



Speak Up, Epping! Newsletter

Volume 4, Issue 2

Epping, New Hampshire

March, April '11

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.SpeakUpEpping.org.

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.org Each new issue of the Newsletter will be available by downloading it from the website. You will also find late breaking news, past Newsletters, town links, calendars and all our ads with links to our advertisers' websites and spotlights on several of our businesses.

Remember to Vote!

Remember to vote March 8th. Polls are open 8 am to 7 pm at the Middle School Gym. The following candidates have registered for Town and School offices:

BUDGET COMMITTEE - 3 years

Vote for not more than 3

Robin O'Day

BUDGET COMMITTEE - 1 year

Vote for not more than 1

Brian G. Reed

CEMETERY TRUSTEE - 3 years

Vote for not more than 1

FIRE WARD - 3 years

Vote for not more than 1

Paul Spidle

FIRE WARD - 2 years

Vote for not more than 1

Cliff Cray

LIBRARY TRUSTEE - 3 years

Vote for not more than 1

Lynn B. Reinhard

Laurie Dudley

PLANNING BOARD - 3 years

Vote for not more than 1

Dave Reinhold

SELECTMEN - 3 years

Vote for not more than 1

Kim A. Sullivan

Karen Sott-Falcone

TREASURER - 3 years

Vote for not more than 1

Melinda Stanley

TRUST FUND TRUSTEE - 3 years

Vote for not more than 1

Mark W. Kucera

WATER & SEWER COMMISSIONER - 3 years

Vote for not more than 1

Henry DeBoer

ZONING BOARD OF ADJUSTMENT - 3 years

Vote for not more than 1

Philip Gamache

ZONING BOARD OF ADJUSTMENT - 1 year

Vote for not more than 1

David Mylott

SCHOOL BOARD MEMBER – 3 years

Vote for not more than 2

Brian G. Reed

Gregory C. Dodge

Herb Harvey, Jr,

Patrick Pagnani

SCHOOL DISTRICT CLERK – 3 yrs

Vote for not more than 1

Robin O'Day

SCHOOL DISTRICT MODERATOR – 3 yrs

Vote for not more than 1

Robert Goodrich

SCHOOL DISTRICT TREASURE – 3 yrs

Vote for not more than 1

Joseph Foley

Help Support Our Troops All Year

If you or a friend or relative has a son or daughter in the armed forces we would like to know. Please give the person's name to Joyce at the Town Clerk's office. If you do not want the name publicized, let us know.

Troop flights returning from or going to the Middle East are met at Pease Air Terminal in Portsmouth, NH, by the Pease Greeters, a group of volunteers. The group has over 100 members and they have not missed greeting a flight since 2005. In addition to greeting flights, they also coordinate sending care packages to troops overseas. Packages are sent monthly and items are collected throughout the year.

You can drop anything from the following list to Joyce at the Town Hall or contact JoAnne Schottler at 772-8620 jscatlady@aol.com

Pease Greeters Care Package Wish List

Toiletry items - 8 oz or travel size. No aerosol cans

Chapsticks	Eye Drops	Flip Flops
Hand lotion	Shampoo	White socks mid-calf
Deodorant	Inner soles	Shave gel in tubes
Tylenol	Foot powder	Sanitary items
Aspirin	Conditioner	Mouthwash
Dental Floss	Handi-Wipes	Handwarmers, etc.

Food items-individually packed to share

Cookies	Coffee-1lb	Dried Fruit
Nuts	Gum	Tootsie Pops, Rolls
Trail mix	Beef Jerky	Granola Bars
Pop-tarts	Hard Candy	Freeze Pops
Microwave popcorn		Slim Jims

Crystal Light, etc. - on the go drink mixes

Fun stuff for the Troops

Frisbees	Yo-Yos
Dice	Playing cards
Baseballs	Small Nerf Balls
Rubik Cubes	Small card games

Items that cannot be sent

Any food containing pork
Adult books or magazines

Another way to support our troops

Donate your old cell phone. More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone and provide these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

If you have any questions or want more information about how you can help the troops, contact Joyce in the Town Clerk's Office at the Epping Town Hall or call 679-5441 ext 101.

Thank you from Cell Phones for Soldiers

On behalf of Cell Phones for Soldiers and the troops that benefit from your generous donation, thank you! Each donated used mobile phone allows Cell Phones for Soldiers to fulfill the mission of providing service men and women with the opportunity to communicate with loved ones for free. Last month, we received 18 phones from your organization, which generated 1080 minutes of calling time for troops.

Thanks to kind people such as you, we can provide enriching experiences to soldiers overseas who cannot talk to their families often. One phone call can truly make a difference.

Again, we want to express our gratitude for your contribution. The success and growth of this program is directly impacted by your considerate support. Many thanks. Cell Phones for Soldiers

Holy Grail 5K Road Race

The Epping Youth Athletic Association is hosting its first annual 5K Road Race on Saturday, March 19, 2011. All proceeds will benefit the Epping Youth Athletic Association. Pre-Registration will be available at www.eyaa.org or by filling out a form and mailing it to P.O. Box 472 Epping, NH 03042. Registration will also be available the day of the race starting at 9 am. The race will begin promptly at 10:30 am on Long Meadow Farm Drive in Epping and finish at the Holy Grail. Detailed course information can also be found on the EYAA website.

Day of the Race: Please come to the parking lot of the Holy Grail to pick up your number and T-shirt and to catch a bus to the starting line of the race. There will be plenty of parking at the Holy Grail and in the side lot at Walgreens.

Awards: Awards will be presented to the top three men and women overall. The award ceremony will be held immediately afterwards at the Holy Grail.

Results: Race times will be posted at: www.coolrunning.com and the race will be timed by Granite State Race Services.

Entry Fees: \$20 in Advance, \$25 after March 1. The entry fee is non-refundable. T- Shirts will be given to the first 100 registered.

For more Information and Registration Form:
Visit: <http://www.eyaa.org/page/show/251538-the-pursuit-of-the-holy-grail> or e-mail Kim at kbade00@gmail.com.



Epping Lions Club

"We Serve"

Look for the Lions on Tuesday March 8th at the Town elections. We will have a table where we will be collecting food for the local food pantry, as well as a raffle for a beautiful afghan, handmade by one of our members. We will also have membership information available. Stop by and chat with one of us!

Our **Annual Canoe Race will be on April 30th**. Registration information will soon be available on our website, or call one of the members below. This year we are planning a cookout lunch after the event and an additional competition category for High Schoolers. Please come out for this wonderful community event.

The Epping Lions have also completed eye testing in all 3 Epping schools, and are planning to do this again this October. Eyeglass collection boxes are available at several locations around town, and these are collected by us and recycled to help others.

We meet monthly at the High School in the media center, the fourth Tuesday of the month at 6:30 pm. Please call one of our members below for more information. We'd love to have you join us!

For more information on becoming a Lion, please call or email any of our officers:

Pam Tibbetts, President

lampreygirl@hotmail.com.....679-5572

Steve Colby, Vice President (& website)

stevecolby57@gmail.com.....679-2823

Colleen Palmer, Secretary

colleenmariepalmer@hotmail.com.....679-3554

Jen Adams, Treasurer

jenadams24@comcast.net.....679-8927

Bob Jordan, Vision Chairman

skidoo4us2@gmail.com.....679-5087

Deb Brooks, Eye-glass Collector

lexusreina@comcast.net.....679-5407

HELP - Knitters Still Needed!

A message for those knitters out there: we are now collecting soft knit hats/caps for Cancer patients to wear while in the hospital to keep warm. Use your own pattern or see Joyce at the Town Hall for a real easy free pattern or contact her at 679-5441 ext 101. You may also drop off your completed hats at the Town Hall. Thank you!

People in the News

Fund Raiser for Paddy Murphy

After weeks of hospitalization in New Hampshire and Boston, Paddy Murphy is home in Epping, recuperating at his mom and dad's. (Kevin and Simonne Murphy)

Paddy was near death, due to a serious illness, but is now looking forward to months of recuperation and rehabilitation and is on many expensive medications to see him through this ordeal. He was unemployed at the time he was stricken so had no medical insurance.

"The Paddy Murphy Fund" has been set up at TD Bank North, 16 Fresh River Road, Epping. You may contact Christina Duana at 603-679-8738 at the bank, or you may make donations to the Epping Community Church and write "Paddy" in the memo line.

Kevin, Paddy's Dad, has been the organizer of the Free Thanksgiving Dinner served at the Community Church for years! Maybe now it is time to give back to this family that has given so much!

We wish you a swift and total recovery, Paddy.

Erica Camire Gruszewski

Erica Camire Gruszewski, formerly of Epping, received a kidney, on December 22, 2010. The operation was performed at Dartmouth Hitchcock Hospital. She is doing well and recuperating at the home of her parents here in Epping. Erica, her husband, Dan and two sons are now living in Shamokin, PA.

Senior Moments

The Epping Watson Academy Senior Citizens Club welcomed four new members in January. There really is a lot out there for senior citizens these days and we're pretty good at finding it. Again this year, our educational and informative programs include Attorney Williams who keeps us up to date on elder law and Pharmacist, Jennifer Ford who does the same for us with health updates and laws. Other guests will include Therapy Dogs, Families in Transition, Fish and Game, Community leaders, and many more. March is our Pound Party month when we can re-gift some of those Christmas gifts -- Thanks kids!

Our trip to the State House and New Hampshire Historical Society was canceled twice because of Snow. We finally wised up and figured April will be a snow-less month. Other trips for 2011 include the Portsmouth Naval Shipyard in May, The Pewter Factory and Boat Museum in Wolfeboro in June

and the Lowell Museum and Canal Ride in July. There are a lot of other trips on our "to go to" list but we haven't set dates for them yet. We really appreciate having both the Blue Bird and the Lamprey Health Care Senior bus available to us for certain trips. Thanks.

We are getting excited about our Annual Yard Sale on **April 9th from 8:00 am to 2:00 pm.** Each year the work is more, but so is the fun. We get the chance to talk with so many wonderful people. We can't figure it out though, each year we still find STUFF around the house that we don't need anymore. Do you? Or is it just us oldies? Anyway, if you're like us, bring us your "stuff" and we'll turn it into someone's treasure. Remember ---mark your calendars - **April 9th!**

Do you remember.....party lines, candy cigarettes, S&H green stamps, blue flashbulbs, skate keys, 45-RPM records and the Studebaker? Well.....we do!"

Submitted by Irene R. Cote

TALES FROM EPPING'S PAST OFF TO A ROUGH START

Like Exeter, from which we separated in 1741 to become Epping, we also began as a community organized around a Congregational Church. To entice its first minister and buy him a house, our taxes were upped two cents an acre and a committee appointed to search for a suitable candidate. Another group was to build the church, which was also going to be used for public town meetings, in other words, the original Epping Town Hall.

The spot chosen for this first church/meeting-house is quaintly described to be in the "santer" of town, now in the Central Cemetery area, but then on land owned by Jonathan Norris, a local Quaker. The building, known as The Church of Christ Congregational, Second Parish in Epping, measured 50' x 40'. In the style of the time it probably had a south main entrance, box pews, upper gallery for single men and women, servants and slaves, and a raised pulpit. It was ready when the first minister - Mr. Robert Cutler and his family arrived, despite his paltry salary offer, this isolated location, and some heavy grumbling from the Search Committee which had tried hard to get somebody else for the job.

Robert Cutler had graduated bottom of the 1744 class of Harvard Divinity School after he stole the shoes of another student and then denied it. He was ordained in Epping in 1747, the same year this

town was so beset by Indian attacks that people were petitioning for outside help. His wife died here about two years later leaving him with four small children and even poorer when he was denied help with her burial expenses. Then, in 1753, a bunch of religious fanatics called "Ranters", dedicated to breaking up organized churches, targeted Epping to taunt Cutler and likely traumatized the congregation with "wild singing and dancing, screaming, bellowing and the ripping of their clothes." Three years later, the Search Committee found itself again busily at work searching for another minister after Mr. Cutler left town having been found guilty of extreme misconduct. This time the Committee greatly succeeded when Josiah Stearns, esteemed minister and American patriot, agreed to come to Epping from Billerica, Massachusetts in 1758, to devotedly serve and guide the Church and all its people for many years thereafter, including through the Revolutionary War.

And during all this time, Jonathan Norris, the prior owner of the land on which the Church stood, had never missed a chance to heckle and accuse the town fathers of having cheated him on the deal. For over twenty years he had loudly disrupted services in the Church, the one place where nobody even thought to hum, and had been jailed and heavily fined for refusing to pay his taxes to support the ministers. Finally, one cold night in 1770, a group of exasperated townsmen invaded his house, got him out of bed and whipped the now "old and long bearded" man.

But not only did the old boy survive, after healing up, he defiantly headed off to Court, identified each of his tormentors, sued, - and won his case. Vindicated at long last, Jonathan Norris, our "obstinate" Epping Quaker, may very well have continued his heckling whenever it suited him, until the day he died.

This is fourth in a series of historical Epping articles for this newsletter.

Text/Research: Madelyn Williamson

Next: REVOLUTIONARY TIMES – REV.

JOSIAH STEARNS AND HIS SLAVE PETER

EPPING HISTORICAL SOCIETY INFORMATIONAL OPEN HOUSE

The Epping Historical Society invites the public to an Informational Open House on Wednesday, March 23, at 7:00 pm at the Society's building on Water Street in Epping. This free of charge event features a program of news and information about the Society, followed by a presentation about

former New Hampshire Governor William Plumer. A brief social with refreshments concludes the evening. In a snow emergency, the event moves to March 30.

Now in its 41st year, the Epping Historical Society seeks to preserve the heritage of Epping, NH, which was incorporated in 1741 by then Provincial Governor Benning Wentworth. The Society houses a rich and varied store of primary source documents, out-of-print historical books, and museum-quality artifacts from Epping's past. Many of these items will be on display during the open house.

This informational session presents a brief history of the Society, an overview of its By-Laws, a description of what can be found within its walls, and information about the Society's cemetery preservation efforts. Society representatives will explain what the Society can offer to individual citizens and to the community at large. The program also features an overview of the life of one of Epping's most famous sons, William Plumer. This 15-20 minute presentation seeks to highlight some of the notable events in the life of this acclaimed Epping citizen, who served in the U.S. Senate as well as two terms as Governor of New Hampshire.

The Society currently seeks volunteers to serve on its Board of Directors, and to help staff future programs. The Building Trustees hope to find volunteers who can donate time to assist with building maintenance and upgrades. The Society's building originally housed an A&P Supermarket dating to 1923. The market moved to other quarters in the early 1950s and subsequent owners donated the structure to the Society in the 1970's.

Open on Monday mornings from 10:00–12:00 during the winter, or by appointment, you can visit or call the Society at (603)679-2944. Or, call Joy True at (603) 679-8855 for more information.



Epping Garden Club

The Epping Garden Club met on January 24, despite the bitter cold weather. Even though all of our gardens are covered over with several feet of dirty snow at this point in the year, our hearts and minds are full of ideas for the coming growing season. To kick off the Spring we are working on a "Clean Up Epping Day" tentatively scheduled for Saturday, April 23. We are hoping this event will become just one of several cooperative events between the Garden Club and the Epping Girl/Boy

Scouts in the future. Our plan this year is to clean up Mary Blair Park and the West Epping Cemetery in honor of Earth Day 2011. We'll provide more information soon!

Another project that we are currently working on is growing vegetable and flower seedlings for our annual Memorial Day Plant Sale outside the Epping Library, as well as extras to donate to the Epping Recreation Department so that they can start a community garden. Anyone who has more seedlings than they need this spring and wishes to donate some may contact the club at EppingGardenClub@gmail.com.

Once we have seedlings to plant, we'll be holding an all out Spring Planting Day on Saturday, May 21. Even if you don't want to officially join the Club, you're welcome to bring a spade or a shovel and help beautify Epping.

The most exciting project that we are in the very earliest stages of planning is a Yard Sale sometime in June. Keep reading the Speak Up, Epping! Newsletter for updates!

The Epping Garden Club meets the LAST MONDAY of each month at 7:30 pm at the Library.

Everyone is welcome! **No gardening experience or knowledge is needed** – just a desire to dig in the "dirt"!

Submitted by Mary-Jo Hinkle, President, EGC



Leddy Center

Here's a sneak peek at the great shows coming to the Leddy Center for the 2011 season. Charlotte Bronte's masterpiece "Jane Eyre" will be on stage April 1 through April 10. Mary Gatchell in concert will be coming on May 13 and October 14. Meredith Wilson's famous Broadway Musical "The Music Man" will be on stage in July and in October/November, "Cinderella", Roger and Hammerstein's Broadway Musical for the whole family. For a wonderful early Christmas present, December will bring Gian Carlo Menotti's beautiful Amahl and the Night Visitors and O'Henry's classic The Gift of the Magi.

A full subscription series is available!!! One ticket for every show and concert (six) - Pick your favorite seat for \$96.

A partial subscription series is also available!!! One ticket for any four shows or concerts (four) - Pick your favorite seat for \$66.

Individual tickets are \$18.

Gift certificates are available in any amount, for any show or for a specific show or concert. Call Leddy Center box office at 603-679-2781, from

3:00 to 5:00 pm, Monday through Friday, or go on line to purchase tickets at www.leddycenter.org

Open Letter to the People of Epping from the Epping Dump Kitties

Hi, this is Dudley. You may have seen me sitting in a puddle of sunshine in the third bay of the garage at the Transfer Station. I'm the great big handsome orange cat with the big gold eyes! My family (known as the Epping Dump Kitties) asked me to write an article for the Speak Up, Epping! Newsletter – with a little help typing it up from our “Auntie”.

We just want to thank everyone in Epping that has been helping to keep us warm and fed for the past few years. We work very hard to keep the yummy rodent population here at the dump under control without dangerous chemicals but every now and then the little critters are hard to find – especially when it's really cold outside. That's when we especially appreciate all the dry kibbles and the occasional can of wet cat food you leave for us at the dump. Other times, especially in the summer when we can spend all day and part of the night hunting, we just need a little food and lots of fresh water to keep us going strong

We really love the snuggly spot the Transfer Station employees and our regular visitors have made for us. The blankets, dog houses, kitty condos and big blue tarp have turned what used to be a big cold space into a snuggly home for us. Even in all the bitter cold and snow we've had this winter we've been very snuggly!

You may wonder where we came from, but the truth is while some of us (like me) were born here at the dump, my Mom started out as a housecat but got dropped off here when her owner discovered she was pregnant. Luckily for us our Auntie took us to the doctor's a few years ago (what a harrowing experience that was!) to get all our shots and big boy/big girl operations.

Now we have a nice stable family of nine grown up cats that are all happy and healthy and very willing to do our part to lower the cost of running the Transfer Station. In return all we ask is that you continue to donate any dry food or (even leftover) canned wet food you may have and check to make sure we have fresh water whenever you stop by. You can leave it in the third bay of the dump garage (by the big blue tarp) or even at the Swap Shop – we have a couple of very sweet “Uncles” in there that help us out all the time, too.

We're much more scared of you than you should

be of us so while you should never let kids try to pet us, they can come visit too. Just call out “hello” when you approach our home and slowly move the tarp aside – and be sure to put it back well to block the cold air. You may never see us, but we'll be watching and sending you lots of love back.

From Dudley, Big Mama, Little Girl and the rest of the EDK



ETV Schedule

Channel 22 - ETV - Schedule - live programs

Monday – March 7 & 21 and April 4 & 18 at 7 pm - Selectmen

Tuesday – March 1 & April 5 - Water & Sewer - 7 pm

Tuesday – March 29 & April 26 – Fire Wards - 7 pm

Wednesday – March 3 – Candidates Night - 7 pm

Thursday – March 3 & 17 and April 7 & 21 - School Board - 7 pm

Thursday – March 24 & April 28 - Planning Board - 6 pm

Friday – March 18 & April 15 – Civil War Roundtable at 7 pm

Studio E Roundtable with Town Administrator Dean Shankle:

Monday, Tues & Wednesday - 6 pm

Friday & Saturday - 12 pm

Monday Meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday Meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience by going to <http://etv22@pegcentral.com> They are usually available the day following their "live" broadcast.



Scouting Around Epping

Cub Scout Pack 136

Blue and Gold Banquet

What a great celebration and huge Success... Congratulations to our Arrow of Light recipients: David Cardin, Seth George and Ryan Sylvain. The whole Pack celebrated these Scouts in style by turning back the clock and highlighting different time eras and bringing them to life! Thank you to all who volunteered and made this event happen!

March Event

Get ready to Race...The coveted Pinewood Derby is scheduled for Saturday, March 19th at 9 am at the Epping Middle School. The boys are hard at work on their derby cars, getting ready to go head to head with the rest of the Pack in hopes of getting their name on the trophy and competing at District.

April Event

Higgins Armory Overnight on April 29th. Let us take you back to medieval times and spend the night at the Higgins Armory where we will feast like Knights and learn all about Knighthood.

Interested in Scouting? About Scouting:

Scouting is organized into Dens by age groups. 1st grade, Tiger Cubs; 2nd grade, Wolf; 3rd grade, Bears; 4th grade, 1st year Webelos; and 5th grade, 2nd year Webelos.

The Pack consists of Dens and their families. Pack 136 meets monthly, usually on the third Wednesday of every month at 6:30 pm at the Epping Middle School. Pack meetings are filled with fun and they're a way to celebrate Scouting, promote family sense of community and reward the boys for their hard work.

Wow! Cub Scout Pack 136 has grown by leaps and bounds this year. We have lots of new Scouts joining our ranks, which is so wonderful. Don't miss out, come adventure with us!

SCOUTING = FUN, Don't miss out!

We are looking forward to lots more fun events. Some examples of things we plan to do this school year are: *Pinewood Derby Race, *Rain Gutter Regatta Race. *Higgins Armory for a fun sleepover

where we learn about Knighthood, *Fisher Cats game and camping overnight on the field.

It's going to be an incredible year of Scouting. The boys are all working hard on their badges for the year. Thank you to the Epping Community for all of your support.

Come join us at one of our upcoming pack meetings:

- March Pack Meeting: Wednesday, March 16, at 6:30 pm at the Epping Middle School
- April Pack Meeting: Wednesday, April 20, at 6:30 pm at the Epping Middle School

If you can't make one of our meetings but would like more information on joining scouts, please contact our Cubmaster Craig Clough at cclough154@comcast.net or 603-734-2124.

Join us on Facebook and keep track of the Pack
<http://m.facebook.com/group.php?gid=199059685109&fbfbb=r6c4d2187&refid=46>

Boy Scout Troop 136

Troop 136 has been very active over the past month. The Troop participated in two outdoor winter events in February. The annual Klondike Derby was held at Zion Camp in Raymond on February 5th. The young Epping Troop competed as a patrol in various outdoor skills events, placing **1st** in the First Aid competition amongst roughly 18 other patrols. The Troop distinguished itself by contributing senior level Scouts to help staff the different skill stations. The Scouts also had their Polar Bear weekend on February 11-13th at Zion Camp. This event taught the Scouts additional winter survival skills such as emergency shelter construction and ice fishing. The Cub Scouts from Pack 136 joined the Troop on Saturday for a day of fun, with the second year Webelo Scouts spending the night in cabins.

Epping has two new EAGLE Scouts! Danny Begin and Haydn Reese both passed their Eagle Board of Review and will be presented with Eagle advancement at a ceremony soon. Thanks to all in the community who supported them in their fundraising and Eagle projects.

The Troop completed the annual re-chartering process and would like to thank the partner/sponsor, Epping Community Church, for their continued support of Troop 136.

Community Calendars are circulating throughout Epping. The Troop encourages each family to get a free calendar and patronize the sponsors listed as a way of thanking those businesses for supporting Scouting and our community.

The Troop administrative committee filled vacant positions this past month. Cliff Cray has filled the

positions of Advancement Chair and Fundraising Chair. Mike Morosco accepted the position of Awards Chair, and Les Houston was nominated to serve as Committee Chair. They join Transportation Chair Brian Bacon and Hospitality Chair Karen Ouellette. The Committee would like to thank the adult Scout Leaders Patty Begin, Rob Porter and Rob Sullivan for their hours of dedicated service. It is their leadership and guidance that helps to develop the Scouts into future leaders.



Explorer Post 716 and the Epping Fire Department

We have a certified infant seat installation instructor. Call 679-5546 and make an appointment to have your infant seat installation inspected.

The winter heating season is upon us. Please be sure your chimney has been cleaned before using a wood stove and it is always a good idea to have your furnace cleaned and checked by a certified service technician.

Explorer Post 716

The Explorer Post is looking for new members. We are co-ed and open to all youth ages 14 to 20. Call 679-5546 and leave a message for Firefighter Desoto or Captain Cray or call 396-9436.

Police Explorer Post 714

Youth 14 and older may also join the Police Explorer post by calling 679-5122.

American Legion News

Monthly Breakfast Buffet! Monthly breakfasts will be held Sunday March 13th and Sunday April 10th. Come enjoy a hot Breakfast Buffet! Eggs, Bacon, Sausage, Toast, French Toast Sticks, Coffee, Potatoes all piping hot and ready to be enjoyed. Bring your newspaper and your appetite! The Buffet is \$6.00 a plate and worth every penny!

The Civil War Roundtable of NH

The Civil War Roundtable of New Hampshire will meet on March 18, 2011, with Dr. Rick Schubart, professor at Philips Exeter Academy, who'll talk about Lincoln's Visit to New Hampshire in 1860. Lincoln's only visit to the Granite State occurred in early March, 1860, right after his famous speech at Cooper Union in New York. He came to New Hampshire to not only visit his son

Robert, who was attending Philips Exeter, but to get his name and face out there for the coming election.

The April 15, 2011 meeting will feature a return of Pennsylvania author/historian Scott L. Mingus, who'll discuss his book "Louisiana Tigers at Gettysburg." Mr. Mingus is an expert on Gettysburg and this meeting promises to be a great talk. The Louisiana Tigers were prominent on Day Two of Gettysburg at East Cemetery Hill.

Our meetings begin at 7:15 pm at the Epping Town Hall. Doors open at 6:45 pm. We are free and open to the public. For more information, please go to www.cwrt-nh.org

Submitted by William Hallett

Epping Community Church

We are delighted to welcome visitors and new residents of Epping. You are always invited and welcome at Epping Community Church, located at the corner of Route 27 and Main Street in Epping. Our Sunday worship is at 9:00 am with a time of fellowship following the worship service. The adult book study is at 10:30 am and Children's Sunday School from 11:00 am to 11:45 am.

We're quickly approaching an important period of the year for the church. At ECC, we will be observing services that mark significant events in the life of the Christian community. We will hold worship services of special emphasis for Ash Wednesday, Palm Sunday, Maundy Thursday and Easter. Following are dates and times of the worship services.

Ash Wednesday, March 9, 2011 – 7:00 pm

Ash Wednesday is the first day of Lent signifying a period of 40 days (not counting Sundays) inviting God's people to a time of reflection, self examination, repentance, remembering our own humanity and propensity to separate ourselves from God through sin. The service provides opportunity for the marking of the palm or the forehead with ashes in the sign of the cross.

Palm Sunday, April 17, 2011 – 9:00 am

Palm Sunday grants us opportunity to remember Jesus' triumphal entry into Jerusalem (the Gospel of Luke 19:28-38) to the cheers of the crowd and the jeers of his enemies in the shadows watching nearby. It is a time of joy and of sadness, marked with Palm fronds given to those who attend and a glance forward to the Passion of Jesus crucifixion. Join us as we too worship in the spirit of "blessed is He who comes in the name of the Lord. Peace in heaven, and glory in the highest!"

Maundy Thursday, April 21, 2011

Our Maundy Thursday service takes opportunity to remember Jesus commands us to love one another in humility by serving one another and remembering his gift to us. We will gather for communion as we remember the Covenant God established through His Son, Jesus Christ. We then look to the events of Friday and the hope beyond in Resurrection.

Easter Sunday, April 24, 2011

Every Sunday morning is Resurrection Sunday, celebrating and worshipping the Risen Lord. But on this occasion we join all others in Christian Community in celebrating and declaring, "He is Risen! He is risen indeed!" Come and join us in declaring the Good News through hymns, songs of praise, scripture, message and worship in Community

NEW BOOK STUDY FOR ADULTS

The pastor is leading a book study during the Sunday School for the adults. The title of the book is Forgotten God –Reversing Our Tragic Neglect of the Holy Spirit. Written by Francis Chan, the author states, "It doesn't make sense that Almighty God would have children characterized by fear and insecurity. He put His Spirit in us so we could be known for our power. Sadly, most believers and churches are known for talent or intellect rather than supernatural power. What's worse is that we're okay with it." The study provides an opportunity for discussion and personal reflection on God's work and will in our lives.

The book is available at most Christian bookstores, as well as Barnes and Noble and online through booksellers. You are invited to join us anytime for the study and dialogue. Purchase your book and come join in the study at 10:30 am following morning worship.

NEW PRAISE BAND

A new praise band has formed for the worship service. Currently playing as part of the worship two times monthly, the praise band is comprised of Mike Young, saxophone, Ron Ronsavalli, electric guitar, Kevin Murphy, acoustic guitar, and Wayne VanGundy, keyboard. A blend of blues and country, the new praise band has brought a new dimension to our praise music and worship experience. Eventually, the praise band will play for a new worship service to begin sometime in 2011.

BUILDING PROGRAM

With the downturn in the economic climate the past two years, many have been wondering what's happening with the new building addition. The Lord

has been good! He continues to bless in the areas of fundraising, but we have had to exercise perseverance, patience, and prayer. We all wanted the building to come fast, but the Lord knows best and His timing is always right. We are now expecting the new addition to move ahead in 2011. The congregation has raised over a quarter million dollars for the project. Many from the community and church have been involved in fundraising, planning, and offering talents and abilities toward the project. This truly has been a walk of faith and God's will and direction will prevail. Praise the Lord!

FOOD PANTRY

The food pantry is very busy on Thursday and Saturday mornings, filling the needs of our community, and has been busier this year than at any time before in its history.

We could not have done it without a very dedicated group of individuals in the church and from the community. We are grateful to St. Joseph's Roman Catholic church for their support, Wal-Mart, Starbucks, Hannaford's, students and teachers from the Epping Schools, the Boy Scouts, Postal Service, and all others for the donations of food items and organized food drive efforts.

For those who can help - we are always in need of non-perishable food items for the "Pantry". The need is very great in our community!

Hours of Operation

Thursday Mornings 9:00 a.m. - 11:00 a.m.

Saturday Mornings 9:00 a.m. - 11:00 a.m.

COATS OF CARING

We have been giving coats, sweaters, mittens, and scarves to those in need. These are donated by citizens in our community and members of the church to be given to those in need. The "Coats of Caring" is open for anyone who needs a winter coat. We do not charge for any of the items. We are currently in need of replenishing the many items we have given away. If you have coats, sweaters, scarves, mittens, gloves, and other winter outer wear, we need your donations. The church is open on Thursdays from 9:00 am to 12:30 pm, Saturdays 9:00 am to 11:00 am, and on Sundays from 8:00 am to 12:00 pm. Bring your items at any of those times. Other drop off times may be arranged by calling 679-5542. Please leave a message and someone will return your call.

Months and Hours of Operation

Mid-October—March

Thursday Mornings 9:00—10:00 am

Saturday Mornings 9:00—10:00 am

THURSDAY SOUP OF THE DAY CAFÉ

The Soup of the Day Café provides a warm lunch and opportunity for fellowship around the table. There are generally two soup types available and always homemade from some of the best recipes around.

Hours of Operation

Thursdays 11:00 am —12: 30 pm

TELEPHONE CARE

The design of the program is to provide a daily contact for those who find it comforting to know that once in the morning Monday through Friday an individual from the church will call to check and see that things are okay and the day has started.

Whether for an aging parent, a home alone elder, a shut-in or any other need, TELEPHONE CARE provides comfort and assurance knowing that someone is calling to be sure you are okay. This program is provided all year long. If you are interested in having TELEPHONE CARE for yourself or someone you love, call 679-5542 and leave your name and telephone number where we may call you and talk further. There is no cost or fee associated with this program.

FRIDAY NIGHT PIZZA

Friday night pizza seems to be everyone's favorite on Friday evenings. Come and enjoy a large pizza with choice of toppings for \$8.00. Your purchases and contributions help support the work and ministry of Epping Community Church.

The Epping Community Church is continuing with its **Third Saturday Dinners** at the church. On March 19, we will be serving Corned Beef and Cabbage, Potatoes, Carrots, Turnip, Irish Soda Bread, Brownies and Ice Cream and Beverage. We will serve from 5 to 7 pm at a cost of \$8.00. On April 16, we will be serving our very popular "Pasta Buffet". Our menu includes: Clam Fettuccini, Macaroni and Cheese, Lasagna, Salad, Garlic Bread, Desserts and Beverage. Again the cost is \$8.00, serving from 5 to 7 pm.

Proceeds from the dinners will benefit the "Building Fund."

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)

Epping NH 03042

Office Telephone: 679-8805

Lent begins on Ash Wednesday, March 9th. We will have two Masses that day: one at 7:30 am and another at 7:00 pm.

Stations of the Cross will be on Fridays at 7:00

pm followed at 7:30 pm with Reflections on the Passion.

There will be a Lenten Bible Study Ann Ryan on Mondays during Lent either after the 9:00 am morning Mass or at 7:00 pm. Please call the Rectory office at 679-8805 if you would like to attend. There is a nominal fee for the book that will be used.

At 7:00 pm Thursday, March 24, we will have a speaker: Sister Olga of the Eucharist who will speak about Mary.

On **Palm Sunday**, April 17, we will have a Parish Penance Service at 2:00 pm.

Holy Week Schedule is:

Holy Thursday, April 21st - Mass at 7:00 pm followed by Adoration until Midnight

Good Friday, April 22nd – Noon to 2:45 pm Silent Reflection and Confession

3 pm Stations of the Cross

7 pm Good Friday Services/Veneration of the Cross

8:30 pm Divine Mercy Novena

Holy Saturday, April 23rd – 3 pm Divine Mercy Novena

There will no confessions today

8 pm Easter Vigil

Easter Sunday, April 24th – Masses at 7:30 am; 9:30 am; 11:30 am (There is no 6 pm Mass today), 12:30 pm Divine Mercy Novena

If you have any questions Please call the Rectory Office 679-8805 or check our website at: <http://stjosepheppingnh.com>

Epping Bible Baptist Church

We are a Bible based church located at 243 Pleasant Street.

Our **Sunday** schedule begins with free breakfast for all from 8:00-9:15 am.

We have Sunday School for all ages from 9:30-10:30 am.

Morning worship Service begins at 10:45 am.

We also have an informal evening service from 6:00-7:00 pm.

We offer a 3-year College Bible Course that takes place on **Monday** nights at the church beginning at 6:30 pm. You can find out more information about this amazing Bible Institute at www.faithbibleinstitute.com

Wednesday nights we have prayer meeting at the parsonage which starts at 7:00 pm.

Thursday nights we offer a small group for young adults located at The Porch (the old Leddy Center on Main Street) starting at 6:00 pm.

Friday night would be a great date night for you parents of kids ages 3-grade 6. We offer a program called AWANA starting at 7:00 pm at the church. This program includes age-appropriate games, Bible memorization and a Bible story time promoting positive behavior. It ends at 8:30 pm.

Our Food Pantry is open every second and third **Friday** of the month from 1:00 to 2:30 pm.

Saturdays we hold teen youth group at The Porch for grades 6-12 starting at 7:00 pm.

Our goal is to serve our community and surrounding communities in any way we can by showing the love of Christ. Please feel free to contact us at any time if we can be of assistance to you. pastorron@eppingbible.org

We have all our services online for your viewing. www.eppingbible.org Our Sunday morning services are also aired on ETV – channel 22.

Come and celebrate Easter with Epping Bible this year! We have a sunrise service at 6:00 am, followed by a free, full breakfast at 7:00 am. We have no Sunday School on Easter Sunday. Our morning service starts at 10:30 am and our evening service will be at 6:00 pm.



Harvey Mitchell Memorial Library

151 Main Street, Epping – right next door to Town Hall
(603) 679-5944

Have you checked out our beautiful new website? Thanks to the tireless efforts of Library Trustee Heather Clark, our website went “live” in February and is now the simplest way to get information about the library and the many services and programs we offer to the people of Epping. Go to www.eppinglibrary.com and see for yourself. Along with descriptions of library programs and listings of new acquisitions, you will find links to many useful websites including our online catalog and the New Hampshire Downloadable Audio Book site, where you can ‘borrow’ titles to download onto your computer or portable device. Speak to any library staff to get the ID number needed to access this great free service.

With tax season upon us we remind you that tax forms and instruction booklets are available at the library. Need an obscure form? Whatever we don’t have we can find for you online at irs.gov and print for 5 cents a page.

A special thank you must be made to staff member Debbie Allen and her family for adding

much-needed extra coat hooks in the children’s room, as well as hooks for staff coats in the kitchen. Thanks to daughter Christie for her creativity and husband Mitch for his skill with a drill!

The library is open Monday through Friday from 10 am to 8 pm and Saturdays from 10 am to 2 pm.

Coming Up in March and April:

For Adults:

Book Groups – please call 679-5944 for monthly book group selections. Multiple copies of each title are available at the main desk.

Eclectic Book Group: Meets the first Wednesday of each month at 7:00 pm

Dusty Ol’ Mystery Book Group: Meets the third Wednesday of each month at 7:00 pm for folks who prefer the classics.

Cinema 151: Come see a movie newly released to DVD for adults on our 9’ screen with stereo surround sound each month on the 4th Thursday at 7:45 pm.

March 24 “The Fighter”

April 28 “The King’s Speech”

Programs for Children:

Preschool Story Hour provides play time, songs, stories and crafts for children ages 2 – 6. There are currently three public Story Hour times: Wednesdays at 10:30, and Thursdays at 10:30 and 1:30. We have recently created a new Story Hour time for some of Epping’s Home Daycare Providers, joining the Mapletree Preschool three year olds on Tuesday mornings with hopes that it will reduce the crowds on the other mornings. Pre-registration is not required and younger siblings are always welcome.

Pajama Night: 2nd Friday each month at 6:30 pm
Wear your PJ’s and bring a snack to share to this fun family event for kids ages 2-8.

March 11th – PJ Movie Night featuring “**Megamind**” (Animated. Rated PG for language and some action)

Bring a spill proof drink and a snack to share. Pizza from the Epping Community Church provided by the Friends of the Library.

April 8th – Pajama Night – “Animals Where they Live” featuring The Story Explorers’ presentation of “The Mitten” and “The Umbrella”. Crafts and scavenger hunt following the show

Story Explorers:

This after school program for children in kindergarten, first grade and second grade meets on Tuesdays from 3:30 to 4:30 pm. There are three sessions during the year, each requiring pre-registration, as the class size is limited to 12. The winter session is currently working on a theatrical

presentation of two Jan Brett stories for April's Pajama Night. The spring session will begin on April 19th and run for 8 weeks in May and June, focusing on the art and science found in so many children's books. A snack is provided by gracious volunteers and parents are requested to remain in the building during class time. Call 679-5944 to register.

Vacation Movie Series:

During the week of April 25, the children's room becomes a cozy movie theater each afternoon at 1:00 pm. We will be showing "Tangled", "Tron", the next installment of the Chronicles of Narnia "Voyage of the Dawn Treader" and Part I of "Harry Potter and the Deathly Hallows" plus one other film not selected at print time. Thursday afternoon Story Hour will be cancelled during vacation week. Children attending the movies must be accompanied by a responsible big person and are encouraged to bring a spill-resistant drink and a snack to share.

Summer is coming...and with it comes this year's Summer Reading Program, "**One World, Many Stories**". This spring we are creating a crew of volunteers to help with the program. The "SRP Crew" will be involved with developing and monitoring Letterboxing hunts, assisting with preschool crafts, stocking SRP Store shelves and working on the weekly "Tell Your Story" night for middle and high school kids. Interested students (entering 6th grade and older) should contact Miss Tracie.

As summer approaches, we also want to remind you to save your gently used toys, games and outdoor equipment for the annual **Toy Sale** in June that raises funds to support the summer reading program. Watch for future details on collection dates and volunteer opportunities.

Friends of the Library

Thank you to the Friends for their continued support of the library, and in particular, their recent purchase of additional cleaning fluid for our DVD resurfacing machine. Hard as we try to remind patrons to handle our DVDs with care, many come back with scratches that accumulate quickly, making DVDs unplayable. Thanks to the Friends, we have a SkipDr that resurfaces discs, and when we ran out of the special fluid needed for the process, they cheerfully replenished our supply. We will continue to try and stretch each library dollar by extending the life of damaged DVDs. Thank you, Friends!

Remember, the Friends host an on-going Food Pantry Donation Box in support of Epping's Food Pantry. Non-perishable items are always welcome to help neighbors who may be struggling to make ends meet. The box is located near the front door on the main level of the library.

The Book Sale Room sponsored by the Friends is open again. Hardcover titles are 50 cents, paperbacks are 25 cents, DVDs are \$1.00 and VHS tapes are always free. The sale is 'open' any hour that the library is open. Though the door to the Book Sale Room may be closed to keep wandering toddlers out of trouble, you need only ask the staff person at the children's room desk to open it for you whenever you are in the mood to browse or shop.

F.O.L. meets the 2nd Monday each month at 7 pm. Thank you for supporting the Friends of the Library!

The Porch

The Porch is a non-denominational, not-for-profit, family oriented organization. We provide a safe place for kids to go after school and use computers, do their homework, play pool, watch TV or just hang out.

We are open Monday, Wednesday and Friday from 2:30 to 4:30 pm for anyone in Grades 6 – 12.

Tuesdays and Thursdays are for Grades 1 - 5. Hours are 3:00 to 5:00 pm.

Transportation is provided from the Elementary School to The Porch. Please e-mail eppinglighthouse@hotmail.com to request a form allowing your child to be picked up.

Everything at The Porch is free of charge. We provide snacks and drinks every day.

We also offer different services to the community, including after school tutoring and counseling for all ages. Please feel free to e-mail about any of our services. We are here to serve you!

Epping Recreation Department News

Home of the "River Otters" and "Avenue A."

Director: Nicole Bizzaro

17 Academy Street

Phone: 679-3301 Fax: 679-3006

rec@townofepping.com

eppingrecreation.org/avenueayouthcenter.org

Join us on Facebook and follow us on Twitter

The Recreation Department aims to provide the residents of Epping with a broad selection of recreational, educational, and cultural leisure

opportunities that will enhance the quality of life for all residents. We are always working to establish new programs and facilities that meet the community's changing needs.

Upcoming Events for EES Students

Brentwood Gymnastics

When: Wednesday March 2nd

Where: Brentwood Gymnastics

Cost: \$10 per youth.

Join the Epping Rec Elementary Program for a morning of running, jumping and tumbling at Brentwood Gymnastics. Youth will take part in organized activities and also enjoy open gym time! It's going to be a ton of fun and we hope you can join us!

"Rango" at Regal Cinemas in Newington

When: Friday March 4th

Where: Regal Cinemas in Newington

Cost: \$10 per youth.

"Rango" is about to hit theaters and the Epping Recreation 'River Otters are heading to the movies. Catch this lizard in action! For more information, contact the Epping Recreation Department today!

Upcoming Events for EMS Students

Bowling at Striker's East in Raymond

When: Tuesday March 1st at 12 pm

Where: Striker's East Raymond

Cost: \$11 for just the field trip (3 games, shoes & pizza), \$38 for a full day of rec and the field trip.

The Epping Recreation Middle School program is going bowling during winter break! Join us for a few games at Striker's East and some great pizza afterwards.

Roller Skating at Rollerskate Newington

Thursday March 3rd at 1 pm

Where: Rollerskate Newington

Cost: \$15 for just the field trip (3 hrs of skating and roller skate rentals), \$42 for the full day of rec. Join us for some roller skating in Newington. We'll be leaving on the recreation mini bus from Watson Academy at 1 pm.

Check Out Our NEW "Avenue A" program for Grades 5-8!

Our after school program for students grades 6-9 has made some exciting changes. Due to low enrollment in our past Middle School programs, we have decided to go in a new direction! We will now be opening up our "Avenue A" program to students in Grades 5-8! The new program offers structured daily activities from after-school until 5:30 pm. Whether you are looking for a fun activity for your pre-teen to participate in weekly, or childcare on specific days, we've got you

covered! The monthly schedule of activities allows you to choose only the days and activities your child wants to participate in, from 2:30-4:30 pm daily for only \$5 per day. If your child needs a safe and fun place to be after a school sport or activity, we offer an extended hour of "Open Rec." programming for only \$3 per day. During this hour, you child can "hang out" in our new "Game Room", complete with a foosball and pool table, safe tip dart board, large screen TV for movies and age appropriate Wii and Playstation games. Go to the Middle School Page on our website for more details. Registration and advanced payment is required **monthly** for this program.

No School Day Programs and Feb/March & April Vacation Week Programs for EES and EMS Students

We will be offering full-day Recreation programming on April 1, in addition to Full Day, Full Week programs during Feb./March Break - Feb. 28-March 4 and April 25-29 Break. Pricing is the same as last year, \$30/day or \$150 for the Full Week. Registration and payment for these days are **separate** from the Before-and-After School Program Registration for Spring 2011. Registration forms will be available to download on our web site under the Elementary and Middle School Pages, as well as at Watson Academy - Epping Recreation Center and at our Elementary School program site. Registrations will be available one month prior to the program dates, with enrollment deadlines stated on forms. It is **VERY** important that you register and pay for the days you plan to use by the registration deadline, so we can insure that we will have enough space for your child and staffing to cover the number of children signed up! These programs will be held at **Watson Academy**, for both Elementary and Middle school programs, unless otherwise stated.

Ongoing Programs

Adult Basketball and Volleyball

Want to play adult basketball or volleyball? Come join the Epping Recreation Department for some pick-up Co-Ed games in the EMS Gym.

Basketball on Wednesdays from 7:30 to 9:00 pm.

Volleyball on Sundays from 7:00 to 9:00 pm.

Cost of these programs is \$3 per night to cover the cost of staff and equipment needs.

Adult and Youth Individual Drawing Lessons

Sign up for Individual drawing lessons with Epping artist Analesa Harvey. The cost is \$20 for a 30-minute session of one on one instruction. Please call the Epping Recreation Department to

schedule a lesson.

Guitar Lessons at Watson Academy

For children, teens, and adults alike, taking guitar lessons at Epping Recreation is an affordable, enjoyable, and rewarding experience. Taught by highly recommended music instructor Joseph K. Murphy, lessons are designed to challenge and educate students while personalizing the curriculum to their musical tastes and needs.

Lessons are for Ages 8 – Adult.

Rates: \$20.00 for ½ hour or \$35.00 for 1 hour.

Contact: Joseph K. Murphy 603-608-8672

josephkmurphy@gmail.com

<http://rockandrollwithme.wordpress.com/>

Martial Arts Programs at EES (offered by Derry ATA)

Karate Classes

Grades K-8, Tuesdays (at Rec Dept) and Thursdays (at EES), 3:30-4:15 pm, \$65 per month

*SPECIAL: New students who sign up will receive TWO FREE WEEKS!

*All beginners receive a FREE uniform!

For more information or to sign your child up, please contact Mrs. DeNapoli at 603-434-9444 or

derryata@aol.com

Families First of the Seacoast

Families First brings Family Morning Out, 1-2-3 Magic and Keeping Cool programs to Epping. Families First Health and Support Center invites residents of Epping and nearby communities to attend these free programs for parents and families this March. All programs are free of charge.

Family Morning Out on Thursdays, weekly, except March 3, 9:30–11 am, Epping Rec Center. For children ages birth through 6 and their caregivers. The first half is family time, with play, song circle, creative activities, snack and story. In the second half, children have fun with our child care staff, while caregivers enjoy adult time. Facilitators: Susie Bright and Jodi Foster

1-2-3 MAGIC: MAKE IT WORK IN YOUR HOME on Tuesday, March 15, 8:15 - 9:30 am, Epping Head Start, 213 Main Street #B. For parents of kids ages 2-12. Stop the arguing, testing and fighting. Start the chores, responsibility and good behavior. Put yourself in the driver's seat. You will be happier, and so will your kids! Facilitator: Susie Bright.

KEEPING YOUR COOL: ANGER HELP FOR EVERYDAY PARENTING on Mondays, March 7-28, 6-7:30 pm, Epping Recreation Center. Learn ways to reduce and handle anger so you can be

the parent you want to be. Covers understanding how anger works, common and personal triggers, why kids “push our buttons,” and strategies to reduce outbursts. Free child care is included. Facilitator: John Battye, M.Ed.

Families First, the Seacoast's community health center, has been providing parent education for over 15 years and offers a wide range of classes and support groups as well as affordable health care. For more information, visit **www.FamiliesFirstSeacoast.org**.

Families First is partnering with the Family Assistance Network to offer these programs. Financial support comes from the NH Department of Health and Human Services, the Foundation for Seacoast Health, Exeter Hospital, the NH Children's Trust Fund, the Fuller Foundation, the Town of Exeter and Walmart Distribution Center (Raymond).



School District Website

Check out the new navigation item “What’s New” on the Epping School District website at www.sau14.org. “What’s New” was added to provide a summary of new additions to the district website with links to additional information. New information on the School District Report Card 2010, district Math Committee Report, Bullying Policy and Common Core State Standards can be found there

Epping Sponsors Child Find Program

The Epping School District will be sponsoring an area Child Find Program. The program is designed to screen children ages three through five that are suspected of having special learning disabilities that may interfere with later school progress. The screening is FREE and available to all families living in the town of Epping.

Children will be screened in the areas of learning, speech and language, fine and gross motor skills, hearing and vision. Results of the assessments will be available to parents at the time of the screening. All information will be kept confidential and will only be released to other professionals, i.e. school system or physician with parental consent.

The screening will take place on Saturday, March 12, 2011 (snow date 3/19/11) starting at 8:00 am, at the Epping SAU, 213 Main Street,.

Appointments are necessary. For more information or to make an appointment, please call Colleen Singleton at the Epping Preschool at 679-1732, between 9:00 am and 3:00 pm, Monday through Friday.

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board – Agenda and Minutes. Epping Television is also streaming meetings that can be watched on your computer at <http://etv.22.pegcentral.com>

- March 3 and 17
- April 7 and 21

Epping Elementary School (EES)

Kindergarten Registration

Epping Elementary School asks parents and guardians of children eligible to attend Epping Kindergarten to join school staff for a meal and registration program that will take place on Wednesday, March 16, from 6:00-7:30 pm, at the Epping Elementary School. The school currently offers a free half-day public Kindergarten program and two full day classes that charge tuition for the extra half day. All Epping children who will be five years old on or before September 30, 2011, may attend kindergarten at the school.

Parents and guardians should call 679-8018 to let the school know they intend to register a child for the 2011-2012 school year and whether they will be able to attend the registration session.

At the March 16th registration, parents will meet staff and other parents, complete the registration process and schedule children for screening, learn about the kindergarten program and take a tour of a kindergarten classroom. The school will serve pizza and healthy snacks for all who attend.

Parents and guardians are asked to bring a copy of their child's birth certificate and immunization records to the March 16th meeting. According to New Hampshire state law, children cannot enter school without these documents. Parents are urged to schedule appointments with their physicians for a health examination if they have not done so yet.

The March 16th meeting is for parents, guardians and the school staff so that there is time to explain the kindergarten program, answer questions and schedule screening appointments.

Children should not attend this meeting. They will be welcome at all other times.

Some Events on EES Schedule for March-April Feb 28 – March 4 No School – Winter Vacation

March 7 Classes resume

March 7 PTO Meeting at 7:00 pm in the EES Art Room. There will be free babysitting available in the Library.

March 8 Grade 3 Field Trip to opera "Hansel and Gretel" 8:45 am to 2:15 pm

March 16 Grade 2 Field Trip to the New England Aquarium 8:45 am to 2:30 pm

March 16 Kindergarten Registration

March 23 Music in the Schools Concert/ Tempo Dinner Grades 4 and 5 bands, EMS and EHS bands Dinner at 5:30, Concert from 6:30 to 8:30 pm

April 1 Teacher Professional Development Day –
No School for Students

April 4 PTO Meeting at 7:00 pm in the EES Art Room. There will be free babysitting available in the Library.

April 25 – 29 No School – Spring Vacation

Epping Middle School (EMS)

Fisher Cats reading challenge -Epping Middle School students are participating in the Fisher Cats reading challenge. Fungo the Fisher Cats mascot came to last week's Pride Assembly to help kick off the challenge. The students are challenged to read five books by April 10th and complete the form the language arts teachers have. We will mail the forms into the Fisher Cats organization and each student that participates will receive two tickets to a Fisher Cats game. We have a bus that takes us to the game and returns to the school after the game. Last year we had over 40 students receive tickets.

This year the school with the highest percentage of participation will receive \$3000. If you have any questions, please contact Thelma Thompson thompson@sau14.org or by calling 679-2544 ext. 242

Assembly - On March 17, Holocaust survivor Thomas Weiss Haus will address the student body. It is only in recent years that he shares his moving account as a survivor from Hungary. According to Thomas, his survival was due to mere chance aided by courageous women-his mother and his aunt. He was eventually rescued by Raoul Wallenberg, the Swedish diplomat who saved thousands. Thomas just published his book "Not A Victim: Tales of Survival in Nazi Budapest". It is a first-hand account of his experiences as a teenager during the Nazi occupation in 1944-1945.

American Cancer Society's Daffodil Days - Students are working in conjunction with The American Cancer Society on their annual Daffodil Days campaign. Place your order today for a fresh bouquet of ten daffodils for \$10, Bear and a Bunch which includes Liv N. Hope, the ten-inch collectible 2010 Boyds bear with a daffodil bouquet for a donation of \$10, potted daffodil bulbs have three multi-stem bulbs in a pot for \$15, Gifts of Hope which provide bouquets anonymously to cancer patients in our community, and Bear Hugs for Hope which provide Daffodil Days bears anonymously to children impacted by cancer. For more information or an order form please contact Pat Weisberg pweisberg@sau14.org or call 679-2544 ext 263.

Pride Assembly -Recently we held a Pride Assembly to recognize students for Guiding Principle #5 – “Be truthful; communicate honestly”; and Guiding Principle #6 – “Be respectful and accountable for your choices”. Those receiving certificates for Guiding Principle #5 were: Shawn Andrews from the Panthers Team, Taylor Limoli from the Wildcats Team, Brad George from the Ravens Team, Evan Silva from the Chargers Team and Sarah Cammett from the Unified Arts Team. Those receiving certificates for Guiding Principle #6 were: Devyn Simard from the Panthers Team, David Morasco from the Wildcats Team, Deanna McCullen from the Ravens Team, Rachel Stone from the Chargers Team and Alex Hackett from the Unified Arts Team. Congratulations to all.

Nice Moves were also recognized at the Pride Celebration for those students who did “Nice Moves” for classmates, teachers or staff. Students are given tickets when they are observed doing something special and names are randomly drawn from those tickets. Those students receiving free snack or free ice cream tickets include: Justin Bacon, Seth Bolduc, Brandon DeMarais, Shawn Gaffney, Brandi McKay, Lyndsee Moreau, Payton Perdue, Trevor Robbins, Andrew Vensel and Colby Wilson. Congratulations for jobs well done!

UNICEF - At our recent Pride Assembly the following students were recognized with certificates for their valuable contributions to UNICEF: Jeremy Barbosa, Sarah Clements, Amanda Cole, Brooke Hall, Spencer Holt, Ethan Illsley, Jennifer Jarosz, Rachel Kaplan, Adrianna Lamparelli, Kayla LaRoche, Tina Le, Morgan Pease, Evan Silva, Casey Sturzo and Alexis Wulff. Congratulations for all of your hard work!

The Scholastic Art Awards of New Hampshire
The following 8th grade students have had artwork

selected to represent Epping Middle School for The Scholastic Art Awards of New Hampshire, Administered by The New Hampshire Art Educators' Association, a Regional Affiliate of the Alliance for Young Artists and Writers, Inc. Congratulations to: Spencer Holt, Adrianna Lamparelli, Jennifer Jarosz (2), Rachel Stone (2), Brooke Hall, Joseph Parsons, Kayla LaRoche, Sarah Clements, Megan Mission (2), Jannet Desvira, Amanda Cole, John Paul DiFrancesco, Tina Le and Jamie Craig. The following 8th grade students have had artwork recognized for The 2011 Scholastic Art Awards of New Hampshire, Administered by The New Hampshire Art Educators' Association, A Regional Affiliate of the Alliance for Young Artists and Writers, Inc.: Adrianna Lamparelli, Gold; Jamie Craig, Silver; Jennifer Jarosz, Silver; Megan Mission, Silver; Sarah Clements, Honorable Mention; Kayla LaRoche, Honorable Mention; Tina Le, Honorable Mention; Joseph Parsons, Honorable Mention; Amanda Cole, Recognition, Jannet Desvira, Recognition; John Paul DiFrancesco, Recognition; Brook Hall, Recognition; Spencer Holt, Recognition; and Rachel Stone, Recognition. Congratulations for a job well done!

EMS 2011 Spelling Bee -The following students were recognized at our recent Pride Assembly for participating in the EMS 2011 Spelling Bee: Jamie Craig, Erin Daley, John Paul DiFrancesco, Nicole Dollard, Ryen Gallagher, Alex Hackett, Sophie Jordan, Kayla MacLeod, Madeline Marchisio, Cameron Osgood, Sabrina Patterson, Trevor Robbins, Garrett Snyder and Colby Wilson. The winner of the spelling bee was Rachel Kaplan and the word she spelled correctly was beige. Congratulations to all – you make us proud!

Friday Night Frenzie - Mark your calendar for our Friday Night Frenzie which will be held on May 6th starting at 6:30 pm. There will be lots of fun games for the entire family. More details to follow!

Epping Middle School Pride Honor Roll for Quarter 2

2010-2011 School Year


Highest Honors in Learning

The Panthers Team - Carson Lustenberger and from **The Wildcats Team** - Emily Colban, Alexander Johnson, Sophie Jordan and Sophia Randall and from the **Ravens Team** – Hanna Chomas and from the **The Chargers Team** - Jeremy Barbosa, Sarah Clements and Spencer Holt.

Highest Honors in Work Habits/Effort

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Save these pages for future reference

Epping Calendar of Events for March 2011

Date	Event
Feb 28 - March 4	NO SCHOOL – WINTER VACATION
March 1	Rec Dept Trip for Bowling at Striker's in Raymond for EMS students
March 2	Rec Dept Trip to Brentwood Gymnastics for EES students
March 2	Eclectic Book Group at the Library 7 pm
March 3	Epping School Board meeting 7 pm in Epping Town Hall
March 3	Rec Dept Trip for Roller Skating at Rollerskate Newington for EMS students
March 3	Candidate's Night at Town Hall 7:00 pm
March 3	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 4	Rec Dept Trip to "Rango" at Regal Cinemas in Newington for EES students
March 5	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 7	EES PTO meeting 7:00 pm in EES Art Room
March 8	VOTE! Epping Election Day 8 am to 7 pm EMS Gym
March 8	EES Grade 3 Field Trip to opera "Hansel and Gretel" 8:45 am to 2:15 pm
March 9	Friends of Epping Recreation 6 pm Watson Academy
March 10	Epping Seniors meeting at Watson Academy 1 pm
March 10	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 11	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
March 11	Pajama Night at the Library 6:30 for kids 2 to 8 "Megamind"
March 12	Child Find - 8 am at Epping SAU, 213 Main Street Snow date: March 19
March 12	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 13	American Legion Post 51 Sunday breakfast 9:00-11:30 am
March 14	Friends of the Library at 7 pm
March 16	Kindergarten Registration and Supper 6:00 to 7:30 pm
March 16	EES Grade 2 Field trip to New England Aquarium 8:45 to 2:30 pm
March 16	Dusty Ol' Mystery Book Group 7 pm at the Library
March 17	EMS Assembly with Thomas Weisshaus, Holocaust Survivor
March 17	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 17	Epping School Board meeting 7 pm in Epping Town Hall
March 18	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
March 18	Civil War Roundtable of NH meeting at 7:15 pm in Town Hall
March 19	Cub Scout Pinewood Derby 9 am at EMS
March 19	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 19	Epping Community Church Dinner from 5 to 7 pm "Corned Beef and Cabbage"
March 19	Holy Grail 5K Road Race
March 21	Library Board of Trustees Meeting 7:15 pm
March 23	Friends of Epping Recreation 6 pm Watson Academy
March 23	Historical Society Informational Meeting 7 pm Snow date: March 30
March 23	Music in the Schools Concert/TEMPO dinner 5:30 – 8:30 pm
March 24	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 24	Cinema 151 at the Library at 7:45 pm "The Fighter"
March 26	Epping Community Church Food Pantry and Coats of Caring 9–11 am
March 28	Epping Garden Club meeting at 7:30 pm in the Library
March 29	Epping Lions Club meeting 6:30 pm in EHS Media Center
March 29	Cub Scout Higgins Armory Overnight
March 30	Epping Community Church Food Pantry and Coats of Caring 9–11 am

Epping Calendar of Events for April 2011

Date	Event
April 1	NO SCHOOL Teacher Professional Day
April 1 - 10	"Jane Eyre" at the Leddy Center
April 2	Epping Community Church Food Pantry
April 4	EES PTO meeting 7:00 pm in EES Art Room
April 6	Eclectic Book Group at the Library 7 pm
April 7	Epping Community Church Food Pantry
April 7	Epping School Board meeting 7 pm in Epping Town Hall
April 8	Pajama Night at the Library 6:30 for kids 2 to 8 "Story Explorers' Presentation"
April 8	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
April 9	Epping Community Church Food Pantry
April 9	Epping Seniors Yard Sale 8 am to 2 pm
April 10	American Legion Post 51 Sunday breakfast 9:00-11:30 am
April 11	Friends of the Library at 7 pm
April 13	Friends of Epping Recreation 6 pm Watson Academy
April 14	Epping Community Church Food Pantry
April 14	Epping Seniors meeting at Watson Academy 1 pm
April 15	Civil War Roundtable of NH meeting at 7:15 pm in Town Hall
April 15	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
April 16	Epping Community Church Food Pantry
April 16	Epping Community Church Dinner from 5 to 7 pm "Pasta Buffet"
April 18	Library Board of Trustees Meeting 7:15 pm
April 20	Dusty Ol' Mystery Book Group 7 pm at the Library
April 21	Epping School Board meeting 7 pm in Epping Town Hall
April 21	Epping Community Church Food Pantry
April 23	Epping Community Church Food Pantry
April 25	Epping Garden Club meeting at 7:30 pm in the Library
April 25	DEADLINE DATE for the May-June issue of the Newsletter
April 25 - 29	NO SCHOOL – SPRING VACATION
April 25 - 29	School Vacation Week Movies at the Library every afternoon at 1 pm
April 26	Epping Lions Club meeting 6:30 pm in EHS Media Center
April 27	Friends of Epping Recreation 6 pm Watson Academy
April 28	Cinema 151 at 7:45 pm at the Library "The King's Speech"
April 28	Epping Community Church Food Pantry
April 30	Epping Community Church Food Pantry
April 30	Annual Lamprey River Canoe Race

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at speakupepping@gmail.com by **April 25, 2011**. Please include the date, event name, location and time.