



# Speak Up, Epping! Newsletter

Volume 12, Issue 2

Epping, New Hampshire

March-April, 2019

## About this Newsletter

*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.speakupepping.com](http://www.speakupepping.com)*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.com](http://www.speakupepping.com). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## Remember to Vote on March 12<sup>th</sup>

Remember to vote on **Tuesday, March 12<sup>th</sup>**. Polls are open 8:00 am to 7:00 pm in the Middle School Gym. Any resident of Epping who is 18 years of age and older can vote in an election as long as that resident is registered to vote. An Epping resident who has not yet registered can register at the polls on Election Day. All voters should bring an I.D. when they go to vote. Voters without an I.D. can still vote but it takes longer as they will have to fill out extra paperwork.

The following candidates have registered for Town and School offices:

### **TOWN CANDIDATES:**

#### SELECTMEN – 3 years

*Vote for not more than 2*

Bob Jordan

Robin A. O'Day

Joseph Trombley

#### BUDGET COMMITTEE – 3 years

*Vote for not more than 3*

Robert Hodgman

#### ZONING BOARD OF ADJUSTMENT – 3 years

*Vote for not more than 2*

John C. Dold

Bob Eldridge

Matthew McNeely

#### CEMETERY TRUSTEE - 3 years

*Vote for not more than 2*

Grace LaVoie

#### CEMETERY TRUSTEE - 1 year

*Vote for not more than 1*

Paul Spidle

#### LIBRARY TRUSTEE - 3 years

*Vote for not more than 2*

*Charlie Goodspeed (write-in)*

*Joan Harlow (write-in)*

#### LIBRARY TRUSTEE - 1 year

*Vote for not more than 1*

*Aaron Ravenelle (write-in)*

#### PLANNING BOARD - 3 years

*Vote for not more than 1*

David Reinhold

Michael Vose

#### TAX COLLECTOR – 3 years

*Vote for not more than 1*

Erika Robinson

#### TOWN CLERK – 3 YEARS

*Vote for not more than 1*

Erika Robinson

#### TRUST FUND TRUSTEE – 3 years

*Vote for not more than 1*

Joe Denoncour

## WATER & SEWER COMMISSION – 3 years

*Vote for not more than 1*

Tom Gauthier

## WATER & SEWER COMMISSION – 2 years

*Vote for not more than 1*

John Dold

## **SCHOOL CANDIDATES:**

### SCHOOL BOARD MEMBER – 3 years

*Vote for not more than 2*

Deborah Brooks

Heather Clark

## **Library Trustee Write-In Candidates**

The Harvey Mitchell Memorial Library Trustees have been dedicating 100% of their attention to the library expansion project. In doing so, they failed to address trustee appointments for this election. The candidates have to be voted upon as write-ins. Charlie Goodspeed's three-year term is expiring and he is willing to serve another three-year appointment. Joan Harlow, a previous library trustee, is willing to accept the second three-year position. In 2018, a position was vacated and the trustees asked the Selectmen to appoint Aaron Ravenelle to fill that position until the next election. He is willing to serve the remaining year of that three-year appointment. Please write in the following names as Library Trustees when you vote on Tuesday, March 12.

Charlie Goodspeed – 3 years

Joan Harlow – 3 years

Aaron Ravenelle – 1 year

*Submitted by Charlie Goodspeed*

## **ECT Spring Announcements**

The Epping Community Theater has started out the new year with lots of exciting energy and new faces! Our children's theater classes are having a fun time creating some original pieces for their spring recital and welcome all to come out to see them this May 4<sup>th</sup>.

Looking for a fun experience St Patrick's Day Weekend? Come celebrate with ECT and The Foggy Dew as they perform at the Epping Playhouse on Ladd's Lane. Kevin Murphy and friends are getting back together for this one-day only celebration of Irish folk music. Fun for the whole family on **Sunday, March 17<sup>th</sup>** from 2:00-4:00 pm. Tickets are \$10 and can be purchased in advance or at the door. Please visit our website or

Facebook page for more information:  
[www.eppingtheater.org](http://www.eppingtheater.org) or [www.facebook.com/EppingTheater/](https://www.facebook.com/EppingTheater/)

We were also very pleased to see so many new and old faces show up for our spring auditions for *Alice@Wonderland*. Over 60 people came out to take part! We could still use volunteers to take part behind the scenes and during performances. From set and costume crews to concessions and ushers, you don't need experience just the drive to be part of a team! Contact us through our website or Facebook for more information.

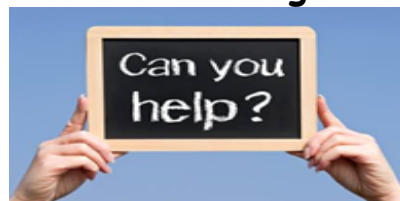
Our production of *Alice@Wonderland* will open Mother's Day weekend, Friday and Saturday Night shows and matinees Saturday and Sunday. It will continue the following weekend as well. *Alice@Wonderland* stays true to the classic Lewis Carroll tale with a social media twist. The music will be performed by a live band and the set will prove to be colorful and magical. In addition to the performances we will also be orchestrating a Mother's Day tea party prior to the matinee which promises to be absolutely scrumptious!

Busy, busy, busy...we are also looking for directors, designers, and production crews for our summer non-musical production of *Any Number Can Die* and our fall musical, *The Wizard of Oz*. Our summer production is a fabulous "who done it" comedy packed with laughs that will be performed in August. The fall production of *The Wizard of Oz* is very dear to our hearts since this was the first community theater production in Epping, sponsored by (at the time the newly formed) Epping Rec Dept. in 1972. We find this very befitting for ECT's inaugural year under that same Rec Dept. 47 years later.

At each event we keep seeing new and fresh faces and we hope to see yours soon!

*Brian Miskinis, President, Board of Directors*

## **End 68 Hours of Hunger - Epping**



WOW! Where do we begin to thank everyone for another amazing couple of months of generous food and money donations? We are beyond thankful to EYAA for holding such a successful food

drive for us and to Nick DeBernardo of DeBernardo's Restaurant for supporting our program by offering the team who donated the most food items a pizza party at his restaurant!

To all the students and teachers at the Epping Middle and High Schools for collecting over 200 food items, we thank you so much! And then, taking time out of their busy schedules to sort all of those items into boxes to be delivered to the storage unit.

Thanks to Greg and Janes and to Erica's Garden LLC for raising over \$700 for our families in need.

We are so thankful for our Epping Community. Our little town is amazing! We look forward to seeing you all at our upcoming events. More details to follow.

*Submitted by Eleni Maschas*

## Senior Moments

Club members surprised me by challenging the cold and filling our warm Watson Academy meeting room in January and February. Leaving winter at home seems to work.

Fearlessly, with our hats, coats, gloves and a heated bus, other challenges to old man winter were some fun trips. One will be to the new Women's Prison in Concord. A guided tour of the new facility awaits us. A head count and current ID's are required so don't worry kids, we'll be back. If you're curious about the "Jail," pick up the next issue of "Speak Up." We toured the Rockingham County Jail a few years ago and that left quite an impression, but this experience steps it up a notch. We'll see.

Another February venture will be shopping. Not at a Mall. Not at a gift shop. Not even a rummage sale. This time we'll browse among beautiful handcrafted items from furniture to bowls to bookends and more. Can't forget their best seller - license plate birdhouses. The craftsmen who are selling their crafts are the inmates at the New Hampshire State Prisons. The new location of the State Prison store provides much more room and many more items for sale. We're even promised take-home souvenirs. Several years ago we shopped at the old facility and we're ready again to slip our credit cards into our pockets and shop, shop, shop.

Brittany Howard, Epping Planner, scared us a little when she spoke to us at our January

meeting. There's so much building, so much growth and so much traffic. She explained that housing is in such demand that developers have created a revolving door to her office. Most of our questions were answered but some were deferred to Greg Dodge who was to be with us in February. One example: the Gas Storage Tank. Well? She did educate us on how tax income from commercial ventures does not reduce our property taxes. **Darn!**

Greg did meet with us in February and reviewed the 2019 Town Warrant articles. We were so glad he did. Some articles were not very clear to us oldies. He also answered many of our questions including those forwarded by Brittany. But there were some even he could not answer: Gas Storage Tank- Well? We'll just have to keep asking elsewhere. Taking a few minutes traveling down memory lane with Greg is like backing up the old station wagon and driving down the old dirt road.

One new experience we are really looking forward to, is dinner at the Culinary School in Exeter. We can't wait to learn what these talented young people can do. In our world it's called a "switch-a-rue." (Kids cooking and serving us for a change.) No "old age" diets that night. We'll have fun critiquing them like they do on the TV cooking shows. Watch for a five star rating.

We were very pleased to welcome members of the Epping Garden Club to our February meeting. They have agreed to be our program at our March meeting and they also agreed to bring Spring. We're depending on them to steer us away from making mistakes in our gardens and helping us make the summer fun. They'll be there when I ask why wild mushrooms grow in my raised garden. Hmmm. Some even joined the Club. So, welcome new members.

Our annual Auction will take over our April meeting. We did this last year and raised quite a lot of money. Only one caution: recommended you don't sell something your kids gave you for Christmas. But then, why not?

School vacation brought out those smart aleck grandkids like mine. She had some good questions such as: why do "slow down" and "slow up" mean the same thing? Is it good if a vacuum really sucks? You'll like this one. She guessed my date of birth like this: (A) multiply your day of birth x2, (B) add five (+5), (C) multiply by fifty (x50), (D) add month of birth (+), (E) subtract two fifty (-250), (F) results: (\_day) (\_month). It worked!! Oh, maybe

she knew it anyway. Smart aleck! I got her with this one though. She did not know what Black Photo Corners were.

If you think you can do a thing or think you can't do a thing, you're right!

*Irene R. Cote, Secretary*

## News From the Town

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).

### Some Town Dates

**February 27<sup>th</sup> – Candidates Night**

**March 12<sup>th</sup> – Town Voting Day!**

## In and Around Epping

Glass Pro on route 27 is now in full swing. The metal structure is up and the siding is being placed. The Urgent Care building next to Valvoline received their certificate of occupancy a few weeks ago. Blue Bird storage is still moving along, hopefully opening early spring.

*Submitted by Brittany Howard*

## ClearChoiceMD Now Open

ClearChoiceMD has opened its 11<sup>th</sup> Urgent Care center on Route 125 in Epping. The Epping center is located on Beehive Drive between the Valvoline oil change facility and Cumberland Farms. It is open seven days a week, 8:00 am to 8:00 pm, and accepts walk-ins. For more information, call 734-9202.

Urgent care services provided by ClearChoice include stitches, minor surgery, lab work and employer-related issues such as drug testing and employee physicals. Sports and children's camp physicals are also available.

## Cell Phones for Our Troops

### Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

## The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as

they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks.

They also send Christmas stockings to our Troops overseas. The Pease Greeters care package team recently completed the momentous task of stuffing 2,480 Christmas stockings with goodie bags and holiday cards to send to active military overseas.

Throughout the year, the greeters seek donations of toiletries, individually packed food items and "fun stuff" like small toys. There are donation sites throughout Portsmouth, Dover, Hampton, Greenland and Concord. Please contact [peasegreetercarepackages@gmail.com](mailto:peasegreetercarepackages@gmail.com) for further information about the care package program.

The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit [www.peasegreeters.org](http://www.peasegreeters.org).



## Epping Lions Club

**"We Serve"**

**We Want YOU to Join the Epping Lions Club**

<https://www.facebook.com/EppingsLionsClub>

The upcoming 42<sup>nd</sup> annual Lamprey River Canoe and Kayak Race is being held on **Saturday, April 27<sup>th</sup>**.

The morning race registration begins at 8:00 am and the first boat enters the water at 9:00 am. The race begins at Mary Blair Park and is approximately 7.3 miles, ending at the Amethyst House on Rt. 87. The categories for this race are: Male Solo, Female Solo and 2-Person. Awards are given for the top finishers in each category.

The afternoon race is approximately 3 miles and is a non-competitive family-style race. Registration



begins at 11:30 am and the race begins at noon. This race ends behind the Town Hall.

Race T-shirts will be for sale at Mary Blair for \$5. You can't beat that! Race registration is \$15/adult and \$5/child.

This is our club's largest fundraiser (when the weather cooperates!). All monies raised are used to help neighbors in our community with vision/hearing issues. For more information, those interested can check out our website and/or Facebook page:

<https://e-clubhouse.org/sites/eppingnh/>

or

<https://www.facebook.com/EppingLionsClub/>

If any local businesses in town would like to be a race sponsor, for a \$50 donation, they can get their logo on our t-shirt. The shirts have become collectibles over the years!

We continue to welcome any new members to our Club: business persons in town, residents, etc. All are welcome!\_

**Deb Brooks, President**

[lexusreina@comcast.net](mailto:lexusreina@comcast.net)

**Cheryl Denoncour, Treasurer**

[cdenoncour@gmail.com](mailto:cdenoncour@gmail.com)

**Colleen Palmer, Secretary**

[colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com)

## Epping Historical Society

I recently saw a flock of robins in my back dooryard. To see so many, it must be a harbinger of spring! We have been fooled before; I will think spring when I see green grass in the dooryard.

Our volunteers have been busy with various projects. We have several collections of antique and vintage clothing. Although this clothing has been housed in archival boxes, it really needed to be sorted and cataloged. We purchased several more archival boxes, of various sizes, and the volunteers got to work! Our collection has been examined, wrapped in archival tissue (at the cost of \$1.00 a sheet!) and a complete listing was included in every box. We now have eleven boxes of clothing. What a treasure! Included are the World War II Navy uniforms worn by Lionel Fecteau: work and dress uniforms, with the "13 button" front on the trousers, and his Navy cap. We also have a lady's black dress of very fragile silk, handmade, with this written inside: "This dress was 100 years old in 1879." This dress came from the Gordon/Scammon collection. Come by and take a

peek at our collection; we love to share with anyone who is interested. We have two dress forms that have been dressed with beautiful cotton garments that we have on display.

We are very busy archiving old documents. We found a box with Epping voter checklists inside. These checklists were folded, placed into envelopes and stuffed in a box. They are now unfolded and are separated and placed in a large archival box. It is not a complete list, but the years start with 1815 and end in 1847. Several of the checklists indicate it was a Presidential election. Fascinating! They are all handwritten, with the date and party, including the Whig and Federalist parties.

Come spring, we hope to add several memorial bricks to our walkway. What a great way to pay tribute to our loved ones. One graduating class of Watson Academy has provided memorial bricks for their classmates who are no longer here. The cost is \$50.00 per brick. You can have three lines, with fourteen letters, including spaces, on each line. This lasting memorial is a wonderful way to keep memories alive. This is an ongoing project that you can take advantage of anytime.

The Epping Historical Society is always looking for old pictures, letters and documents to add to our history. We can make copies of these if you wish to keep the originals. Sadly, many in the younger generation are not interested in keeping their family history and may just toss it. Fortunately we can save and preserve a lot of family history. Give us a call if you have history you are willing to share; we are always looking for information involving Epping families and places. .

The most exciting news! We are in the process of creating a new web site. It is time we made ourselves more visible to our town. We are working on several ideas for the content. It will be up and running in the spring.

### The Epping History Pageant, 1931

One of the most outstanding events ever given in Epping was given in 1931. The pageant, "The History of Epping," was presented under the auspices of Sally Plumer Chapter D.A.R., in cooperation with the public schools. It was the first time in the State of New Hampshire that this was attempted, as the players were from the public schools. Over one hundred and fifty took part. The children who participated included first graders through seniors in high school. A few adults were also involved.

This was quite an undertaking, and never would have happened without the Superintendent of schools, and all the teachers encouraging their students to become involved. There were fourteen parts of the play covering all of our colorful history. The pageant was written by Mary Blair and Sylvia Sanborn, depicting the history of Epping from the purchase of land to World War I. The pageant was held at the Epping Town Hall, and the building was packed!

Each section of the play was preceded by a prologue and followed by an epilogue, spoken by heralds in costumes appropriate for the period of the episode. All the costumes were authentic to the time represented; many of them were loaned by friends and family of the people depicted in the pageant. The horse pistol carried by Donald Sanborn in the pageant was the one carried by his ancestor, Ensign Rundlett, in the French and Indian wars. John Fernald of Nottingham represented his great grandfather, General Cilley, and the gun carried by Marcia Holt (Latwen) was carried by her ancestor, Francis Jenness, at Lexington, in the Revolution. Joshua Folsom, a Quaker, was represented by John Folsom, his direct descendant. The tableau that closed the last episode, represented as closely as possible, the Daniel Chester French Memorial at Exeter. (Note: Daniel Chester French was the sculptor of the Lincoln Memorial, and his father was born right here in Epping!)

The pageant not only gave the children a vivid picture of the history of their native town, but taught valuable lessons in patriotism and citizenship. The audience that was present taxed the capacity of the hall and included people attending from all of our surrounding towns.

The year 1931 was unusual, but the D.A.R. was trying to create an interest in history for the younger generation. This event occurred during the great depression, and in that time period, history was fading in the eyes of children. What better way to spark an interest than to create a play, involving them as the actors? That was a brilliant idea; perhaps something of that nature should be tried again in Epping. What do you think? .

Come visit us at the Society. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this is not convenient for you, please call 679-2944 for an appointment or email me at: [joysgarden@hotmail.com](mailto:joysgarden@hotmail.com).

*Submitted by Joy True, curator, Epping Historical Society*

## Nature Talks

### Monitoring our Conservation Land

Monitoring conservation easements is key to the protection of lands within our community that have high natural resource and recreational value. The Epping Conservation Commission is looking for folks interested in being land stewards to help us monitor our local conservation properties.

**WHERE** is conservation LAND? The Town of Epping is responsible for more than 40 parcels, of which approximately 25 of these need to be monitored. Many of these include hiking trails. The Folsom Conservation Area now has about 4 miles of mountain biking trails. Fox Run has a basketball court, swings and seesaws in addition to a 1-mile trail.

**WHY** do we monitor land? Some deeds require the land to be monitored conserved land. Effective monitoring ensures conservation land meets the deed restrictions.

**WHEN** is land monitored? Every piece of conserved land needs to be monitored annually. The Conservation Commission is striving to make this happen and is seeking more volunteer support.

**WHAT** does a MONITOR do? Monitors evaluate whether or not trails are in good shape; has anyone been dumping trash there; are there tree stands on land where hunting is excluded; are the bridges safe to cross; other safety issues; ruts indicating illegal use of motorized vehicles; and downed trees or limbs that could be hazardous? Additionally, small signs mark the boundary – should more be added? Monitors usually take pictures, then complete and submit a brief report (the form used is published by the Cooperative Extension) to the Conservation Commission.

**HOW** does a monitor conduct this review? New volunteers gain specific skills by walking the land with an experienced monitor. Each monitor is provided a Monitoring Guide published by the UNH Cooperative Extension. Monitors are also provided with the parcel deed so they can reference the restrictions and a survey so the boundaries can be identified; a compass is also helpful.

**WHO** are our monitors? Anyone interested in walking the land and contributing in this way, is welcome to join the group. Currently, John Clark is our only monitor and we are grateful to have his assistance. In his volunteer work as Trail Steward, Joel Harris keeps us informally apprised of what he sees on the land and his work is also appreciated.

The Commission is grateful for any feedback from anyone about any conserved land.

If you are interested in helping in any way, please send a note to [EppingOutdoors@gmail.com](mailto:EppingOutdoors@gmail.com) or drop a note in our box at Town Hall.

*Submitted by Sandy Goodspeed*

## The Civil War Roundtable of NH

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: [www.cwrt-nh.org](http://www.cwrt-nh.org) or email [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

### **This is the upcoming CWRT-NH schedule:**

We are currently booking 2019 meetings. If you know someone, or would like to offer a talk to our group, please email: [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**March 15, 2019** – Sarah Batterson (Professor - Granite State College) - "Women Soldiers of the American Civil War"

**April 12, 2019** – (note: this is 2<sup>nd</sup> Friday to avoid meeting on Good Friday – Michael Schroeder (CWRTNH President) - "Wild Rose and Crazy Bet: Female Spies in Blue and Gray"

**May 17, 2019** – Gary Morgan (writer) - "Andersonville Raiders" (new book in 2020)

**June 14, 2019** – (note: this is 2<sup>nd</sup> Friday)~ Wayne Motts, (C.E.O. National Civil War Museum) - "Wearing Blue and Gray: Five Men Who Served Both Sides" (learn the unique story of five different men who actually fought on both sides during the American Civil War)

## Lamprey Rivers Advisory Committee Think Mink



*en.wikipedia.org*

New Hampshire is home to several members of the mustelid family: skunks, otters, fishers, weasels, martens and minks. Of these, otters and minks are the most likely to be seen in and around water.

Minks have a rich brown-to-black fur covering the sleek body. The total length is about 19 to 28 inches, with the tail about half the length. The mink's long neck, small ears, short legs, and semi-webbed feet are similar to those of otters, but minks are considerably smaller and have thinner tails.

What minks lack in size, they make up for in scrappiness. Their diet consists of fish, frogs, crayfish, waterfowl, and rodents, including muskrats. They evade many predators through their mostly nocturnal lifestyle and many temporary tunnels, but do not shy away from self-defense, including a release of skunk-like fluid from the anal gland.

Minks mate in winter through spring, but the onset of actual embryonic development can be delayed by up to 45 days, possibly in response to the availability of food. Litters of 3 to 6, but occasionally up to 16 kits, are born in spring. The young stay with their mother until fall, when they leave to establish territories of their own.

Minks are primarily aquatic and swim by undulating their torsos. When they run on land, they have a bounding, hunch-backed gait. They occasionally climb trees. Vocalizations consist of shrieking or hissing and are usually made during encounters with other minks or predators. Although their natural habitat is the forested corridor adjacent to rivers or around wetlands, they also can be found near urban streams.



If you are fortunate enough to catch a glimpse of one of these native creatures, be sure to give that mink a wink.

### **Pre-spring: Waiting for the Renewal**

At this time of year, late winter/early spring, many people are getting tired of winter and are looking with hope toward spring. This picture of the floodplain at the Route 87 crossing of the Lamprey River typifies this sentiment.



*Photo by S. Petersen*

Right now, this area looks as though it is lifeless, but looks can be deceiving. Herbaceous plants that look dead above, have energy stored in the roots. Seemingly dead trees will quickly respond to liquid water at their roots and buds will soon swell. Adult insects and salamanders and many of their eggs might be frozen solid now, but they will thaw and return to life. Turtles and frogs, buried in the mud or under the river's ice, will soon emerge. This bland patch of land will shimmer with bustling vernal pools and hum with a symphony of insects, frogs, and birds.

As winter's snow and ice melt and spring rains arrive, this area will probably be under water. While this situation is not ideal for humans and their buildings, these floodwaters will replenish the area with nutrients and sediment. If the weather brings an extreme flood, some trees might be torn down by the high river current, but other trees from upstream might be deposited. After the spring floods subside, the floodplain will crank into full growth mode for summer. Nobody will think this place is lifeless; soon, all evidence will point to a highly productive, important, riverside habitat.

### **Better Buffers**

In common parlance, "buffer" can be a verb (to lessen the shock of, to cushion) or a noun (a means or device used as a cushion). In environmental circles, a buffer means the naturally vegetated land area that abuts a body of water.

A stream that flows through a natural forest has a big buffer. This buffer provides shade that is so important to wildlife for coolness and cover and also acts as a water filter. Rain that falls on a forest first encounters the tree canopy and then natural leaf litter or herbaceous plants before soaking into the soil. Trees and shrubs have deep roots and the soil of a forest is textured and porous. The roots hold or absorb most of the water as well as impurities that mix into the water. Water that is not absorbed by the plants continues to be filtered by the soil and eventually enters the groundwater. When this groundwater makes its way to the nearest stream, it is very clean. When rain falls on a forest, very little water actually runs over land.

A stream that flows through farmland or suburbs often has a narrow buffer or is dominated by grass with few shrubs or trees. Although lawns are technically vegetated, the roots of most grasses are shallow and the soil cannot withstand pounding rain without turning muddy. When it rains, some of the water soaks into the shallow soil where it gets cleaned, but some of it travels across the land, picking up dirt, animal poop, and pollution particles that fell from the sky before reaching the stream. Ecologically, lawn is a small step above bare soil or pavement, but it is a poor buffer if you care about clean water. A stream surrounded by lawn essentially has no buffer.

In cities or other highly developed areas, streams rarely have a good buffer, if any at all. In places where pavement and other hard surfaces abound, rain cannot soak into the ground. The water picks up oily debris and other chemicals from vehicles, cigarette butts, garbage, dog poop, airborne pollutants, road salt, and dirt and then often gets dumped straight into the nearest stream. Even if the parking lot or road is not directly on the stream, conventional storm drains eliminate the possibility of letting water soak into the soil.

In a paved city, keeping surface water clean is difficult and very expensive. Traditional storm drains can be retrofitted so that some of the water soaks in, but this involves engineered solutions, heavy equipment, and plenty of money. Whether conventional or retrofitted, these human systems



require frequent maintenance and periodic replacement.

The most efficient and inexpensive way to keep water clean is to keep a natural buffer at least 50-250 feet wide adjacent to surface water, such as streams, rivers, ponds, and estuaries (the bigger the body of water, the larger the buffer needed to keep it clean). Planting more shrubs and trees, especially adjacent to surface water, beautifies one's property and helps to ensure clean water for everyone.

For more information about what homeowners can do to keep our water clean by protecting or building a resilient buffer, check out *Landscaping at the Water's Edge*, (free) from the UNH Cooperative Extension:

<https://extension.unh.edu/resource/landscaping-waters-edge-book>.



*Helping communities protect the  
Lamprey River.*

*Submitted by Suzanne Petersen*

## Epping Garden Club



First we would like to thank those who suggested we be presented with a plaque for the hundreds of hours we volunteer here in town to make it a prettier place to live and pass through. It is a work in progress here in town, so please let us know if you'd like to join us!

We are looking for a place within the town hall to display photos, our plaque and a calendar for upcoming meetings, speakers and field trips.

We are selling Pansy Bowls again as a fundraiser. One Bowl for \$15; two Bowls for \$25. Orders may be dropped off with Joyce at the Town Hall or dropped in the mail for us. Orders will need to be in by April 8<sup>th</sup> for a delivery to town by Easter. We will need your name, address and phone

number and we will let you know the date the grower gives for delivery to the library parking lot.

Epping Garden Club

603-300-0064

[eppinggardenclub@gmail.com](mailto:eppinggardenclub@gmail.com)

Follow Us on Facebook

*Submitted by Eunice Miller*



## ETV Schedule

### Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday, Mar. 11, 25;

Apr. 8, 22 - 7 pm

Water & Sewer – Tuesday, Mar. 5; Apr. 2 - 7 pm

Library – Tuesday, Mar. 19; Apr. 16 - 7 pm

Conservation Commission – Tuesday, Mar. 12;

Apr. 9 - 7 pm

Parks & Recreation – Wednesday, Mar. 6; Apr. 3

- 7 pm

School Board – Thursday, Mar. 7, 21; Apr. 4, 18

- 7 pm

Planning Board – Thursday, Mar. 14; Apr. 11 - 6 pm

Civil War Round Table – Friday, Mar. 15; Apr. 19

- 7:15 pm

### Monday meetings are rebroadcast:

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

### Tuesday meetings are rebroadcast:

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

### Wednesday meetings are rebroadcast:

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

### Thursday meetings are rebroadcast:

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board, Channel 22 or the Town website for any changes or updates.

Please note the new website for ETV: [etv22.viebit.com](http://etv22.viebit.com). This is where you will find past meetings. You will also find live video streaming.

The ETV email remains the same: [eppingtv22@gmail.com](mailto:eppingtv22@gmail.com).



## Scouting Around Epping

### Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

### Boy Scout Troop 136

Boy Scouts of America Oath:

On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.

The Troop encourages our youth to do their duty to God. BSA offers several programs for their youth to earn their religious Emblem Award based on their faith. Two of our Scouts, Daniel and Chris, earned their Ad Altare Dei emblem this past Sunday and were presented the award from Fr. Don at St. Joseph Parish in Epping, NH. To earn this award the boys attended classes with their Merit Badge Counselor from Raymond Troop for 11 months and then had to sit on a Board of Review with the Diocese Catholic Scouting Committee. We are very proud of our two Scouts and all who earn their religious emblem.



*Daniel and Chris awarded Ad Altare Dei*

For February, the Scout's Troop themes are Project Planning and SKU/Snowboarding. They are planning an overnight campout at Pat's Peak Scout Weekend **Saturday, March 2<sup>nd</sup>** in Henniker NH. They will enjoy the day skiing, snowboarding and/or tubing. Then they'll enjoy dinner and an overnight campout in one of their lodges. The Epping Cub Scouts will be joining the Boy Scouts for this fun event.

In April their Troop themes are Geocaching and Orienteering. They will be camping with the Cub Scouts who will soon be new Scouts with the Troop. They plan on their Geocaching campout **April 4<sup>th</sup>-5<sup>th</sup>**. The location is still TBD.

*Submitted by Jennifer Sullivan.*



## Epping Fire Department

Hello to my Speak Up Epping people! I hope everyone is enjoying this mild and interesting winter. I wanted to continue my Safety tips and Department operations as we go through the year. First I will say that during the winter we tend to hibernate, but it's not a bad idea to check on your neighbors from time to time, especially the elderly or disabled. Having good neighbors always pays off.

**Safety Tips.** I wanted to remind people to keep their heating vents clear of ice and snow since we have had a few interesting carbon monoxide calls in town. Make sure the garage doors are open before you start the car since that can raise the levels quickly in your house. Also keep generators away from the house and garage at least 8 to 10 feet. The exhaust can raise levels very high and very quickly. Everyone should have at least one carbon monoxide detector on each floor as well as a smoke detector in each floor and bedroom. The

Fire Department will be more than happy to schedule a walk-through of your home to check or help replace detectors as needed.

Always check the ice and stay away from open water or culverts before ice skating or fishing. Due to the mild weather, the ice has been thin and there have been some incidents in the state of people and animals going through the ice. If you see something go in, stay where you are and call 911. Also try to speak to the person or animal if you can. Never go out and try to rescue by yourself, you can only make things worse.

The Fire Department has had a pretty busy winter. There were a total of 1286 calls last year and we are on a roll for this year. There have been a couple of fires that started from heating lamps for keeping poultry warm. One was a small chicken coop where they somehow all survived and then there was a barn fire on Prescott Road that killed some chickens and turkeys. Always be careful with these lamps and make sure they're secured so that the birds can't knock them over. Also secure them so they can't fall down into the bedding which usually causes the fires. We have been busy with medical calls and motor vehicle accidents as well.

**Fire Department Operations.** Some of you wonder what the difference is between EMT's and Paramedics. There are four levels of EMT'S. The lowest level is First Responder/Emergency Medical Responder with minimum training. I think we only have a couple of them left. Most of our members are Emergency Medical Technicians, formerly called Basic EMT'S. This is usually where people start. Then there are Advanced EMT'S, which were once called Intermediates, and then there are Paramedics. It's all about the training involved with each course. Advanced EMT's can start IV'S and give certain medications, cardiac monitor and other techniques that basics can't do. To become a paramedic takes one to two years and costs around \$7,000 to \$10,000. It focuses more on airway skills and cardiac and pediatric emergencies. It also requires a lot of time in the hospital as well as fine-tuning your skills in a busier place such as Lawrence, Boston, Lowell, Lynn or Manchester. What they don't tell you is that it is a big commitment and you're away from your family until you're finished and pass. So much knowledge, but worth it in the end. There is also Critical Care which is required if you want to be in a helicopter crew and requires additional training. At Epping, we have 8 Paramedics and 10 Advanced EMT's on our

roster. Most of our members are Basics and some are in school for the advanced EMT training which costs about \$1000 or more. We have 3 ambulances that are all set up to the Paramedic level. Ambulances 1 and 3 are at Central Station and Ambulance 2 is at the West Epping Station. We call this Station 2 since it has Engine 2, Ambulance 2 and Forestry 2.

Exeter Hospital also has a Paramedic service vehicle that responds to the area departments. They are called automatically for any serious medical or motor vehicle accidents. Our paramedics will also call them if they need a second paramedic for sedation since it's a very delicate and complicated skill.

Our newest ambulance was purchased last year and has all the latest gadgets and equipment. The Stretcher is called the power loader which self-loads into the ambulance and makes patient loading a lot easier. This reduces injuries to our members and saves the town money in the long run. We have a committee speck out our vehicles to make sure we get what is best for the town and our money. Ambulances are replaced every 6 or so years and Fire Engines and apparatus are replaced every 20 years. The building, apparatus, ambulances, vehicles and medical supplies are paid for by our Ambulance Billing Fund which saves the town and tax payer a lot of money over the years. As the town grows, we will need to look at what is needed for apparatus in the near future.

I will talk about spring safety tips next time and more about our Fire Department operations. Be safe and always know that we are here for you 24 hours a day, 7 days a week.

*Lieutenant Paul St Cyr  
Fire Prevention Officer and 9-11 Liaison.*

## Daylight Savings Time

Daylight savings time will start on **March 10<sup>th</sup>**. Turn your clocks ahead. Please be sure to change your smoke detector and carbon monoxide detector batteries. If you need help, call the Fire Department and they will give you assistance. Smoke Detectors Save Lives! And Carbon Monoxide Detectors do, too!

## Burn Permits

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station seven days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.



If you have any questions contact the Fire Department at 679-5446.

For Daily Fire Danger and an explanation of the different danger levels, please follow the link <http://www.nhdf.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>.

### The Epping Fire and Brick Museum

Work has slowed during February as the building is not heated, but it will continue in March. I am hoping that Epping residents will help us by donating to the "Friends of the Epping Fire and Brick Museum." Donations may be dropped at the Fire Station, 37 Pleasant Street or checks may be sent to The Epping Fire and Brick Museum, 37 Pleasant Street Epping, NH 03042.

Also please check our GoFundMe page [www.gofundme.com/friends-of-epping-fire-and-brick-museum](http://www.gofundme.com/friends-of-epping-fire-and-brick-museum).

T-shirts will be available on Election Day at the Epping Middle School. \$18.00 for sizes small to xlarge, sizes XX or XXX will be \$20.00 cash or check.



For more information, contact Cliff Cray at [deacon100@comcast.net](mailto:deacon100@comcast.net) or 396 9436.

*Submitted by Cliff Cray*

### Epping Explorer Posts

#### Fire Department Explorer Post 136

The Fire Department Explorer Post 136 has had a great start to 2019. We have elected officers and have a few new faces in the post. Josiah Reynolds is our president, Peter McTague is vice President, Zach Hodgeman our secretary and Karson Labonte is Treasurer. The crew is learning how the different tools are used in a number of different situations. Gabe Labonte has been training the crew on the Self Contained Breathing apparatus (SCBA). The members have been planning some events away

from the station and looking into fundraising to pay their way. We are always looking for interested youth to join our group. Call Tim at 679-5446 or Cliff at 396-9436 for more information.

### Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

### American Legion News

#### St. Patrick's Day Dinner and Dance with the "Road Salt Trio Band"

The American Legion Post 51 is hosting a St. Patrick's Day Dinner and Dance featuring the "Road Salt Trio Band" on **Saturday, March 16<sup>th</sup>**. The New England Boiled Dinner includes your choice of Corned Beef or Ham and all the fixings. TICKETS are on sale now. ONLY 100 Tickets will be sold for this St. Patrick's Day Dinner that will be served between 6:00 and 7:30 pm. The tickets MUST BE purchased in advance for \$15 per person. Please see the bartender in the Canteen at the Epping Legion. Tickets will be sold until they run out or until the cutoff date of March 13<sup>th</sup>! This ticket does include entrance to the dance that will begin at 8 pm. The "Road Salt Trio Band" will be playing classic rock'n roll and classic country music. We expect our dance floor to be jam-packed!!! If you miss out on the dinner tickets or you just want to attend the dance which starts at 8:00 pm, the cost is \$8/person at the door. A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). All are welcome! For more information please call Rob at (603) 944-5485 or Janet at (603) 944-3288.

### Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, March 10<sup>th</sup>** and



**Sunday, April 14<sup>th</sup>** – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free – worth every penny!

## **Free Legal Seminar on April 4<sup>th</sup>**

A free legal seminar will be held on April 4<sup>th</sup> from 1:00 to 3:00 pm at the American Legion Post 51, 232 Calef Highway in Epping. Please call 1-800-370-5010 to register for this FREE program.

At the seminar, Attorney Edward “Ted” Beasley will discuss the following:

1. How to protect your house and lifetime of savings from a prolonged nursing home stay
2. Planning for disability
3. How to avoid probate
4. Strategies for passing assets safely and efficiently
5. How to protect your children's inheritance from creditors, divorce or drug dependency

Attorney Beasley, former chairman of the American Bar Association Elder Law Committee, presents this lively and engaging seminar in everyday language, and there will be plenty of time for questions. Receive a copy of our latest book and new guide, Co-Author Greg Gagne, will also present.

## **Epping Community Church**

Our worship service is at 9:30 am every Sunday morning. If you come in the side entrance there is elevator access to the 2<sup>nd</sup> floor where our sanctuary is. The Hope nursery is also on the 2<sup>nd</sup> floor. We will greet you before the service and also invite you to a time of fellowship following the service. You can have a cup of coffee and some kind of baked goodie. It's a great time to meet new people or see old friends! Sunday School is at 11:00 am. There is a Bible study and prayer group that meets every Thursday from 9:30-11:00 am. A new Bible study called Starting Point will be on Wednesday evenings from 7:00-8:00 pm, beginning March 13<sup>th</sup>. All are welcome to join either group. We are located on the corner of Main and Pleasant Streets and our phone number is 679-5542.

During Lent and Easter we have many events planned. The Ladies Aide of the church will have Lenten calendars and cups for all who want to

participate. Our Ash Wednesday service will be on March 6<sup>th</sup> at 7:00 pm. On Thursday April 17<sup>th</sup>, there is a Maundy Thursday service at 6:30 pm. There will be a Good Friday service on April 18<sup>th</sup>. Easter is on April 21<sup>st</sup>. There will be a sunrise service on top of Harvey's Hill. Check for the time on our sign in front of the church. At 9:00 am, we will have our Easter worship service to celebrate our risen Lord!! Come to one...or come to all services...you are invited and welcome!!

Our 3<sup>rd</sup> Saturday dinners continue to be very popular. We serve from 5:00-6:30 pm and you can get a dinner to go if you'd like! **March 16<sup>th</sup>** we will be offering corned beef and cabbage with turnip, carrots and potatoes. We'll also have Irish soda bread, brownies and ice cream. On **April 20<sup>th</sup>** we will return to our popular turkey dinner with all the fixings! The dinners are \$10.00 for adults and \$5.00 for children. We have to-go containers if you want to take a meal home.

The food pantry continues to be very busy. We are so fortunate to have wonderful volunteers who help us to serve clients each week. Other volunteers stock shelves on Thursdays so that we are prepared for Saturday morning. The pantry is open Saturdays from 8:00-10:00 am. If you have questions you can call the church at 679-5542 and we'll return your call. If you'd like to volunteer...call the church we'd love to have you, one day or many!

We also offer coats, hats, mittens, gloves and other cold weather gear to our clients. Thank you to all that have donated to this as well. Please note that we do not accept clothing due to limited space.

Our Soup of the Day Café is every Thursday from 11:00-12:30. We offer two homemade soups as well as salad, crackers, dessert and beverage. The Café is a free lunch open to everyone in the community. Please come and join us!! Because of our crazy New England weather, if the Epping Schools are delayed or canceled...the Soup Café will be closed. We welcome you all to have some soup and visit with everyone.

We are excited to also note that the Harvey Mitchell library will be residing in our Brodhead Annex while they are in the building process for their home. This should be an exciting time for all involved. Look for more information coming up.

Meals On Wheels is located in our facility Monday thru Friday. They have drivers that deliver to homebound people as well lunch that is served in our fellowship hall. If you know a senior that could benefit from this program, call 679-1609.

## St. Joseph Catholic Church

208 Pleasant St. (Rte 27)  
Epping, NH 03042  
Office telephone: 679-8805

### Mass schedule weekdays:

**Mon.** 8:00 am **Tues, Thurs, Fri.** 7:30 am

**Wed.** 7:00 pm

### Mass schedule weekends:

**Saturday** 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information

## Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Evening services are the last Sunday of the month and begin at 5:00 pm.

Families are welcome. The Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time.

The Awana program for children age 3 through sixth grade began again in September. The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at [awana@eppingbible.org](mailto:awana@eppingbible.org).

Epping Bible Church is located at 243 Pleasant Street. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at [PastorRon@EppingBible.org](mailto:PastorRon@EppingBible.org). Visit their website at [www.eppingbible.org](http://www.eppingbible.org).

## Providence Baptist Church

410 Pleasant Street, Epping, NH 03042  
Phone: 679-8918  
Weekly Schedule

Sunday Morning Service at 10:30 am.

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you).

Wednesday Time of Devotion and Prayer begins at 6:30 pm.

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at [www.pbcnh.org](http://www.pbcnh.org) or contact us at [pbsecretary410@gmail.com](mailto:pbsecretary410@gmail.com).

## West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18<sup>th</sup> century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Youth Dept. e-mail: [hmmlyouth@gmail.com](mailto:hmmlyouth@gmail.com)

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

**Hours: Monday, Friday – 10 - 5**

**Tuesday, Wednesday, Thursday – 10 - 8**

**Saturday – 10 - 2**

**Sunday – 12 noon - 4**

**Closed: April 21<sup>st</sup> – Easter Sunday**

## Museum Passes Available at Your Library

Your library has more to offer than just books and movies! You can get free or reduced admission to local museums including the Museum of Fine Arts in Boston, the New England Aquarium, Strawberry Banke in Portsmouth, Children's

Museum in Dover, Seacoast Science Center in Rye, the Currier Museum of Art and the McAuliffe-Shepard Discovery Center.

Call ahead or come in to the library to get a pass for your next museum visit.

### **Upcoming Events at the Library**

**Story time** continues on Friday mornings from 11:15 – 11:45 am, with a new story and craft each week!

#### **Children's Yoga – 4 pm every Tuesday**

Our Children's Yoga series continues, taught by Kripalu Yoga Teacher, Leah Pacione! This program is a great way to introduce kids to yoga, or allow them to continue a healthy habit. Each session is a bit different than the last, tailored to the interests of participants and sometimes taking on playful themes. Just show up in comfortable clothes, ready to stretch and have fun!

#### **March 5: Friends of the Library – 7 pm**

New members are always welcome; help support your Library!

#### **March 6: Knitting & Handwork Group – 6:30 pm**

Bring your knitting projects, cross stitch, embroidery, crocheting, hand-quilting, etc. to socialize and share ideas with other local crafters. All levels of experience welcome!

#### **March 7: Rock Painting – 4-7 pm**

Drop in for a rock-painting event – all ages welcome! Paint a rock to keep, give away or hide around town for Epping Rocks. We'll have the painting supplies ready – bring a few favorite rocks to transform!

#### **March 9: Paws to Read – 10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, in order to build confidence and have fun reading in the company of a black therapy dog that doesn't judge.

#### **March 9: Irish Harp Concert with Regina Delaney – 3 pm**

Celebrate St. Patrick's Day early by taking a musical trip to Ireland with harpist Regina Delaney. She will be performing the traditional music of Ireland on her harp and also with dance and poetry.

There will be lovely ballads, plaintive songs and toe tapping jigs and reels. If you had the chance to see her last year at the library, you'll remember what a wonderful show this is!

#### **March 13: Great Gardens – Pruning, Part I: the Basics – 6:30 pm**

#### **March 19: Dusty Olde Mystery Book Group – 7 pm**

The Dusty Olde Mystery Book Group will meet to discuss "*River of Darkness*" by Rennie Airth.

#### **March 26: Contemporary Book Group – 7 pm**

The Contemporary Book Group will meet to discuss "*The Storied Life of A. J. Fikry*" by Gabrielle Zevin.

#### **April 2: Friends of the Library – 7 pm**

New members are always welcome; help support your Library!

#### **April 3: Knitting & Handwork Group – 6:30 pm**

Bring your knitting projects, cross stitch, embroidery, crocheting, hand-quilting, etc. to socialize and share ideas with other local crafters. All levels of experience welcome!

#### **April 4: Rock Painting – 4-7 pm**

Drop in for a rock-painting event – all ages welcome! Paint a rock to keep, give away or hide around town for Epping Rocks. We'll have the painting supplies ready – bring a few favorite rocks to transform!

#### **April 6: Great Gardens – Pruning, Part II: Field Session – 10:00 am-12:00 pm**

#### **April 13: Paws to Read – 10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, in order to build confidence and have fun reading in the company of a black lab therapy dog that doesn't judge. Registration in advance is recommended.

#### **April 23: Learn Your Butterflies – 11 am**

During April vacation get to know your butterflies with Naturalist Jerry Schneider. Jerry brings displays of butterflies, moths and cocoons, plus wonderful pictures of local butterflies. Learn lots of fun facts like: the difference between butterflies and

moths, where the Monarchs go every fall and winter, what to plant in gardens to attract butterflies, plus interesting characteristics of butterflies (did you know that they taste with their feet?). The second half of the program is a creative T-shirt craft – make your own colorful butterfly shirt! Kids may purchase a shirt for \$4.00, or bring their own to use for the craft.

**April 16: Dusty Olde Mystery Group – 7 pm**

**April 21: Closed:** Easter Sunday

**April 23: Contemporary Book Group – 7 pm**

The Library will hold Sewing Lessons on Thursday afternoons, taught by Miss Eva. Reservations are required as there will only be room for two students per session. Please contact the Library to sign up for a lesson.

All events are free and open to the public. Contact us with any questions at 603-734-4587 or at [harvmitch@gmail.com](mailto:harvmitch@gmail.com). Look for more upcoming events on Instagram @hmmmlibrary and at <http://www.facebook.com/eppinglibrary>.

## **Epping Parks & Recreation**

*Home of the "River Otters"*

Director: Nicole Bizzaro

Recreation Dept. Main Phone Number: 679-3006

or email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

Address:

17 Academy Street

Epping, NH 03042

Mailing address:

157 Main Street

Epping, NH 03042

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or call Watson Academy: 679-3006 or Program Cell Phone: 608-9016 or 608-9076.

For more information and to register, please contact the Recreation Department via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or visit our website at [www.EppingRecreation.org](http://www.EppingRecreation.org).

Please check out our website and our Facebook page for announcements and program updates.

## **Preschool Programs**

### **Sports Programs**

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at [www.eyaa.org](http://www.eyaa.org) for sports programs offered in Epping.

## **Youth Programs**

### **Father Daughter Dance**

The Epping Recreation Department presents the Third Annual Father Daughter Dance, "A Night Under the Sea." It will be held on **Saturday, April 6<sup>th</sup>** from 6:00 to 8:00 pm in the EES Gym. There will be light refreshments, a DJ, professional photos, semi-formal attire.

The tickets are \$15 per Couple \$20 per family

## **Summer Camps**

There will be 2 Summer Camp Programs again this year!

River Otters Summer Camp for kids going into Grades 1-4

Bobcats Summer Camp for kids going into Grades 5-8

The 6-week program starts on Monday July 8<sup>th</sup> and ends on Friday August 16<sup>th</sup>. See Camp Brochure and Parent Handbook for more info!

Camp Registration opens on Town Voting Day (March 12, 2019). The Recreation Dept. will have a table to pick up information on programs and summer camp!

Please mail registration to 157 Main Street! The 1st Payment is due with registration to reserve your space and registration is on a First Come basis! Registration forms are required for EACH child:

Please check our Facebook Page for Availability Updates and check out last year's brochure for information on trips!

## **Horsemanship Program**

Stay Tuned for more info come Spring 2019... Does your child love and want to learn more about horses? This 4-week program is a great opportunity for them! Each week will include mounted horse time and learning hands on barn skills.

No previous experience needed. Grades 2+ Welcome!

**Notice:** Due to the large number of kids currently enrolled in our programs, we are no longer accepting kids into our After and Before School



Programs in Spring 2019. We were only able to add 3 kids from our lengthy fall wait list and decided it is unlikely we will be able to take any more. Thank you all for understanding. If you have any questions please email us at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com)

### **Before & After School Program**

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-5. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until 5:45 pm. Children are grouped by grades.

If your child would like to participate in the school offered programs after school or extra work with a teacher, we do have staff available to pick up the kids at the designated school dismissal areas at the close of these programs. We ask that parents notify us, if their child will be attending one of the school programs and if they will be picking them up from these programs so we can coordinate the pick up schedule daily.

We offer No School Day, Parent/ Teacher Workshop and Vacation Week full day programs, which will have their own registration forms! Please check one month in advance of any No School

Days on the school calendar or call us at 679-3006, if you have questions. We will not be offering programs during the Thanksgiving and Winter Break School Closings, to allow our staff time with their families during the holidays, as well as traditionally low enrollment in past years during those times. Our Before and After School Programs run on the last day of school, but are then closed until the start of our scheduled Summer Camp programming.

### **Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)**

#### **Karate Classes**

Mondays and Thursdays (EMS Gym) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 661-6635 or email her at [diannadenapoli@gmail.com](mailto:diannadenapoli@gmail.com).

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

#### **Youth Ceramics Class**

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session (1 piece/day)

### **8<sup>th</sup> – 9<sup>th</sup> Grade CIT program**

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. Summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Watson Academy or the Town Hall for review. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Assistant Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. Generally it is 2 consecutive weeks of camp. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

## Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

### Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$3 per night – Please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

### Adult Ceramics Class

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy (Upstairs Blue classroom)

## The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

### Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

### Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes until 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form.

# Families First

*support for families...health care for all*

**Epping Family Morning Out:** *Fridays – starting March 8 - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories, snack and first friendships. With Patricia Keck. This group meets most Friday mornings during the school year. Meets at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

**Exeter Family Morning Out** *Thursdays –starting March 7 - 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Advance sign-up not needed.

For other programs, please see our event calendar.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for child care;** please go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2.

## Epping Students in the News

Congratulations to the following students:

Ashland University announces Dean's List for the Fall 2018 semester

**Konrad Hodgman**

Colby-Sawyer College announces Dean's List for the Fall 2018 semester

**Rylee Chevalier**

Curry College Spring announces Dean's List for the Fall 2018 semester

**Shaye Blanchette**

Dean College announces Dean's List for the Fall 2018 semester

**Hannah Gagnon**

Emanuel College in Boston announces Dean's List for the Fall 2018 semester

**Jannet Desvira**

**Tina Le**

Northeastern University announces Dean's List for the Fall 2018 semester

**Noah Dwyer**

Saint Anselm College announces Dean's List for the Fall 2018 semester

**Katelyn McCoole**

University of New England announces Dean's List for the Fall 2018 semester

**Emily Colban**

**Kaylin Cray**

**Stephanie DiFrancesco**

**Noelle Nee**

**William White**

Worcester Polytechnic Institute (WPI) announces Dean's List for the Fall 2018 semester

**Maylee Gagnon**

**Megan McCoole**

Southern New Hampshire University announces President's List for the Fall 2018 semester

**Nicholas Arsenault**

**John DiFrancesco**

**Bradley George**

**Kiley LaFond**

**Morgan Pease**

**Sabrina Rivers**

SUNY Canton announces Part Time Honors earned during the Fall 2018 semester Majoring in Emergency Management

**Jacklyn A. Ulba**



## School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: [etv22.viebit.com](http://etv22.viebit.com).

**March 7<sup>th</sup> and 21<sup>st</sup>**

**April 4<sup>th</sup> and 18<sup>th</sup>**

## Epping Elementary School (EES)

### EES School Calendar

#### MARCH

**Feb.25-Mar.1 –NO SCHOOL-WINTER VACATION**

**Mar. 4–** Classes resume

**Mar. 4 –** PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Mar. 11 –** Harlem Wizards vs. Epping Eagles – EHS Gym

**Mar.12–NO SCHOOL–Professional Development Day**

**Mar. 16 –** EES Barnes & Noble Book Sale – 10 am-2 pm

**Mar. 26 – Music in Our Schools Concert – EHS Gym – 6:30 pm**

#### APRIL

**Apr. 1 –** PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Apr. 9 –** Kindergarten Registration & Open House anytime between 5:30 and 7:00 pm

**Apr. 10, 11 –** Spring Musical "Seussical Kids" EMS Gym – 6:30 pm

**Apr. 13 –** PTO Pancake Breakfast & Easter Bunny pictures – 8:30-10:30 am

**Apr. 13 –** Rec Dept. FREE Easter Egg Hunt – 10:30-11:30 am

**Apr. 22-26 – NO SCHOOL - SPRING VACATION**

### March-April Dates

**Wednesday, March 20<sup>th</sup> – 6:30-8:30 pm – High School Recognition Night**

**Tuesday, March 26<sup>th</sup> – 6:30-7:30 pm - Music in Our Schools Concert**

**Friday, April 5<sup>th</sup> – NO SCHOOL** for Students;  
Professional Development Day

**Saturday, April 6<sup>th</sup> – 9:30 am-5:30 pm – Chess  
Tournament at EHS**

**Wednesday, April 17<sup>th</sup> – 9:00 am-1:30 pm**  
– World Cultures Fair

**April 22<sup>nd</sup>-26t – NO SCHOOL - Spring Vacation**

## First Quarter Honor Roll

Epping High School announces its Honor Roll for the First Quarter of the 2018/2019 school year. Congratulations to the following students:

**9<sup>th</sup> Grade:**

### Principal's List:

Melissa Daigle, Trey Finkelstein, Jade Gagnon,  
Zachary Hodgman, Emily Kelly, Michael Picard III,  
Haley Williamson, Morgan Witmer

**Honors:**

Sarah Brassil, Alexander Greubel, Jacob Loving, Patrick McTague, David Meyer, Mikhail Ozols, Aryana Patnaude, Abigail Purchas

**10<sup>th</sup> Grade:**

### Principal's List:

Alexa Guarente, Erika MacLeod, Taya Morgado,  
Jenna Needham, Luke Rossel, Abigail Walsh,  
Megan Webber

**Honors:**

Nicholas Greubel, Ashlan Idell, Jack Meyer,  
Simeon Mills, Abigail Roy

**11<sup>th</sup> Grade:**

### Principal's List:

Laura Duguie, Oakley Lustenberger, Hayley Pelletier, Faith Williamson, Joey Zheng

**Honors:**

Calle Bisailon, Reese Idell, Trey Loving, Olivia  
Parents, Jacob Van Amburgh, Victor Waddell

### 12<sup>th</sup> Grade:

### Principal's List:

MiKayla Ball, Benjamin Colban, Meghan Galante, Marc Giudice, Emilie LeBlanc, Adam LePage, Ashley Martin, Alexis McDuffee, Destiny McKay, Allison Nee, Casey Needham, Jennifer Nikolova, Julianna Re, Lauren Robbins, Morgan Shanley

**Honors:**

Benjamin Fowler, Hannah Jacoby, Maya Martin,  
Haley Munqua, Michaela Sable

## Email Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net).

## Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (**May-June, 2019**) of this newsletter will be available **May 1 2019**. We will accept **submissions through April 25, 2019**, to be included in the next issue. Please send your content with contact information for consideration to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net).

If you would like your next event to appear on the Calendar of Events, please send us an email at [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **April 25, 2019**. Please include date, event name, location and time.

Thanks for reading!

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## Epping Calendar of Events for March 2019

<b>Feb. 25 - March 1</b>	<b>NO SCHOOL – Winter Vacation</b>
February 27	Candidates Night
March 1	SPCA Story Time and Dr. Seuss Celebration at the Library – 11 am
March 2	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 2	Boy Scout campout at Pat's Peak
March 4	School Resumes
March 4, 11, 18, 25	Children's Yoga at the Library every Tuesday – 4 pm
March 4	EES PTO meeting – 7 pm
March 5	Friends of the Library at the Library – 7 pm
March 6	Providence Baptist Church Food Pantry – 10 am
March 6	Knitting and Handwork Group at the Library – 6:30 pm
March 7	Rock Painting at the Library – 4-7 pm
March 7	Epping School Board meeting in Epping Town Hall – 7 pm
March 8	Epping Watson Academy Seniors "Epping Garden Club" – 1 pm
March 9	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 9	Paws to Read at the Library – 10:30 am-12:30 pm
March 9	Irish Harp Concert with Regina Delaney at the Library – 3 pm
March 10	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
<b>March 10</b>	<b>DAYLIGHT SAVINGS TIME RETURNS – SET CLOCKS AHEAD!!</b>
March 11	The Harlem Wizards vs Epping Eagles – EHS Gym – 6:30 pm
<b>March 12</b>	<b>VOTE!!! TOWN VOTING DAY – EMS GYM – 8 am-7 pm</b>
<b>March 12</b>	<b>NO SCHOOL – Professional Development Day</b>
March 12	Summer Camp Information and Registration opens
March 13	Providence Baptist Church Food Pantry – 10 am
March 13	Great Gardens: Pruning, Part I: the Basics at the Library – 6:30 pm
March 15	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
March 16	EES Barnes and Noble Book Fair at Fox Run Mall – 10:00 am-2:00 pm
March 16	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 16	Epping Community Church Dinner – "Corned Beef & Cabbage" – 5:00-6:30 pm
March 16	American Legion St. Patrick's Day Dinner Dance – 6 pm
March 17	Kevin Murphy and The Foggy Dew at Epping Playhouse – 2-4 pm
March 19	Library Board of Trustees – 7 pm
March 19	Dusty Olde Mystery Book Group at the Library – 7 pm
March 20	Providence Baptist Church Food Pantry – 10 am
March 20	Epping High School Recognition Night – 6:30-8:30 pm
March 21	Epping School Board meeting in Epping Town Hall – 7 pm
March 23	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 26	Contemporary Book Group at the Library – 7 pm
March 26	EES "Music in our Schools Concert" – 4 <sup>th</sup> and 5 <sup>th</sup> grades band and chorus – 6:30 pm
March 26	Epping Lions Club meeting at the Library – 6:30 pm
March 27	Providence Baptist Church Food Pantry – 10 am
March 30	Epping Community Church Food Pantry and Coats of Caring – 8-10 am

## Epping Calendar of Events for April 2019

Date	Event
April 1	EES PTO meeting – 7 pm
April 2	Friends of the Library at the Library – 7 pm
April 2, 9, 16	Children’s Yoga at the Library every Tuesday – 4 pm
April 3	Providence Baptist Church Food Pantry – 10 am
April 3	Knitting and Handwork Group at the Library – 6:30 pm
April 4	Rock Painting at the Library – 4-7 pm
April 4	Epping School Board meeting in Epping Town Hall – 7 pm
April 4	Free Legal Seminar at American Legion Post – 1-3 pm
April 4, 5	Boy Scout Geocaching campout
<b>April 5</b>	<b>NO SCHOOL – Professional Development Day</b>
April 6	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 6	Third Annual Father Daughter Dance in EES Gym – 6-8 pm
April 6	Great Gardens: Pruning, Part II: Field Session – 10 am - noon
April 6	Chess Tournament at EHS – 9:30 am-5:30 pm
April 8	Last day to order Pansy Bowls from the Garden Club
April 9	EES Kindergarten Registration and Open House – Drop in anytime 5:30-7:00 pm
April 10	Providence Baptist Church Food Pantry – 10 am
April 10, 11	EES Spring Musical “Seussical Kids” in EMS Gym – 6:30 pm
April 11	Epping Watson Academy Seniors – “Auction” – 1 pm
April 12	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
April 13	Paws to Read at the Library – 10:30 am-12:30 pm
April 13	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 13	EES PTO Pancake Breakfast and Pictures in multi-purpose room – 8:30-10:30 am
April 13	Epping Rec Dept, FREE Easter Egg Hunt on EES Field – 10:30-11:30 am
April 14	American Legion Post 51 Sunday breakfast – 8-11 am
April 16	Library Board of Trustees Meeting – 7 pm
April 16	Dusty Olde Mystery Book Group at the Library – 7 pm
April 17	EHS World Cultures Fair – 9:00 am-1:30 pm
April 17	Providence Baptist Church Food Pantry – 10 am
April 18	Epping School Board meeting in Epping Town Hall – 7 pm
April 20	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 20	Epping Community Church Dinner – “Roast Turkey Dinner” – 5:00-6:30 pm
<b>April 21</b>	<b>LIBRARY CLOSED – Easter Sunday</b>
<b>April 22-26</b>	<b>NO SCHOOL – Spring Vacation</b>
April 23	“Learn Your Butterflies” at the Library – 11 am
April 23	Contemporary Book Group at the Library – 7 pm
April 23	Epping Lions Club meeting at the Library – 6:30 pm
April 24	Providence Baptist Church Food Pantry – 10 am
<b>April 25</b>	<b>DEADLINE DATE for the May-June issue of the Newsletter</b>
April 27	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 27	Lamprey River Canoe and Kayak Race

If you would like your next event to appear on the Calendar of Events, please send an email to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **April 25, 2019**. Please include the date, event name, location and time.