



Speak Up, Epping! Newsletter

Volume 10, Issue 5

Epping, New Hampshire

September-October, 2017

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

Editor's note: Many thanks to Sandy and Charlie Goodspeed for their donation to the Newsletter! Barbara

Remember September 11th

Monday, September 11, 2017 will be the 16th anniversary of the two hi-jacked planes hitting the World Trade Center in New York City and one plane hitting the Pentagon in Arlington Virginia. A fourth plane headed for the nation's capital crashed in a field in Shanksville, Pennsylvania, due to the heroics of the passengers. 343 firefighters, 60 police, and over 3000 innocent persons died that day. On Monday September 11, 2017, please fly

your flag at half-staff to memorialize this event. If you can do it safely, at 8:46 am, the time the first plane hit the north tower of the World Trade Center, please hold a moment of silence in your office, home or your job. Remember, we must not forget.

Submitted by Cliff Cray

End 68 Hours of Hunger in Epping

Childhood hunger is a national problem. Here in our town there are children who suffer from hunger every weekend. They have trouble learning in school due to the many impacts of poor nutrition. The impact on the child is enormous often causing both physical and behavioral effects. Teachers tell us that on Friday afternoons the children who are unlikely to have enough food at home become very edgy and are unable to concentrate. On Monday mornings they return to school ill, often spending the day in the nurse's office. They are unable to focus and concentrate until they once again are nourished.

That's where our program, "End 68 Hours of Hunger," comes in. End 68 Hours of Hunger is a nonprofit, 100% volunteer organization. The Epping program started in November 2015 with our first food delivery January 2016. The goal of End 68 Hours of Hunger is to end local childhood hunger. This program puts nourishing food in the hands of school children to carry them through the weekend. Each bag of food costs \$10 each week and provides two breakfasts, two lunches, and three dinners for a child, with some left over to share! But we can't do it without your help!

Last year Epping End 68 Hours of Hunger fed 46 children each weekend at \$10 per bag. Our Epping Program has three program coordinators, Karen Poplaski, Tacheryn Morrison and Jamie Checket who are working together to help raise the

money needed to make this possible. We solely rely on the community, local businesses, community groups, and the schools for our food drives and fundraisers. There are also drop box locations for donations within the community, such as the Harvey-Mitchell Memorial Library and Bodywise Physical Therapy.

On September 17th from 10 am to 2 pm we will be holding our second Annual "Touch the Trucks" event to benefit Epping's End 68 Hours of Hunger. Last year the event raised \$3400 and was a great support for our program! The event will be held at the Epping Middle/High school parking lot. We will accept cash donations at the door. There will be a DJ for the event, food, and many local groups and businesses putting on games and activities. Activities will include raffles, face painting, carnival games and more. We will have police, fire, state police, construction trucks, race cars and more available for kids to see up close and personal. Please come join us and help us fight childhood hunger!

You can keep up-to-date with the Epping Program by emailing us at: eppingnh@end68hoursofhunger.org or checking us out on Facebook at: <https://www.facebook.com/E68HHEpping/>. We are always looking for more volunteers! And speaking of volunteers, we would like to take this opportunity to say a big thank you to our very loyal, weekly packing teams!

*Karen Poplaski, Jamie Checket, Tasha Morrison
Coordinators*

Senior Moments

Just like young parents, we're looking forward to the new NORMAL season. Summer was just too busy. Love those great-grandkids but who conspired against old people and created car seats that neither the very young nor the very old can operate? Sometimes we do miss throwing a blanket, pillows and toys into the back of the station wagon and yelling "kids, hop in!"

We finally had our day with the Recreation Kids. They really enjoyed playing Bingo, creating posters for their teachers and of course – the ice cream sundaes. There were no limits to the sticky, gooey toppings but they did have to use very small spoons. Those kids are always amazing. They were polite and treated us like friends, not just oldies. We've said this before, but our community

is so fortunate to have such successful programs for our youth. Ask us someday what we did "back then" and be prepared to sit a while.,

Of course, we got our office back and the new meetings are planned well into the new year. The September program will be Mr. David Shikes who is a humorist. It will be fun to report on this one. He is a very unique person who has such a love for life. He reminds us that laughter should always be included in our weekly pill containers.

Our program in October is Mr. Ray Dube, representative from the Coca-Cola Company. who shows the many finished products made from recycled materials. I have a hard time describing what his demonstration includes – it is so fascinating. I'll go into some detail in the next issue. You will be surprised to learn how recycled material is transformed into things you wear or use everyday. This is a program that should be presented to the schools and other organizations. One thing I learned was that I do not have to clean out the peanut butter jar (yeah!).

Our "on hold" trip to the Woodman Museum is back on schedule on **Thursday September 21st**. Better planning this time when the children are back in school. This will be our second visit to finish what we started. It's a huge museum!

September is the month for volunteering at the Meals-On-Wheels Day Of Caring fundraiser. It is a lot of work/fun and never seems to end, but is very worthwhile. This program provides at least 100 meals per day delivered to Epping residents. They're now housed in the Epping Community Church where they also provide meals to those who come in.

I hope we didn't speak too soon because we agreed to participate in the Scarecrow contest this year. Should be interesting. One youth reminded us "dare to be different." We may not win the contest but we can be different. Just ask a 6 year old.

The LLC has been pretty quiet for a few months but ideas are flowing and the plastic is in hand. If anyone has ideas of interesting eateries, let us know.

There are leaves on the ground which remind us of what's coming – winter. In the meantime, the gardens are producing what they promised and Mother Nature has her paintbrush ready. So, enjoy.

Submitted by Irene R. Cote, Secretary

News From the Town

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.

September-October Town Dates

September 4th – Town Hall Closed-Labor Day

October 9th - Town Hall Closed-Columbus Day

October 10th – Town Clerk's Office closed

October 21st – Hazardous Waste Day in Exeter

October 31 – Trick or Treating 5-7 pm

Town Clerk October Office Closures

The Epping Town Clerk's Office will be closed on **Monday, October 9th** in observance of Columbus Day and also on **Tuesday, October 10th**. On Tuesday, October 10th the State of NH Division of Motor Vehicles will be implementing the new Vision Program and therefore Motor Vehicles registration cannot be processed statewide. The Town Clerk's office will reopen on Wednesday, October 11th. Please note, on Friday October 6th the state portions of registration cannot be completed.

Household Hazardous Waste Day in Exeter

A Household Hazardous Waste Day will be held in Exeter on **Saturday October 21st** from 8 am to 1 pm. There is more information at the Town Hall.

Outside Watering Ban LIFTED!

The outside watering ban in Epping has been lifted. However, please continue to conserve water whenever possible.

Cell Phones for Our Troops

Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal

and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit www.peasegreeters.org.



Highnote Festival

The 17th annual Highnote Festival, a nonprofit benefit for the Adam McPhee Memorial Foundation, will be held on **Saturday, September 9th** from 2:00 pm until dark at the Governor Prescott House, 173 Prescott Road in Epping. Events will be held rain or shine. They include tethered balloon rides at \$5 per person (weather permitting) and 10-minute helicopter rides at \$25 per person. There will be arts and crafts for kids of all ages, hayrides, local artisan exhibit booths, and a horseshoe pitching tournament. Entertainment will be by Rob and Jody, Wayne from MAINE, Tan Lines, the Shoestring Giant Theater giant puppets, Wildlife Demo - On The Wing and Snowmobile water cross. There will be food from Potatoe Caboose and Billy Goat Grubb. There will also be Northstar Fireworks in the evening, weather permitting. The cost is \$15.00 for adults. High school students and children are admitted free. Tickets will be available at the gate. The Festival grounds are handicap-accessible. Due to insurance reasons, we ask that you leave your pets at home.

Additional donations may be made to The Adam McPhee Memorial Foundation, 173 Prescott Road, Epping, NH 03042

Find more information on Facebook.

Jack Sharkey 5K

Come join us for the official Highnote Jack Sharkey 5K! The course is an official USATF-certified course, starting at the Governor Prescott House and winding through some of Epping's new

neighborhoods.

Jack Sharkey was a Heavyweight Boxing Champion in 1932 and retired in Epping in 1950. He passed away in 1994.

\$20 registration online,

\$25 registration at the event.

First 50 to register get a T-shirt.

Registration opens at 8 am.

Race starts at 9 am.



Epping Lions Club

"We Serve"

We Want YOU to Join the Epping Lions Club

<https://www.facebook.com/EppingsLionsClub>

www.epping.nhlions.org

The Epping Lions Club was established in April 2009. We support sight programs and services including vision screenings and eyeglass recycling, and we provide assistance to local families in need of eyeglasses. In July, we turned in 965 pairs of glasses for recycling, collected at several collection boxes around town. We support community programs as well as participate and sponsor some exciting events, such as the Lamprey River Canoe Race and the Highnote Festival.

Our next event will be the Highnote celebration on **Saturday, September 9th**. Our popcorn and 50/50 raffle are popular at this event. We will also be having an Egg Toss Competition once again. Last year's Egg Toss had some stiff competition, so bring your A-game!

Our annual Gas Card raffle will be coming up in October. First prize is a \$300 gas card at the gas station of the winner's choice. There are also 3 additional gas card prizes of \$50 each. This fundraiser goes towards providing Marshalls gift cards for Christmas to many deserving Epping families.

We are looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit our website at: www.epping.nhlions.org. Meeting times are posted and are generally the 4th Tuesday of the month at 6:30 pm. We currently meet at the Harvey-Mitchell Memorial Library in Epping. With your involvement and ideas we look forward to creating even more special fundraising events. We understand people have busy lives and the Lions Club allows you to volunteer as little or as much as you like. We'd love to see you!

Colleen Palmer, President

colleenmariepalmer@hotmail.com

Cheryl Denoncour, Treasurer

cdenoncour@gmail.com

Deb Brooks, Eyeglass Collector

lexusreina@comcast.net

Epping Historical Society

Summer is winding down, but this time of the year we have many visitors at the Epping Historical Society. We had visitors from Idaho and they have family roots right here in Epping! We are so fortunate to be able to take phone calls anytime, making access to the Society a daily occurrence. We have attracted many local residents; most have not been here before. They are amazed at how much research material we have. We truly do hold "the History of Epping" within our building. We have old deeds, cemetery records, school records, town records, and genealogies of hundreds of Epping families.

As I was driving by the other day, I spotted an object propped up against the door. It was a framed document in honor of James Leddy, schoolmate and friend. James Leddy died in 1868, aged 16 years and this document was dated 1868, and was signed by his teacher. The frame is very old, and the small tacks in the back are all hand cut. We wish to thank the person that gave the document to the Society. It will hang in a place of honor.

We are still selling memorial bricks for our walkway. This is a nice way to keep the memory alive for a loved one. The bricks are \$50.00, which includes 3 lines, with fourteen characters, including spaces on each line.

Corey Blanchard, author of the "Images of Epping," is now in California continuing his education in history. He has generously donated his remaining books to the Society. Thank you, Corey!

Last Sunday, four of us attended a vintage baseball game in Newbury, MA. Have you ever been to any of their games? They play in a field with dirt bases with a cornfield in the background. Seating was right on the field, sitting on a blanket or in a lawn chair. They play under the 1860 rules of baseball, in vintage uniforms and no gloves. The players catch with one hand. It was considered "unmanly" to use two hands to catch a ball. Baseball was a nationwide pastime, and most every town had a baseball team. In Epping we had at least two

teams, one was sponsored by the Legion and another team was from the Shirpio and Wagner shoe shop. We have a great photo (signed by the players) of the Shirpio and Wagner Shoe shop team. The following story is of two players, each with a significant handicap.

I. **Orlando Underhill**

Orlando was born in 1884 in Epping and died in 1940. Hunting and gunning were very popular sports and in 1898 he met with a terrible accident. He was hunting with a group of friends at Pawtuckaway when he lost his right hand in a gun explosion. In spite of this accident, he was a very talented baseball pitcher, striking out numerous players. He was also a great batter, scoring many home runs, all left-handed! If anyone has more information on Orlando, are you willing to share?

II. "Middy" Proulx, the one-armed pitcher

Amedee "Middy" Proulx was a native of Epping. At the age of fifteen years, he was working at the Goodrich Brick Yard when he met with a terrific accident. His job was to move pallets of newly formed bricks along a conveyor belt to the drying sheds. According to court records, he found himself being borne into the wheels of the conveyor belt; he tried to save his head by putting out his left arm, which was caught and torn off. His parents sued the Goodrich Brick Company and two years later he was awarded the unusual damage amount of \$3,004, plus 16 cents. Alas, the verdict was overturned the following year by the N.H. Superior Court, which ruled that "a boy, though only 15 years old, assumed the risks of the dangers of an occupation which he knew and understood."

With no money and no arm, Middy went to Manchester and found a job at the McElwain shoe company, packing shoes. I have been told that even with only one arm, he was the fastest packer in the department!

Middy also found a spot as a pitcher on the roster of the "Box Shop Boys," one of the six teams from the Shoe Shop's various divisions that formed the McElwain Twilight Baseball League. In the summer of 1923, Middy had an outstanding season, winning game after game at Textile Field in Manchester. He made headlines in the Manchester Union and the Manchester Daily Mirror, week after week. Not only was he a great pitcher, but his batting average was .286, the highest for the team. "In his last three games he has struck out 17 opposing batters. Middy, despite the handicap he is under, fields his position better than most players."

Middy took well to city life; he married and lived a full life in the city of Manchester. He died at the age of 85 years, and is buried in Mount Calvary Cemetery in Manchester.

John Clayton, former writer for the Manchester Union Leader, provided additional information on Middy Proulx for this column. Thank you John!

If you would like more information on Middy, please visit the Epping Historical Society. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this is not convenient for you, please call: 679-2944 for an appointment or email: joysgarden@hotmail.com..

Submitted by Joy True, curator, Epping Historical Society

Nature Talks

Photo Contest

This summer the Epping Conservation Commission held a photo contest open to the public. Thanks to everyone who got outdoors to take pictures! Sixteen photos were submitted and the Conservation Commission chose five finalists. Voting ended August 31st, so the winning name was not available to include in this article. After **Sept 2nd**, you can check EppingOutdoors.com for the winner. The winning photograph will be framed and displayed in the Harvey Mitchell Memorial Library. Thank again to all who submitted photographs!

The finalists were:

Jennifer Star for Lacuise Robin and the Burley Farm



Robert Jordan for Cory's Tractor



Dan McCombs for The Beauty of a Morning Run Through Epping (1) and (2)



To learn more about ECC activities, including opportunities for easement monitoring and trail clearing, please visit the ECC website, www.eppingoutdoors.com, or write to EppingOutdoors@gmail.com.

Submitted by Sandy Goodspeed

The Civil War Roundtable of NH



*NH graves at Soldiers' Cemetery in Gettysburg
(Photo by Bill Hallett)*

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or email cwrtnh@gmail.com.

This is the upcoming CWRT-NH schedule:

Note: The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

September 15, 2017 – Christopher Gwinn (Chief of Interpretation and Education at Gettysburg National Military Park) – "Measuring Heroism: The Medal of Honor at Gettysburg"

October 20, 2017 – Prof. Michael Pierson (UMass Lowell) – "Lt. Spalding in Civil War Louisiana: A Union Officer's Humor, Privilege and Ambition" (book)

November 10, 2017 – Eileen Foley Bennis (CWRT-NH member) – "Female Nurses of the Civil War and How That Led to the Founding of the American Red Cross"

December 2017 – No meeting

Lamprey River Advisory Committee

Indian Pipes



Photo by S. Petersen

Most people who frequent our woodlands have encountered waxy white or pinkish Indian pipes, also known as corpse plant or ghost flower. Many think that they are a type of mushroom, but Indian pipes are actually perennial plants. Unlike most plants, they cannot make their own food. They lack chlorophyll, the pigment that enables photosynthesis, and they have greatly reduced leaf bracts along the stem. While most plants are classified as ecological producers, Indian pipes are classified as ecological decomposers.

Indian pipes have a network of roots covered by mycorrhizal fungi. In most plants, this relationship is mutually beneficial: the fungi benefit by absorbing energy compounds from the plant and the plant benefits from additional moisture and nutrient retention near the roots. The relationship between Indian pipes and the root fungi is not mutually beneficial; Indian pipes are actually parasitic on the fungi. The fungi in this case provide a pathway for the Indian pipes to absorb energy produced by nearby trees without being directly parasitic on the trees. Indian pipes are members of the plant family *Ericaceae*, which also includes blueberries, rhododendrons, and azaleas. All plants in this group supplement their own food-making abilities with energy made by other nearby plants. Indian pipes and their closest cousins, pinesaps, represent the logical extremes of this strategy.

Indian pipes almost always have a single flower on each stem, thus the Latin name, *Monotropa uniflora*. In the photo above, the flower that faces down has not yet been pollinated by a tiny bee. The

upright flowers have been pollinated and will turn into seed capsules. After the tiny seeds are dispersed by the wind, the whole plant will turn black and wither.

Because they do not rely on sunlight for energy, Indian pipes often thrive in forested sites that are too shady for other plants that must make their own food. The presence of Indian pipes is a good sign that the forest is mature and the soil is ecologically complex. These ghost flowers are a welcome spirit in our woods.

What's in a View?



Packers Falls, Lamprey River, Durham Photo by Ecophotography

The National Park Service is the guardian of some of the country's most iconic natural, historic, and cultural places. One of the key qualities that make people visit and remember these places is "the view." Defining what makes a particular view memorable and assessing the importance of the view are complicated and often very subjective. Predicting the effects of changing a view can be just as complicated.

Visual Resource Assessment is a systematic process that helps to standardize the value and importance of a view. At the July workshop of Partnership Wild and Scenic Rivers, river representatives and National Park Service personnel dove into this process to see how it might be adapted from strictly terrestrial views to river systems. The guided process of objectively evaluating lines, colors, textures, complexity, and many other factors resulted in remarkably similar scores for a diverse group of about 40 people. Dissecting a view in this way can feel very awkward, but the resulting objectivity might well be needed if a favorite view is altered by cell towers, land clearing, energy projects, or other forms of development.

Special places in or near national parks, monuments, or Wild and Scenic Rivers often have multiple demands placed on or near them. Development must be considered carefully to

maintain what is most valuable and to minimize negative consequences. In many cases, understanding exactly what makes a view spectacular or important can be part of a river's resource inventory and can inform wise development that protects the view while meeting the needs of the proposed development. Visual Resource Assessment is an emerging tool that helps to quantify what has traditionally been difficult to define: What's in a view?

New Hampshire Rivers Management and Protection Program (NHRMPP)



A 23-mile segment of the Lamprey River is a National Wild and Scenic River, a great accomplishment which we hope you know by now. But did you know the entire river and its five major tributaries are also designated by the State of New Hampshire? What does this mean in real terms?

The NHRMPP was enacted by the New Hampshire General Court in 1988 (RSA 483) to protect "designated" rivers for their outstanding natural and cultural resources. The program is administered by the New Hampshire Department of Environmental Services. The Lamprey River in the towns of Lee and Durham was one of the first to be selected as a designated river. The entire river and five of its tributaries were added in 2011.

Designation is initiated when individuals or an organization develop a "river nomination report" that outlines the river's special qualities and documents support by local residents and municipalities. The report is given to the New Hampshire Department of Environmental Services for review. It then goes to the General Court for consideration. If the legislature and governor agree, the river is "designated" and RSA 483 is amended to add the new river for protection.

When a river is designated, a volunteer local river advisory committee is created. One of the committee's first jobs is to create a river management plan that describes how the river's qualities will be protected for the future. (To view the 2013 management plan for the Lamprey, please visit <http://www.lampreyriver.org/about-us-2013-management-plan-draft>.) The other state-

mandated jobs are to submit yearly reports to NHDES and review and comment on development or redevelopment projects proposed within a quarter mile of both sides of the river. Most river advisory committees go well beyond the minimum requirements and contribute significantly to public appreciation of their rivers through recreation, outreach, water quality testing, and research.

The Great Bay region is fortunate to have concerned citizens who have worked hard to get their rivers designated. In addition to the Lamprey, the NHRMPP has recognized the Oyster, Exeter/Squamscot, Cocheco, and Isinglass rivers. Together we are protecting our rivers for today and tomorrow.



*Helping communities protect the
Lamprey River.*

Submitted by Suzanne Peterse



Epping Garden Club

Epping Garden Club Plant Sale

The Epping Garden Club's annual "Fall Mum" Fundraiser is now in progress. They will be taking paid orders **until September 5th**. The Order Form is on the Garden Club Facebook page.

Here is the Price List for our Fall Fundraiser:

4 1/2" Mums and Cabbage \$3.50 each

6 1/2" Mums, Asters, Cabbage, Kale and Pansies \$5.50 each

8" Mums \$7.50 each

10" Hanging Mums (hanger pops off easily) \$13.00 each

12" Combo Pot (mums around a center grass) \$19.00 each

Please make checks out to Epping Garden Club and drop off your orders with Joyce at the Epping Town Hall or mail to:

Epping Garden Club

9 Folsom Mill Lane

Epping NH 03042

Plants will be delivered to the Library on **September 9th**.

Submitted by Eunice Miller



Ledd Center



Elaine and Bruce Gatchell, who founded Ledd Center for the Performing Arts 43 years ago, have announced that they will retire at the end of this year.

It has been so wonderful to have the Ledd Center and the very special talents of Elaine and Bruce here in Epping for these 43 years. Losing the Ledd Center will leave a huge hole in Epping and we will greatly miss it and all the Gatchells have done to make it so special.

Mary Gatchell and her New York City Band will perform their final concert at Ledd on **Friday, September 29th**. As a special added attraction, students from Ledd's summer camps will be on stage with Mary, singing the song they composed at camp this summer. In October, Ledd Center will present Roald Dahl's family musical "Willy Wonka" from **October 20th through November 5th**. The final production at the Ledd Center will be everyone's favorite Christmas classic, Charles Dickens' "A Christmas Carol," from **December 1st to 10th**.

Individual tickets are \$20 and are available online at www.leddycenter.org or by calling the Ledd box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates. Ledd Center is located on Ladd's Lane, off Route 27, in Epping, NH, is air conditioned for your comfort and is fully accessible.



ETV Schedule

Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday, Sept. 11, 25;

Tuesday, Oct. 10, Monday, Oct. 23 - 7 pm

Water & Sewer – Tuesday, Sept. 5; Oct. 3 - 7 pm

Library – Tuesday, Sept. 19; Oct. 17 - 7 pm

Conservation Commission – Tuesday, Sept. 12;
Oct. 10 - 7 pm

Parks & Recreation – Wednesday, Sept. 6; Oct. 4
- 7 pm

Budget Committee – Wednesday, Sept. 20; Oct. 18
- 7 pm

School Committee – Thursday, Sept. 7, 21; Oct. 5, 19
- 7 pm

Planning Board – Thursday, Sept. 14; Oct. 12
- 6 pm

Civil War Round Table – Friday, Sept. 15; Oct. 20
- 7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

The new ETV email is eppingtv22@gmail.com

There is now a NEW Website for reviewing Epping meetings online: etv22.viebit.com.



Scouting Around Epping

Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at cubmaster@pack136epping.org.

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

Boy Scout Troop 136



The Boy Scouts had a great summer, having their Court of Honor on Saturday July 29th. At this official Boy Scout event, the boys celebrated their earned ranks and merit badges. The following day they packed up and headed up to Griswold Scout Reservation – Hidden Valley located in Gilmanton Ironworks on Crystal Lake. Here they enjoyed a week of fun filled activities and more chances for them to earn more merit badges. They had a beautiful rain free week while up at the Valley while enjoying Waterfront, Learning Handicraft, Emergency Skills, Scoutcraft and other fun activities. They ended their summer with having a

concession stand at the Epping Fireworks on August 19th.

This fall the Boy Scouts have some great activities including the GSR Backpacking Trip and the OA Sash and Bash.

The OA Sash and Bash Starts **Friday, October 6th** at 5 pm and will be held at the NH Army National Guard in NH. They will be able to camp and enjoy a weekend of fun activities such as: Video Game Pinewood Derby, Gigantic Capture the Flag Course, Army Run, 9 Hole Disc Golf Tournament including a late-night Root Beer and Ice Cream Float party as well as a concert on Saturday. A fun-filled weekend.

Upcoming Events for September and October:

Sept. 4th – No Meeting

Sept. 7th – Committee Meeting 6:30 – Epping Community Church

Sept. 9th – 10th Popcorn Show & Sell

Sept 11th – Troop Meeting

Sept 15th – 17th – Camp Fatima Adventure Scout Retreat

Sept 18th – Troop Meeting

Sept. 22nd – 24th GSR Backpacking Trip

Sept 25th – Court of Honor

Oct 2nd – Troop Meeting

Oct 5th – Committee Meeting 6:30 – Epping Community Church

Oct 9th – Troop Meeting

Oct 6th – 8th OA Sash and Bash

Oct. 9th – No meeting

Oct. 16th – Troop Meeting - Troop Elections

Oct 23rd – Troop Meeting

Oct. 28th – Scouting for Food Flyers

If you have a son who is interested in Boy Scouts, please contact Scoutmaster Stephen Sylvain at Scoutmaster.t136@gmail.com.

Special Thanks to our Charger Organization, Epping Community Church, for always supporting us. And a thank you to the American Legion for use of their facility and to the EYAA for use of their property for the Court of Honor in August.

Submitted by Jennifer Sullivan



Epping Fire Department Car Seat Inspector

The Epping Fire Department has a certified car seat inspector on staff. However, due to a rotating schedule, please call and schedule an appointment at 679-5446.

Burn Permits

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station 7 days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions, please contact the Fire Department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link below.

<http://www.nhdf.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>

Epping Explorer Posts

Fire Department Explorer Post 716

To young people 14 years old to 20 years old: Are you looking for a career? Look no further. Your Epping Firefighter's Association sponsors an Explorer post.

What opportunities are in the Fire and Rescue service? At the beginning, learn what the fire and emergency medical service does. We teach new explorers CPR, how to use the self-contained breathing apparatus (SCBA), what the various tools on the fire trucks are used for and much more. Jobs that could be in your future are Fire Investigator, Arson Investigator, Fire Marshal and Forest Fire Warden. Many of our Explorers continue their education at Laconia Community College, nursing schools, also 4-year courses in college. The Explorer post also elects its officers to run the post. The adults are advisors and training instructors. If this is a field you want to pursue or for more information, call Firefighter Tim Labonte or Captain Cliff Cray at 679 5446 or 396-9436.

Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

American Legion News

Halloween Dance on October 28th

The American Legion Post 51 is hosting a Halloween Dance on **Saturday, October 28th** featuring "*Chippy and The YaYas*." They are a NH based cover band that they say is born to blow our mind, rock our socks, and shake our booty like never before. They play songs from the 60's on up. Hard driving and high octane!! We expect our dance floor to be jam packed with ghouls and goblins!!! You can visit *Chippy and The YaYas* online and check out their music at www.chippyandtheyayas.com. There will be prizes for the best costumes, a 50/50 raffle, and snacks. The doors open at 8 pm. Admission is \$5 per person at the door and a cash bar will be open. Singles are welcome! The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). Costumes are optional but are more fun! 679-8320.

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday September 10th** and **Sunday, October 8th** - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

Epping Community Church

Saturday September 9th from 7:00-11:00 am will be our annual indoor/outdoor multi-family yard sale. Furniture, toys, household, holiday, pet, baby items and more! We are located on the corner of Main and Pleasant Streets. This will be held rain or shine. For more information, you can call 679-5542.

September 16th will be our 3rd Saturday dinner. It is held from 5:00-6:30 and the cost is \$8.00 for adults and \$4.00 for children. Can't stay to eat??? We have "to go" containers. We will be serving a Turkey Dinner with all of the fixings. On **October 21st** we will once again have the very popular McPhee Fish Fry. Please look for details on our sign out in front of the church.

On **Saturday, September 23rd** from 10 am to 3 pm we will be sponsoring an American Red Cross blood drive at the church. Please look for details on our ECC sign near the driveway. You can sign up ahead of time on the Red Cross website. The American Red Cross encourages appointments that can be made by going to redcrossblood.org or by calling them at 1-800-RED-CROSS (1-800-733-2767). Please come and donate to help save lives. It only takes about 1 hour and is very easy to do.

Our food pantry is open every Saturday from 8-10 am. Entry is through the side door off the driveway. We also continue to have our Soup of the Day Café every Thursday from 11:00-12:30. After taking the month of August off we are ready to begin serving soup and salad to all who come. We will reopen on **Thursday, September 7th**. This is a free lunch open to all in the community. We offer two different kinds of soup, salad and dessert every week. Come and join us....you may see some old friends or meet some new ones.

Meals on Wheels has been located at our facility for the past few months. They pack and deliver meals to people in Rockingham County. They also serve lunch in the church on Monday, Tuesday, Wednesday and Friday. If you know someone that could benefit from this wonderful program you can call 679-1609. They need a 48-hour notice for a reservation. The cost of the meal is \$2.00. They also have a thrift shop on site that anyone can browse through and buy items.

Our pastor search committee has been very busy for the past year. We are very close to being able to introduce a new pastor who will lead us at Epping Community Church. This is a very exciting time for all of us. We'd love to have you come and join us for worship at 9:00 am every Sunday and then a time of fellowship following the service. Sunday School will resume for children and adults during the month of September. A special thank you to Reverend David Johnson for leading us as our interim minister.

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

Mass schedule weekdays:

Mon. 8:00 am **Tues, Thurs, Fri.** 7:30 am

Wed. 7:00 pm, **Sat.** 8:00 am

Mass schedule weekends:

Saturday 4:00 pm

Sunday 8:00 am, 10:30 am and 6:00 pm

September

Mondays – Adoration – Noon to 9:00 pm

September 1st – First Friday Adoration – 8:00 am-midnight

September 2nd – First Saturday Adoration – midnight-8:00 am

October

Mondays – Adoration – Noon to 9:00 pm

October 6th – First Friday Adoration – 8:00 am-midnight

October 7th – First Saturday Adoration – midnight-8:00 am

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information.

Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Their Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults. A free nursery for children – infants through four years – is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time. The Awana program for children age 3 through sixth grade will start for a new year in September! The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at PastorRon@EppingBible.org. Visit their website at www.eppingbible.org.

Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am
(for first time visitors, please have your photo ID
and proof of residency with you)

Wednesday Time of Devotion and Prayer begins
at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please
check out our website at www.pbcnh.org or contact
us at pbsecretary410@gmail.com.

West Epping Quaker Meeting House

The West Epping Meeting grew out of the
Seabrook Quarterly Meeting in the middle of the
18th century. Records show that Joshua Folsom
was a recorded minister among Friends in the
community in 1772 – though he may have
commenced his activities even earlier. The present
Meeting House was built in 1851. The surrounding
tall pines, dating from this period, have been a
distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at
10 am every first and third Sunday of the
month. We welcome visitors to our meetings to join
with us.



Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

Hours: Monday, Friday – 10 - 5

Tuesday, Wednesday, Thursday – 10 - 8

Saturday – 10 - 2

Sunday – 12 noon - 4

Closed: September 4th – Labor Day Holiday

October 9th – Columbus Day Holiday

Scarecrow Contest

There will be a Scarecrow Contest, a "Fun"
Fundraiser to bring the community together and to
raise funds for our Library by entering your
scarecrow into the Contest.

Registration for the town-wide Scarecrow Contest
can be done at the Library any time before **Monday,
September 25th**. To qualify for the contest and
appear on the map, there's a fee of only \$5 that
goes to the Friends of the Library. If you'd like to
use a scarecrow kit to start your creation, there will
be some available for sale for \$25 at the Library on
September 9th, from 9:00 to 11:00 am. You may
also reserve a kit in advance, as they will sell on a
first come first serve basis.

Every home in Epping that creates a scarecrow
for their yard is asked to stop into the Library to tell
us where it is located so we can photograph each
creation. Those who qualify and make one will be
in the running for a prize (top 3) and should tell all
their friends to stop in at the Library and vote for
them.

We would like all Scarecrows dressed and in
Epping yards by the last day of September. Voting
starts on **October 1st**. The votes will be tallied on
October 29th and winners will be announced on
Facebook on the morning of Halloween.

One community having some fun - does it get
any better than that? Let's put Epping on the map
with our own Scarecrows!

Upcoming Events at the Library

September 6: Skywatch – 7 pm

Come get a view of the full moon, as well as
other wonders in the sky during our community
Skywatch. The New Hampshire Astronomical
Society will bring equipment for us to use to take a
closer look at the night sky. A short presentation,
"What's Up in Tonight's Sky" will take place at 7
pm, then we'll head outside to see for ourselves!
For more information on NHAS skywatches, visit
<http://nhastro.com/skywatch.php>.

September 6, 13, 20, 27: Children's Yoga – 4 pm

Bring the little ones to our popular yoga series,
taught by Kripalu Yoga Teacher, Leah Pacione!
Mats are provided, or you're welcome to bring your
own. Thursdays in September at 4 pm.

September 9: Paws to Read – 10:30 am-12:30 pm

We're excited to welcome Leon, a black lab therapy dog, for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, in order to build confidence and have fun reading in the company of a cute dog that doesn't judge. Drop on by the Youth Room!

September 17: Meditation Sessions – 4:45 pm

Inner Healing Practitioner Donna Corriveau is generously offering individual Meditative/Spiritual Healing Sessions at the library. More details to follow.

September 19: Dusty Olde Mystery Group – 7 pm

September 22: Neighborhood Beer Co. Program – 7 pm

Based in Exeter, Neighborhood Beer Co. is a craft brewery which specializes in American interpretations of German-style beers. They'll tell us about their brewing process and then we'll head over to Greg & Jane's Beer and Wine to sample some of their beers!

September 27: Identity Theft Prevention – 6 pm

Learn the different forms that identity theft can take and how to keep your personal information safe. A speaker from Citizens Bank will give this presentation on various methods to protect yourself.

September 27: Contemporary Book Group – 7 pm

October 21: Halloween Magic Show – 11 am

Magician Debbie O'Carroll presents the Silly Monster Magic Show, featuring goofy monsters, magical creatures, and lots of imagination. Children ages 3 to 8 will delight in the dazzling magic and hilarious comedy. At the end of the presentation everyone will learn a spooky magic trick to take home to amaze their friends and family!

October 17: Dusty Olde Mystery Group – 7 pm

October 25: Contemporary Book Group – 7 pm

October 27: New Hampshire Cemeteries and Gravestones – 7 pm

Rubbings, photographs, and slides illustrate the rich variety of gravestones to be found in our own neighborhoods, but they also tell long-forgotten stories of such historical events as the Great Awakening, the Throat Distemper epidemic, and the American Revolution. Find out more about these deeply personal works of art and the craftsmen who carved them with Glenn Knoblock, and learn how to read the stone "pages" that give insight into the vast genealogical book of New Hampshire. This program is funded in part by a grant from New Hampshire Humanities, in partnership with the National Endowment for the Humanities. Learn more at www.nhhumanities.org.

Epping Parks & Recreation

Department News

Home of the "River Otters"

Director: Nicole Bizzaro

Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at eppingrecreation@gmail.com or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at eppingrecreation@gmail.com or visit our website at www.EppingRecreation.org.

Please check out our website and our Facebook page for announcements and program updates.

Preschool Programs

Story Discoveries

Literacy based interactive programs for children ages 2-5 with an accompanying adult. Join us for songs, stories and hands-on activities at 10:00 am on Tuesdays. Starting with songs and finger plays to help participants feel comfortable and included, Miss Tracie will read two picture books which introduce the children to a topic that is relevant to their experience in the world. Following the stories will be a fun project using a variety of art media,

giving the child something to take home that will hopefully inspire further investigation and more discussion of the topic. These projects can be messy, so although aprons will be available, washable play clothes are recommended. There will also be age appropriate puzzles for the preschoolers to explore as they complete their project.

"Miss Tracie" Wilkins has over 25 years of experience as an early childhood educator, having worked in preschool, kindergarten, children's museum and public library settings.

Ages: 2-5

Day: **NEW CLASS** -Mondays (ongoing)

Time: 1 pm

Cost: \$30 for 6 classes or \$6.00 drop in per week

Where: Watson Academy (17 Academy St. - Recreation Center)

How To Register: Please drop in for class or mail in a Registration form to address included on form.

Ages: 2-5

Day: Tuesdays (ongoing)

Time: 10 - 11 am

Cost: \$30 for 6 classes or \$6 drop in per week

Where: Watson Academy (17 Academy St. - Recreation Center)

How To Register: Please drop in for class or mail in a Registration form to address include on form.

Sports Programs

There will be Preschool Sports programs offered this fall for 3-5.year olds - in the morning and possibly also in the afternoon.

For further information about these programs, please check with the Recreation Department at: eppingrecreation@gmail.com.

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at www.eyaa.org for sports programs offered in Epping.

Elementary School Programs

Before & After School Program

Fall Registration is OPEN for the Before & After School Program:

The Fall 2017 Before & After School Program Registration was available starting June 1, 2017.

To register, please download Registration

Form and Participation Forms from left side of the Parks and Recreation website and mail. Space is limited and If we need to start a wait list, parents will be notified! Please email our Recreation Director, Nicole for further information. at eppingrecreation@gmail.com.

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-7. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack and homework time from 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until **5:45 pm**. Children are grouped by grades: K-1, 2-3 and 4-7. This may vary slightly depending on space and child needs in each of the groups.

Grades K-7

6:45–8:35 am–Before School Program at Epping Elementary School Gym

3:15 – 5:45 pm – After School Program meets in EES Library, goes to Playground and Watson Academy, with use of the EES Gym on scheduled days.

Call Nicole for more information at 608-9487.

Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or email her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

Youth Ceramics Class

Day: Thursdays

Time: 4:15-5:15 pm

Cost: \$20 for three sessions

Includes: up to 3 pieces (depending on selection), paint and brush use.

This program is ongoing so the child comes 3 times and then is completed or signs up for another 3-week session.

8th – 12th Grade CIT program

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Adult Programs

Please check our Facebook page for updates, including cancellations on all programs.

Adult Basketball

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$30 for 10 nights – Please make check out to the “Town of Epping.” If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

We will also notify you via email of any program changes, so please provide a current email address.

Adult Ceramics Class

Day: Thursdays

Time: 5:30-8:30 pm

Cost: \$2 per hour, plus ceramics piece of choice

Includes: Use of brushes and paints. Some glazes are extra.

Location: Watson Academy (Upstairs Blue classroom)

To Register, contact the Epping Recreation Dept at eppingrecreation@gmail.com or stop by the program to speak with Barbara Young.

The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers

Running a children's after-school program

Giving financially to families who are in need

Providing free family counseling
Organizing various programs for teenagers
to service others

Kids Club

Our kids club is for kids in grades 1-5.
We will provide free pick up from EES, and
provide snacks and drinks at no charge.
We have a structured time of singing, Bible
Time and Game Time.
The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.
We offer pool, ping-pong, air hockey, and
foosball.
We also have computers, a TV, board games
and provide snacks and drinks at no charge.
Teen Central opens at 2:30 and goes till 4:30.
We provide classes and other events throughout
the year as well.
We require all of our workers to complete a
background check.
If you are interested, please check us out at
www.eppinglighthouse.org or you can e-mail us at
eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out: *Beginning Friday, September 8 - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed

For information call 422-8208, press 2, or visit
<http://www.familiesfirstseacoast.org/programs.cfm>.

Exeter Family Morning Out *Thursdays); 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter

Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit
<http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare;** please go to FamiliesFirstSeacoast.org and click on the Register for Family Programs button, or call 422-8208 x2.

What is being offered from parent ed this fall:

Family Fun Night

Mondays (except Sept. 4 & Oct. 9) @ 5:30 pm - 7:30 pm

Families First Health & Support Center, 100 Campus Drive, Portsmouth

Monday is Family Fun Night! Join us to enjoy a family-style dinner and family-friendly activities, without the stress of making it happen. A fun, relaxing evening out for families who are experiencing stress. September 4th: NO FFN (Labor Day) ~ Tuesday, September 5th: Family Game Night ~ September 11th: Egg Drop Experiment ~ September 18th: Create Your Own Story ~ September 25th: Invent a Toy from Recycled Materials ~ October 2nd: Family Fear Factor ~ October 9th: NO FFN (Columbus Day) ~ October 16th: Homemade Slime ~ October 23rd: Fun with Fall Crafts ~ October 30th: Halloween Fun (Feel free to come in costume!)

For up to date information and sign up, visit:
www.tinyurl.com/FFparenting
www.tinyurl.com/FFparenting

Epping Students in the News

Students graduated from:

St Anselm College on May 20th

Meghan Welsh, Magna Cum Laude, with a Bachelor of Science in Nursing

St. Lawrence University in Canton, NY on May 21st

Samuel H. Hereford, Bachelor of Arts in environmental studies and business in liberal arts

Worcester Polytechnic Institute (WPI) on May 13th

Brianna Parent, Bachelor of Science in biomedical engineering with distinction

Boston University in May 2017

Brian Malbon, Master of Social Work

Northern Essex Community College on May 20th

Jasmin J. Kirby, Associate in Science Early Childhood Education with Honors

Christopher L. Walters, Associate in Science Criminal Justice with Honors

University of New Hampshire on May 20th

Justin Cawley MA in Economics

Morgan King Cum Laude with a BM degree in BMus: Pre teaching

Janine Perkins Magna Cum Laude with a BA degree in Psychology

Alexis Modigliani BS degree in Human Development and Family Studies

Kendra Swanson BA degree in Communication

Kylie Patton BSIT degree in Information Technology

Colin Spillane BSME degree in Mechanical engineering

Joshua Foreman MFA degree in Writing

Zachary Mailhot BSCS degree in Computer Science

Amanda Byron AAS degree in Veterinary Technology

Students named to Dean's/President's List for Spring 2017 semester:

Northern Essex Community College

Alicia Thibeault, Dean's List

St. Anselm's College

Katelyn McCoolle, Dean's List

Clarkson College

Sawyer Begin, Dean's List

Cazenovia College

Marley Jordan, Dean's List

Emmanuel College

Jannet Desvira, Dean's List

Southern New Hampshire University (SNHU)

Rachel Stone, Dean's List

Southern New Hampshire University (SNHU)

Scott Gauron, President's List

Morgan Pease, President's List

Bradley George, President's List



School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <http://etv.22.pegcentral.com>.

September 7th and 21st

October 5th and 19th

Epping Elementary School (EES)

Invitation to First Day of School Celebration!

Dear Parents,

You are cordially invited to join your child and our staff on our first day of school. This celebration is an opportunity for you to help your child enjoy the first day of school. You'll meet parents of your child's classmates, get to know the people who have a shared interest in your child's education, and learn some easy and effective ways to help them throughout the school year. We look forward to seeing you!

Date: September 5, 2017

Time: 8:20 to 9:30 am

Place: Epping Elementary School

EES School Calendar

SEPTEMBER

Sept. 4 – NO SCHOOL – Labor Day

Sept. 5 – First Day of School Celebration Grades 1-5 – 8:20-9:30 am Parents invited. Preschool Orientation

Sept. 6 – First Day of School for Preschool Kindergarten Orientation

Sept. 7 – First Day of School for Kindergarten

Sept. 11 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

Sept. 12 – Instrumental Rental Night in EES gym – 6:00-7:30 pm

Sept. 13 – School Picture Day for EES students and preschool

Epping Calendar of Events for September 2017

Aug. 31 - Sept. 4	Lancaster Fair
September 1-4	Hopkinton State Fair
September 2	Check for Conservation Commission Photo contest winner at EppingOutdoors.com
September 2	Epping Community Church Food Pantry – 8:00-10:00 am
September 4	LABOR DAY HOLIDAY, Town Hall and Library closed
September 5	First Day of the 2017-2018 School Year
September 5	EES First Day of School Celebration – 8:20-9:30 am – Parents are invited
September 5	Friends of the Library meeting at 7 pm
September 6	EES Kindergarten Orientation
September 6	EES First Day of School for Preschool
September 6	“Skywatch” at the Library – 7 pm
Sept. 6, 13, 20, 27	Children’s Yoga at the Library – 11 am
September 6	Providence Baptist Church Food Pantry – 10 am
September 7	EES First Day of School for Kindergarten
September 7	Epping School Board meeting in Epping Town Hall – 7 pm
September 7	Epping Community Church Soup of the Day Café starts up again
September 8	Epping Family Morning Out begins for the fall – 9:30-11:00 am
September 8-10	Hillsborough County Agricultural Fair
September 9	Epping Community Church Food Pantry – 8:00-10:00 am
September 9	Highnote Festival – 2 pm until dark
September 9	“Paws to Read” at the Library – 10:30 am-12:30 pm
September 9	Epping Community Indoor/outdoor Multi-family Yard Sale – 7-11 am
September 9	Epping Garden Club’s pick up of Scarecrow kits and ordered Mums at Library – 9 am
September 10	American Legion Post 51 Sunday Breakfast Buffet – 8:00-11:00 am
September 10	Boy Scout 10 th Annual Popcorn Show and Sell
September 11	Remember September 11th - 8:46 am
September 11	EES PTO meeting – 7 pm
September 12	EMS Open House – 6:30 pm
September 13	Providence Baptist Church Food Pantry – 10 am
September 14	EHS Open House – 6:30-8:00 pm
September 14	Epping Watson Academy Seniors with Mr. David Shikes – 1 pm
September 15-17	Camp Fatima Adventure Scout Retreat
September 15	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
September 16	Epping Community Church Food Pantry – 8-10 am
September 16	Epping Community Church Dinner “Roast Turkey Dinner ” – 5:00-6:30 pm
September 17	Touch The Trucks in MHS/EHS parking lot – 10 am-2 pm (Entry by cash donation)
September 17	Meditation Sessions at the Library – 4:45 pm
September 19	Library Board of Trustees Meeting – 7 pm
September 20	Dusty Old Mystery Book Club at the Library – 7 pm
September 20	Providence Baptist Church Food Pantry – 10 am
September 21	Seniors trip to Woodman Museum
September 21	Epping School Board meeting in Epping Town Hall – 7 pm
September 22	Neighborhood Beer Co. Program at the Library – 7 pm

September 22	Boy Scout GSR Backpacking Trip
September 23	Epping Community Church Food Pantry – 8-10 am
September 23	Epping Community Church Red Cross Blood Drive – 10 am-3 pm
September 25	Boy Scout Court of Honor
September 25	Last day to register for Scarecrow contest
September 26	Epping Lions Club meeting at the Library – 6:30 pm
September 27	Providence Baptist Church Food Pantry – 10 am
September 27	Contemporary Book Club at Library – 7 pm
September 27	Identity Theft Prevention Program at the Library – 6 pm
Sept 28 – Oct 1	Deerfield Fair
September 29	NO SCHOOL – Teachers Professional Development Day
September 29	EHS Homecoming
September 29	Mary Gatchell and her New York City Band at the Leddy Center
September 30	Epping Community Church Food Pantry – 8-10 am

Epping Calendar of Events for October 2017

Date	Event
October 1	Voting starts for Scarecrow contest
October 2	EES PTO meeting – 7 pm
October 4	Providence Baptist Church Food Pantry – 10 am
October 5	Epping School Board meeting in Epping Town Hall – 7:00 pm
October 6-8	Boy Scout OA Sash and Bash
October 7	Epping Community Church Food Pantry – 8-10 am
October 7-9	Sandwich Fair
October 8	American Legion Post 51 Sunday breakfast – 8:00-11:00 am
October 9	COLUMBUS DAY HOLIDAY, Town Hall and Library closed
October 10	Town Clerk's Office closed
October 11	Providence Baptist Church Food Pantry – 10 am
October 12	Epping Watson Academy Seniors with Mr. Ray Dube – 1 pm
October 14	Epping Community Church Food Pantry – 8-10 am
October 17	Library Board of Trustees Meeting – 7 pm
October 17	Dusty Old Mystery Book Club at the Library – 7 pm
October 18	Providence Baptist Church Food Pantry – 10 am
October 19	Epping School Board meeting in Epping Town Hall – 7 pm
October 20-Nov 5	“Willy Wonka and the Chocolate Factory” at the Leddy Center
October 20	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
October 21	Halloween Magic Show at the Library – 11 am
October 21	Epping Community Church Dinner “McPhee Fish Fry Dinner ” – 5:00-6:30 pm
October 21	Epping Community Church Food Pantry – 8-10 am
October 21	Household Hazardous Waste Day in Exeter – 8 am-1 pm
October 24	Epping Lions Club meeting at the Library – 6:30 pm
October 25	Contemporary Book Club at Library – 7 pm
October 25	DEADLINE DATE for the November-December issue of the Newsletter
October 25	Providence Baptist Church Food Pantry – 10 am
October 27	EES Monster Mash in EES gym – 6:00-8:00 pm
October 27	EMS Activities Night – 6:30 pm
October 27	New Hampshire Cemeteries and Gravestones at the Library – 7 pm
October 28	Epping Community Church Food Pantry – 8-10 am
October 28	Boy Scouting For Food Flyers
October 28	American Legion Halloween Dance “Chippy and the YaYa’s” – 8 pm
October 31	Winners of Scarecrow contest announced
October 31	Town Trick or Treating – 5-7 pm

If you would like your next event to appear on the Calendar of Events, please send us an email at bhelmstetter@comcast.net by **October 25, 2017**. Please include the date, event name, location and time.