to the Epping Fire Department.

Youth 14 years old to 20 years old are welcome to check out our Post. We meet on the 1st and 3rd Tuesdays from 6:30 to 8:30 pm at the Epping Fire Department. This is a great opportunity to learn about fire and emergency medical service and possibly find a career for the future. Interested youth may stop in at our regular meetings. Call Captain Cray at 396-9436, Lieutenant Labonte at 770-3195, or the Fire Department 679-5446.

Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

American Legion News Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot

Breakfast Buffets on **Sunday, November 10**th and **Sunday, December 8**th – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free – worth every penny!

Children's Christmas Party - December 14th

The Ladies Auxiliary of the American Legion Post 51 in Epping is hosting a Children's Christmas Party on **Saturday, December 14**th, from 1:00 to 3:00 pm. It is open to Epping children and the children/grandchildren of the members of Post 51. The eligible ages are 0-10 years old. We hear that Santa will be making a special visit! To make sure that Santa has a gift for all the kids, *please make sure all eligible children are signed up before the deadline date of December 8th. Prior sign up is required. No calls after that date will be accepted.*

Please call Linda at 944-5429 or Janet at 944-3288 and let us know your name, your children's ages, and boy or girl. Again, the deadline date for signing up is **Sunday**, **December 8**th.

We will have some crafts to do while we wait for Santa to arrive and there will be light snacks, juice and water. It will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Rt. 125 in Epping (across from Telly's Restaurant).

Epping Community Church

If you didn't come to the McPhee and Weaver Fish Fry...you missed a good one. They served 116 people and did a wonderful job! Thank you to all that put on this very popular dinner.

Our next 3rd Saturday dinner will be on **November 16**th from 5:00-6:30 pm. This will be a turkey dinner with all the fixings including various homemade pies for dessert. The dinner is \$10.00 for adults and \$4.00 for kids and can be eaten in or packaged so you can enjoy it at home.

We will be providing a **free dinner on Thanksgiving day** at the church from 11:00 am to 1:00 pm. Anyone that would like to come and enjoy a wonderful Thanksgiving meal is welcome. Kevin Murphy heads up this fabulous meal with lots of volunteers. We also can deliver a meal to anyone in need - call the church at 679-5542 and make a request. If you would like to come and get a meal to take home, come and we can do that, too.

Our Food Pantry is open every Saturday from 8-10 am. Entry is through the side door off the driveway. Our Soup of the Day Café is on Thursdays from 11-12:30. This is a free lunch open to all in the community. We offer two different kinds of soup, salad and dessert every week. Come and join us!

Meals on Wheels has been located at our facility for the past few months. They pack and deliver meals to people in Rockingham County. They also serve lunch in the church on Monday, Tuesday, Wednesday and Friday. If you know someone that could benefit from this wonderful program you can call 679-1609. They need a 48-hour notice for a reservation. The cost of the meal is \$2.00. They also have a thrift shop on site that anyone can browse through and buy items.

Where do fine dining and beautiful Christmas come together? Why at the Christmas Cabaret, of course! Pastor Paul Leonard announces A Christmas Cabaret of Great Joy will be held at the Epping Community Church, Saturday, December 7th at 6:30 pm. A six-course gourmet meal will be prepared by Elisabeth Gustavson. In between those magnificent courses, beautiful Christmas music, both sacred and secular, will be directed by Elaine Gatchell and will be performed by wonderful area musicians. A Christmas Chorale will be performing major choral works including Handel's "Hallelujah Chorus," "As Long As There's Christmas," and Mozart's "Alleluia." A Christmas quartet will be bringing their magical sounds to favorite carols. Soloists will be performing "O Holy Night." "The Christmas Song," "Rudolph," "It's Beginning to Look a Lot like Christmas" and "Have Yourself a Merry Little Christmas." Join us for this gala evening at the Epping Community Church located at the center of the Center of the Universe. 4 Pleasant St., in downtown Epping. Tickets cost \$40 online at eppingcommunitychurch.org. **Tickets** must be purchased in advance.

On **December 24**th, our Christmas Eve services entitled "Christmas in Epping" will be as follows: two 40-minute services at 4:00 and 5:00 pm and a service of the carols at 7:00 pm. All services will have a candlelight portion of Silent Night. We are handicapped accessible by the side entrance and the elevator is located to the left when you enter.

We would love to see you all and wish you a very Merry Christmas!

St. Joseph Catholic Church

208 Pleasant St. (Rte 27) Epping, NH 03042

Office telephone: 679-8805

Mass schedule weekdays:

Mon. 8:00 am Tues, Thurs, Fri. 7:30 am

Wed. 7:00 pm

Mass schedule weekends:

Saturday 4:00 pm

Sunday 8:00 am, 10:30 am and 6:00 pm

<u>November</u>

Mondays – Adoration – Noon to 9:00 pm

Fridays – 8 am-7 pm

Nov. 1st – First Friday Adoration – 8:00 am-

midnight

Nov. 2nd – First Saturday Adoration – midnight to 7:45 am

December

Mondays – Adoration – Noon to 9:00 pm

Fridays – 8 am-7 pm

Dec. 6th – First Friday Adoration – 8:00 am-Midnight

Dec. 7th – First Saturday Adoration – midnight to 7:45 am

Dec. 14th – St. Joseph Cantata – 5:15 pm

If you have any questions, please call the Rectory Office at 679-8805 or check our website at http://stjosepheppingnh.com for further information

St. Joseph Cantata on December 14th

Save the Date! St. Joseph Choir will be performing the cantata "Joy Has Dawned" written by Lloyd Larson. It will begin around 5:15 pm on **Saturday, December 14**th at St. Joseph Church on Route 27 in Epping. A wide variety of delicious appetizers will be served in the church hall, and we will then move into the church to sing the cantata. Following the performance, we will return to the hall for scrumptious desserts, and then gather around the Christmas tree for the blessing, the lighting, and a Christmas carol sing-along. This is open to the public, and although there is no charge, donations are accepted.

Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Evening services are the last Sunday of the month and begin at 5:00 pm.

Families are welcome. The Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time.

The Awana program for children age 3 through sixth grade began again in September. The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Epping Bible Church is located at 243 Pleasant Street. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at PastorRon@EppingBible.org. Visit their website at www.eppingbible.org.

Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918 Weekly Schedule

Sunday Morning Service at 10:30 am.

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you).

Wednesday Time of Devotion and Prayer begins at 6:30 pm.

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at www.pbcnh.org or contact us at pbcsecretary410@gmail.com.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18th century. Records show that Joshua Folsom was a recorded minister among Friends in the

community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



Harvey-Mitchell Memorial Library

Epping's Public Library 151 Main Street 734-4587 (Adult Dept.) 679-5944 (Youth Dept.) 679-5884 (Fax) harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

http://www.facebook.com/eppinglibrary

Hours: Monday, Friday - 10 - 5

Tuesday, Wednesday, Thursday -10 - 8

Saturday – 10 - 2 Sunday – 12 noon – 4

Closed: November 11th - Veteran's Day

November 28th 29th – Thanksgiving December 24th 25th – Christmas

Museum Passes Available at Your Library

Your library has more to offer than just books and movies! You can get free or reduced admission to local museums including the Museum of Fine Arts in Boston, the New England Aquarium, Strawbery Banke in Portsmouth, Children's Museum in Dover, Seacoast Science Center in Rye, the Currier Museum of Art and the McAuliffe-Shepard Discovery Center.

Call ahead or come in to the library to get a pass for your next museum visit.

We're on the Move

We're currently moving back into the newlyrenovated library building! Thank you to the many people who volunteered to help and have supported the library addition! We'll keep you informed about the exact reopening date as soon as we know, but expect some time in mid-November.

Upcoming Events at the Library

Weekly Story Time – Tuesday and Friday mornings at 11:15 am

Story Time provides an opportunity for children to explore the library, make new friends, listen to stories and try their hand at a variety of craft projects. Recommended for pre-school age and younger, but older children are welcome. Join us for a new story and craft each week!

Nov. 2: Center of the Universe Brew Fest

Taste a variety of beers from local breweries, plus food and music, taking place at the New England Dragway. This event is put on by the Friends of the Library and all proceeds will benefit the library! We're looking for volunteers to help out for the event: please contact the library if you're interested Tickets available at www.beerfests.com (search for Epping).

Nov. 11: CLOSED FOR VETERANS DAY

Nov. 13: Great Gardens – Needs assessment – 6:30 pm

This informative and fun gardening series continues with gardening expert Patty Laughlin, head gardener and manager of Epping's Lorax Landscaping. Join us this month for the second in a six-part series about garden design. During this series of talks, we will be using the landscape at the newly expanded library as our working example. The hope is that the design that you see develop over the next 6 months in these talks will be implemented in the spring.

Nov. 19: Dusty Olde Mystery Book Group - 7 pm

The Dusty Olde Mystery Book Group will meet to discuss "Body on the Beach" by Simon Brett.

Nov. 26: Contemporary Book Group - 7 pm

The Contemporary Book Group will meet to discuss "Crimson Shore" by Preston and Child.

Nov. 28, 29: CLOSED FOR THANKSGIVING

Dec. 6: Holiday Party with Odds Bodkin and Library Grand Reopening – 5:30 pm

Come celebrate the completion of the Library's new addition with pizza, treats and musical stories! Start off your holiday season with warm, exciting storytelling by Odds Bodkin. Told with Celtic harp and 12-string guitar, these folktales come from Old England, the Jewish Tradition and Old Germany. For over thirty years, professional storyteller Odds Bodkin has combined dramatic voices, vocal effects, narrative and live music to create imaginative experiences for audiences of all ages. A published children's author and award-winning recording artist, he has performed around the U.S., toured Great Britain, performed twice at the White House, been called "a consummate storyteller" by the New York Times and been a Featured Teller at the National Storytelling Festival among other honors.

Dec. 11: Great Gardens - Design Principles - 6:30 pm

Join us for the third in a six-part series about garden design, this month focusing on design principles. During this series of talks, we will be using the landscape at the newly expanded library as our working example. The hope is that the design that you see develop in these talks will be implemented in the spring. Content will focus on techniques to promote healthy landscape ecology and designs that leverage perennials, native and edible plants.

Dec. 12: Make Your Own Holiday Cards – 3 pm

Learn how to make two hand-crafted cards to give to friends and family this winter. Combine techniques of watercolor painting or watercolor pencils, stamping and punching, arranging and pasting to create unique and elegant cards. The workshop will be taught by Cyndy Pinard who currently teaches Exeter Adult Ed. classes in watercolor and zentangle and holds a degree in Education and Art. All materials supplied. Free, but advance registration is required as space is limited.

Dec. 17: Book Group Cookie Exchange – 7 pm

Library Book Group members gather for their annual Christmas Cookie Exchange sponsored by the Dusty Olde Mystery Book Group! Please bring a copy of your recipe, if you have it handy, for our Cookie exchange book.

DEC. 24, 25: CLOSED FOR CHRISTMAS

Epping Parks & Recreation

Home of the "River Otters" Director: Nicole Bizzaro

Recreation Dept. Main Phone Number: 679-3006

or email at eppingrecreation@gmail.com.

Address:

17 Academy Street Epping, NH 03042 Mailing address: 157 Main Street Epping, NH 03042

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at eppingrecreation@gmail.com or call Academy: 679-3006 or Program Cellphones: 608-9016 or 608-9076.

For more information and to register, please contact the Recreation Department via e-mail at eppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

Now Hiring for Fall After School Program Staff. Please submit application and resume eppingrecprograms@gmail.com or drop off at Watson Academy or Town Hall.

The Rec Dept. provides before and after school programming for kids in grades K- 5 including noschool days, vacation weeks and summer camp programs.

We also provide Pre-school programs, a senior citizens club and host various community events throughout the year!

Youth Programs Before & After School Programs

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-5. The

program opens at 6:45 am and runs until students leave for their classrooms at 8:20 Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until 5:45 pm. Children are grouped by grades.

If your child would like to participate in the school offered programs after school or extra work with a teacher, we do have staff available to pick up the kids at the designated school dismissal areas at the close of these programs. We ask that parents notify us, if their child will be attending one of the school programs and if they will be picking them up from these programs so we can coordinate the pick up schedule daily.

We offer No School Day, Parent/Teacher Workshop and Vacation Week full day programs, which will have their own registration forms! Please check one month in advance of any No School Days on the school calendar or call us at 679-3006, if you have questions. We will not be offering programs during the Thanksgiving and Winter Break School Closings, to allow our staff time with their families during the holidays, as well as traditionally low enrollment in past years during those times. Our Before and After School Programs run on the last day of school, but are then closed until the start of our scheduled Summer Camp programming.

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays and Thursdays (EMS Gym) 3:10 -4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 661-6635 or email her at diannadenapoli84@gmail.com ***ALL beginners receive a FREE Uniform.***

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Youth Ceramics Class

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session

Register Now for McIntyre Ski and Snowboard Lessons

Epping Recreation will be partnering with McIntyre Ski Area in Manchester, NH to provide ski and snowboard lessons to students during McIntyre's Mighty Macs after school lesson program! McIntyre has been providing snow sports programs to children for over 25 years. They provide children with a fun, safe and unintimidating environment to learn a sport that will last.

Five-week sessions will begin on January 2nd. Lessons will be held on Thursdays from 4:00 to 6:00 pm and will take place on Jan. 2nd, 9th, 16th, 23rd and 30th. Bus transportation is available. Email Marlee Scott at eppingrecprograms@gmail.com

School Coordinator Contact:

Marlee Scott

eppingrecprograms@gmail.com

Have Questions for McIntyre?

Email: skiinfo@mcintyreskiarea.com

Call: 603-622-6159

Visit: www.mcintyreskiarea.com

Registration closes at 9 am on December 16th. Register online at www.mcintyreskiarea.com.

Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

<u>Day / Time</u>: Sunday – 7:00 – 9:00 pm <u>Location</u>: EMS Gym (Use EHS entrance) <u>Cost</u>: \$3 per night – Please bring exact change

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Adult Ceramics Class

Day: Thursdays Time: 9-11 am

Cost: \$2 for ceramic piece Location: Watson Academy

The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers Running a children's after-school program Giving financially to families who are in need Providing free family counseling

Organizing various programs for teenagers to service others

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes until 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out: Meets most Friday mornings during the school year, starting September 6th (except Nov. 29th, Dec. 27th) - 9:30-11:00 am. For children ages birth to six with parents or other caregivers. Children will explore

age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories, snack and first friendships. With Patricia Keck. This group meets at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2.

Exeter Family Morning Out Thursday mornings – starting September 5th - 9:30-11:00 am (Note: group will not be held Nov. 28th, Dec. 26th). For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Advance sign-up not needed.

For other programs, please see our event calendar.

For information call 422-8208, press 2...

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. Advance registration is needed for most programs and is always needed for child care; please go to FamiliesFirstSeacoast.org and click on the Register for Family Programs button, or call 422-8208 x2.



School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: etv22.viebit.com.

November 7th and 21st December 5th and 19th

EHS Recognized Unified Champion School

On ESPN, Epping High School was recognized nationally as a National Banner Unified Champion School for their Special Olympics Program. This banner recognition for a school signifies that the

school has demonstrated a commitment to inclusion by meeting 10 standards of excellence that were developed by a national panel of leaders from Special Olympics and the education community.

Over 70 New Hampshire schools have a unified sports program, but Epping High School is only the fourth New Hampshire school to achieve banner recognition status. The other three are Alvirne High School, Dover High School and Gilford High School. Epping High School was one of 34 schools in the U.S. who achieved banner status this year, out of a field of more than 100 schools nationwide who were eligible.

The award was recognized during a school-wide assembly recently. A congratulatory note from U.S. Senator Maggie Hassan, D-N.H., was read to the students at the assembly and State Representative Mark Vallone, D-Epping, read a NH House of Representatives Declaration congratulating Epping High School as a Special Olympics Unified Champion School.

Special Education teacher Keely Gott is the Epping High School unified sports coordinator.

Epping Athletics Boosters Craft Fair Nov.9th

The Epping Athletics Boosters are holding their annual Craft Fair on November 9th from 8:00 am to 3:00 pm in the Epping Middle High School Cafeteria/Gymnasium. They are accepting applications from Crafters and Vendors. The cost is \$30.00 for approximately 8x8 feet of space. Applications will be available at the Town Hall or through contacting Beth Deschene. at kenbethd@comcast.net or by leaving a message at 679-2733.

Epping Elementary School (EES) EES School Calendar

NOVEMBER

Nov. 4 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

Nov. 5 – NO SCHOOL Professional Development Day

Nov. 6,7,8 – Veterans Friendly Lunch Days

Nov. 8 – Eagle Day Veterans' Day Assembly

Nov. 11 - NO SCHOOL - Veterans' Day

Nov. 12 – 25 – Student Council Food Drive

Nov. 27-29 – NO SCHOOL – Thanksgiving Recess

DECEMBER

<u>Dec. 2</u> – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

<u>Dec.10</u> – Winter Concert Grades 1,2,3 in EMS gym – 6:30 pm

<u>Dec. 11</u> – Winter Concert Grades 4 ,5. Band, Chorus in EMS gym – 6:30 pm

<u>Dec. 12</u> – Chorus performing at Rockingham County Nursing Home after school

Dec. 23-31 - NO SCHOOL - Holiday Recess

An Invitation to Epping's Veterans From Epping Elementary School Lunch with a Veteran Program

Choose one day:

Wednesday, November 6th Thursday, November 7th Friday, November 8th

Epping Elementary School would like to say "Thank you!" to veterans by inviting you to a free lunch at our school during Veterans Day week. This is a very informal event with veterans seated at the tables with students. Any veteran who attends will be recognized and introduced to all the students and thanked for his or her service.

Lunch times are:

11:20 to 11:45 for grades 4 & 5

11:50 to 12:15 for grades 2 & 3

12:20 to 12:45 for kindergarten

12:25 to 12:50 for grade 1

You don't have to have children, grandchildren or other relatives currently attending Epping Elementary School. If you are a veteran, you are invited.

If you plan to attend, please call the school at 679-8018 or send in a note with a student relative or by mail, telling us what lunch you plan to attend. Please note that school is closed on November 11th.

Thank you for your service to our country. Justin Benna PhD Principal

Epping High School (EHS)

November 1st: EHS Fall Play, The Greek Mythology Olympia Ganza,7:00-8:00 pm, MS Gym November 2nd: EHS Fall Play, The Greek Mythology Olympia Ganza, 2:00-3:00 pm, MS Gym

November 5th: Conference Day/Professional Development Day (no school for students)

November 11th: School Holiday - Veterans' Day - No School

November 27th – 29th: Thanksgiving Recess – No School

December 23rd - January 1st: Holiday Recess No School

Fundraisers:

Candy Sale by the Class of 2022:

Contact: Joanne McCann

Epping Blanket Sales by Europe 2020:

Contact: Jennifer Jacoby Girls

Basketball Shirt Sale: Contact: Andrew Marden

Email Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (January-February 2020) of this newsletter will be available in early January, 2020. We will accept submissions through December 21, 2019, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

If you would like your next event to appear on the Calendar of Events, please send us an email at bhelmstetter@comcast.net by **December 21, 2019.** Please include date, event name, location and time.

Thanks for reading!

Epping Calendar of Events for November 2019

November 1	EHS Fall Play, The Greek Mythology Olympia Ganza in EMS gym – 7:00 - 8:00 pm
November 2	EHS Fall Play, The Greek Mythology Olympia Ganza,in EMS Gym – 2:00 - 3:00 pm
November 2	Center of the Universe Brew Fest at NE Dragway – 1- 4 pm
November 2	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 3	DAYLIGHT SAVINGS TIME ENDS – "Fall Back" Turn clocks back
November 4	EES PTO Meeting – 7 pm
November 5	Friends of the Library – 7 pm
November 5	Scouting for Food starts
November 5	NO SCHOOL – Professional Development Day
November 6	Providence Baptist Church Food Pantry – 10 am
November 6,7,8	EES Veterans' Friendly Lunch Days
November 7	Epping School Board meeting in Epping Town Hall – 7 pm
November 8	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
November 8	EES Eagle Day – Veterans' Day Assembly – 1:35 pm
November 9	Epping Athletic Boosters Craft Fair in EMS Gym – 8 am-3 pm
November 9	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 9	Scouting for Food Ends – Pickup before 9 am
November 9	Boy Scout Campout after Scouting for Food event, Local location TBD
November 9	Explorers Red Cross Blood Drive at Safety Complex 37 Pleasant St – 10 am-3 pm
November 10	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
November 11	VETERAN'S DAY – NO SCHOOL Town Hall and Library closed
November 12-25	EES Student Council Food Drive
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November 13	Providence Baptist Church Food Pantry – 10 am
November 13	Providence Baptist Church Food Pantry – 10 am
November 13 November 13	Providence Baptist Church Food Pantry – 10 am Great Gardens –"Needs Assessment" – 6:30 pm
November 13 November 13 November 14	Providence Baptist Church Food Pantry – 10 am Great Gardens –"Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm
November 13 November 13 November 14 November 16	Providence Baptist Church Food Pantry – 10 am Great Gardens – "Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 13 November 13 November 14 November 16 November 16	Providence Baptist Church Food Pantry – 10 am Great Gardens –"Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am Epping Community Church Dinner – "Roast Turkey Dinner" – 5:00-6:30 pm
November 13 November 14 November 16 November 16 November 19	Providence Baptist Church Food Pantry – 10 am Great Gardens –"Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am Epping Community Church Dinner – "Roast Turkey Dinner" – 5:00-6:30 pm Library Board of Trustees – 7 pm
November 13 November 13 November 14 November 16 November 16 November 19 November 19	Providence Baptist Church Food Pantry – 10 am Great Gardens –"Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am Epping Community Church Dinner – "Roast Turkey Dinner" – 5:00-6:30 pm Library Board of Trustees – 7 pm Dusty Olde Mystery Book Club "Body on the Beach" – 7 pm
November 13 November 13 November 14 November 16 November 16 November 19 November 19 November 20	Providence Baptist Church Food Pantry – 10 am Great Gardens – "Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am Epping Community Church Dinner – "Roast Turkey Dinner" – 5:00-6:30 pm Library Board of Trustees – 7 pm Dusty Olde Mystery Book Club "Body on the Beach" – 7 pm Providence Baptist Church Food Pantry – 10 am
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November 13 November 13 November 14 November 16 November 16 November 19 November 19 November 20 November 21 November 23 November 28 November 26	Providence Baptist Church Food Pantry – 10 am Great Gardens – "Needs Assessment" – 6:30 pm Epping Watson Academy Seniors "Paramedic Jonathan Markey" – 1 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am Epping Community Church Dinner – "Roast Turkey Dinner" – 5:00-6:30 pm Library Board of Trustees – 7 pm Dusty Olde Mystery Book Club "Body on the Beach" – 7 pm Providence Baptist Church Food Pantry – 10 am Epping School Board meeting in Epping Town Hall – 7 pm Epping Community Church Food Pantry and Coats of Caring – 8-10 am Epping Community Church Free Thanksgiving Dinner – 11 am – 1 pm Contemporary Book Group "Crimson Shore" – 7 pm
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Epping Calendar of Events for December 2019

Date	Event
Nov, 30, Dec.1	Epping and Brentwood Fire Associations Stuff the Bus Toy Drive at Walmart
December 1	Holiday Party and Tree Lighting at Town Hall – 4:30-6:00 pm
December 2	EES PTO Meeting – 7 pm
December 3	Friends of the Library – 7 pm
December 4	Providence Baptist Church Food Pantry – 10 am
December 5	Epping School Board meeting in Epping Town Hall – 7 pm
December 6	Holiday Party, Odds Bodkin, Library Grand Reopening at Library – 5:30 pm
December 6-15	"The Trial of Ebenezer Scrooge" at the Epping Community Theater
December 7	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 7	Epping Community Church Christmas Cabaret – 6:30 pm
December 8	Deadline to sign up for American Legion Children's Christmas party.
December 8	American Legion Post 51 Sunday breakfast – 8-11 am
December 9	Epping Garden Club meeting – 9 am
December 10	EES Winter Concert for Grades 1, 2 & 3 in EMS gym – 6:30 pm
December 11	EES Winter Concert for Grades 4 & 5, Band and Chorus in EMS gym – 6:30 pm
December 11	Providence Baptist Church Food Pantry – 10 am
December 11	Great Gardens – "Design Principles" – 6:30 pm
December 12	EES Chorus performing at Rockingham Nursing Home after school
December 12	Make Your Own Cards at the Library – 3 pm
December 14	American Legion Ladies Auxiliary's Children's Christmas Party – 1-3 pm
December 14	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 14	St. Joseph Cantata at St. Joseph Church – 5:15 pm
December 15	Boy Scout Holiday Dinner and Awards
December 16	Registration closes for McIntyre Ski/Snowbird lessons at 9 am
December 17	Library Board of Trustees Meeting – 7 pm
December 17	Book Group Cookie Exchange qt the Library – 7 pm
December 18	Providence Baptist Church Food Pantry – 10 am
December 19	Epping School Board meeting in Epping Town Hall – 7 pm
December 21	DEADLINE DATE for the January-February issue of the Newsletter
December 21	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 22	Fire Department Santa Parade in Epping starting at 3 pm.
Dec. 23 - Jan. 1	NO SCHOOL – HOLIDAY RECESS
December 24, 25	CHRISTMAS – Library Closed
December 25	CHRISTMAS – Town Hall Closed
December 28	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 28	Epping Lions Club meeting – 6:30 pm

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