



Speak Up, Epping! Newsletter

Volume 4, Issue 1

Epping, New Hampshire

January, February '11

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.SpeakUpEpping.org.

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.org Each new issue of the Newsletter will be available by downloading it from the website. You will also find late breaking news, past Newsletters, town links, calendars and all our ads with links to our advertisers' websites and spotlights on several of our businesses.

Help Support Our Troops All Year Long

If you or a friend or relative has a son or daughter in the armed forces we would like to know. Please give the person's name to Joyce at the Town Clerk's office. If you do not want the name publicized, let us know.

Troop flights returning from or going to the Middle East are met at Pease Air Terminal in Portsmouth, NH, by the Pease Greeters, a group of volunteers. The group has over 100 members and they have not missed greeting a flight since 2005. In addition to greeting flights, they also coordinate sending care packages to troops overseas. Packages are sent monthly and items are collected throughout the year.

You can drop anything from the following list to Joyce at the Town Hall or contact JoAnne Schottler at 772-8620 jscatlady@aol.com

Pease Greeters Care Package Wish List

Toiletry items - 8 oz or travel size. No aerosol cans

Chapsticks	Eye Drops	Flip Flops
Hand lotion	Shampoo	White socks mid-calf
Deodorant	Inner soles	Shave gel in tubes
Tylenol	Foot powder	Sanitary items
Aspirin	Conditioner	Mouthwash
Dental Floss	Handi Wipes	Handwarmers, etc.

Food items-individually packed to share

Cookies	Coffee-1lb	Dried Fruit
Nuts	Gum	Tootsie Pops, Rolls
Trail mix	Beef Jerky	Granola Bars
Pop-tarts	Hard Candy	Freeze Pops
Microwave popcorn		Slim Jims
Crystal Light, etc. - on the go drink mixes		

Fun stuff for the Troops

Frisbees	Yo-Yos
Dice	Playing cards
Baseballs	Small Nerf Balls
Rubik Cubes	Small card games

Items that cannot be sent

Any food containing pork
Adult books or magazines

Another way to support our troops

Donate your old cell phone. More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone and provide these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

The phones we turn in are sold and the money used to buy calling cards. As an example of how much phone calls mean to troops and their families, here is a letter from a hero's wife:

I just wanted to take a minute and "thank you" for this wonderful program. My husband is in Afghanistan, and the calling cards have been a blessing! His base has been attacked several times, which leaves us at home with constant worry. It is so wonderful to hear my husband's voice each time he calls. It's the little things in life we take for granted. I would appreciate it if you

could pass this email on to all the wonderful sponsors and behind the scenes people. I am very grateful for all the wonderful people like you that care enough to help! Sincerely, Dianna Zitzow

If you have any questions or want more information about how you can help the troops, contact Joyce in the Town Clerk's Office at the Epping Town Hall or call 679-5441 ext 101.

HELP - Knitters Still Needed!

A message for those knitters out there: we are now collecting soft knit hats/caps for Cancer patients to wear while in the hospital to keep warm. Use your own pattern or see Joyce at the Town Hall for a real easy free pattern or contact her at 679-5441 ext 101. Drop off at the Town Hall, too.



Epping Lions Club "We Serve"

Lions Club members are men and women who strive to make a difference in their local community as well as communities worldwide. Traditionally Lions focus on eyesight and hearing aid, but we also address unmet health and education needs in our community. We meet monthly at the High School in the media center, the fourth Tuesday of the month at 6:30pm. Please call one of our members below for more information. We'd love to have you join us!

The Lions have been very busy this winter. Our 2nd Annual Gas Card raffle winners were drawn on December 28th. The grand prize winner won a \$300 gas card, and there were 3 additional prizes of \$50 gas cards. On December 8th we had a table at the Walmart Wellness Fair. What a wonderful turnout of community organizations! The Lions have also begun eye testing in the Epping schools, and several members have been trained on the eye-testing equipment. In addition, the Lions have participated in several community events, including old eyeglass collections and gift cards for Epping families. We also have plans for a food drive in March.

For more information on becoming a Lion, please call or email any of our officers:

Pam Tibbetts, President

lampreygirl@hotmail.com.....679-5572

Steve Colby, Vice President (& website)

stevecolby57@gmail.com.....679-2823

Colleen Palmer, Secretary

colleenmariepalmer@hotmail.com.....679-3554

Jen Adams, Treasurer

jenadams24@comcast.net.....679-8927

Bob Jordan, Vision Chairman

skidoo4us2@gmail.com.....679-5087

Deb Brooks, Eye-glass Collector

lexusreina@comcast.net.....679-5407

Senior Moments

We are happy to welcome some new members in the new year. We know they will enjoy the interesting and educational programs, as well as the many trips (including lunch), that we enjoy.

Our next big trip in April, is to the Indian Head Resort for a two night stay. They have a wonderful program planned, including a mystery dinner, AND the price is unbelievable.

Now, the best way to think Spring is to mark your calendar (in pencil) for our annual Yard Sale. You know it's always in April, but we haven't set the actual Saturday yet. If you read the next issue of the Epping Newsletter, you'll know that date and can mark it (in ink) on your calendar. We store items at the Watson Academy and you wouldn't believe how much STUFF we already have there and there's more coming. If you have items you would like to add to our Treasure, just drop them off at the Recreation Department any time it's open. A few special fun things are planned that will please everyone, especially the young. Actually, most everyone is young, standing next to us. So, don't forget - but if you do, I'll remind you.

Just a little looking back: it was a wonderful holiday season. We had fun making Christmas stockings for the soldiers and sending candy and other items to fill them. We also prepared several Christmas Food boxes for Epping Families. Now, somehow knitted hats are needed once again, so we're back on the needles.

More trips planned include the Lowell, MA, factory museums, the State Capitol and Library and many more.

One of our favorite programs will be the annual visit from representatives of the Town. They will go over the warrant articles with us, especially those of the Planning Board that will be on the ballot. This certainly helps us to be well-informed voters and we always appreciate their time very much.

Ready for another tidbit? hmmm.....I was thinking about how people seem to read the bible more as they get older, then it dawned on me....they're cramming for their final exam.....Bye

Submitted by Irene R. Cote

TALES FROM EPPING'S PAST

TWO HOLIDAY TALES



Plumercrest, built by Elizabeth Olivia Plumer Bacon in 1868. She was the granddaughter of Governor Willam Plumer, whose house stood in the same location on Plumer Road. It is now a bed and breakfast operated by Mike and Maryanne Swegles.

By the end of their first New England winter in 1620 half the pilgrims at Plymouth were dead. The remaining forty-nine souls, having made it through only by the goodwill and skills shown to them by the neighboring Indians, went on to establish one of the earliest successful colonies in America. At the end of their first November here they had gratefully celebrated their bounty of food and survival with a traditional English Harvest Feast to which they invited their Native benefactors and to which they all contributed and shared. That celebration is still thought by many to mark our first Thanksgiving Day. Fifty years later the Massachusetts colonists gratefully gathered together again in thanks and praise to God for their successful and secure establishment in this country and for their victory over the "Heathen Natives of this land."

Interest in the hardships of those first few pilgrims was almost nil by the time New Hampshire's own Sarah Josepha Hale stepped in. A magazine editor, (and actual author of "Mary Had a Little Lamb"), she launched a solid 40 year one-woman campaign to have a permanent nationally observed Thanksgiving Day. She kept this up until President Lincoln made it so in 1863.

As for Christmas, President Grant finally made it a national holiday in 1875. The first American Christmas card was printed and sold in Massachusetts, once that hotbed of Puritan contempt for all things December 25th including nativity scenes, decorating of churches, trees and the like, all the very "pagan practices" they had

come over here to separate themselves from in the first place. They also had a hard time dealing with merry making in general. Music, singing, games of chance, feasting and plays were all banned and fines and public disgrace awaited the offender. Here in Epping, through its own Puritan-based church and leaders, those same stern beliefs prevailed as a way of life for many of our early years.

But today, if so inclined, we have the liberty to happily merry make and celebrate to our heart's content, feast, and lift up our voices in song and praise for all the many blessings of this life on each Thanksgiving and on every gracious Christmas Day.

And so may it ever be.

This is the third in a historical series for this newsletter.

Text/Research: Madelyn Williamson. Artist: Analesa Harvey

News from the Historical Society

The Historical Society building is open and welcomes visitors each Monday from 10 am to 1 pm and on Wednesdays from 10 am to 2 pm. Please call Madelyn Williamson at 679-5482 or Joy True at 679-8855 for information or to schedule an appointment.



Epping Garden Club

Happy Holidays from the Epping Garden Club! With the help of the Epping Girl Scouts and their leaders we decorated fresh evergreen wreaths with red berries and bows for the Library, Town Hall, and Historical Society. We also wound pine garlands and bows around town signs, downtown lanterns and the fence around the DAR Park to spread holiday cheer and prepare for the Community Christmas Party and tree lighting. If you have any ideas of where you'd like to see some decorations next year, please e-mail the club at EppingGardenClub@gmail.com.

The Garden Club meets the third Monday of each month at the library at 7:30 pm. We're always looking for new members. We have some exciting new projects on tap for next year such as a Children's Community Garden at the Watson Academy (a joint project with Epping Recreation) and a Clean Up / Green Up project to be held around Earth Day. Keep watching the Speak Up Epping Newsletter for more information throughout the winter months.

If you would like more information on joining the Epping Garden Club please contact Mary-Jo at EppingGardenClub@gmail.com



Ledd Center

Here's a sneak peek at the great shows coming to the Leddy Center for the 2011 season. Charlotte Bronte's masterpiece "Jane Eyre" will be on stage in April. Mary Gatchell in concert will be coming on May 13 and October 14. Meredith Wilson's famous Broadway Musical "The Music Man" will be on stage in July and in October/November, "Cinderella", Roger and Hammerstein's Broadway Musical for the whole family. For a wonderful early Christmas present, December will bring Gian Carlo Menotti's beautiful Amahl and the Night Visitors and O'Henry's classic The Gift of the Magi.

A full subscription series is available!!! One ticket for every show and concert, (six) Pick your favorite seat for \$96.

A partial subscription series is also available!!! One ticket for any four shows or concerts (four) Pick your favorite seat for \$66.

Individual tickets are \$18.

Gift certificates are available in any amount, for any show or for a specific show or concert. Call Leddy Center box office at 603-679-2781, from 3:00 pm to 5:00 pm, Monday through Friday, or go on line to purchase tickets at www.leddycenter.org



ETV Schedule

Channel 22 - ETV - Schedule - live programs

Monday – January 10 & 13 and February 7 at 7 pm, and Tuesday – February 22 at 7 pm - Selectmen

Tuesday – January 18 - Water & Sewer - 7 pm

Tuesday – January 25 & February 22 – Fire Wards - 7 pm

Tuesday – February 8 at 7 pm – Town Deliberative Session

Wednesday – January 5 at 7 pm - Zoning Board of Adjustment

Wednesday – January 12 at 7 pm & Saturday January 15 at 9 am - Budget Committee

Thursday – January 6 & 20; February 17, - School Board - 7 pm

Thursday – January 13 & 27 - Planning Board - 6 pm

Friday – January 21 & February 18 – Civil War Roundtable at 7 pm

Studio E Roundtable with Town Administrator Dean Shankle:

Monday, Tues & Wednesday - 6 pm

Friday & Saturday - 12 pm

Monday Meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3pm

Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

Wednesday Meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience by going to <http://etv22@pegcentral.com> They are usually available the day following their "live" broadcast.



Scouting Around Epping

Cub Scout Pack 136

Scouting for Food: Success Together

What an outpouring of support from the Epping Community. Together we raised 2000 items for needy families and helped support our own Epping soup kitchen. Thank you all for your generous donations! We couldn't have been successful without you all!

January Events

- January 29th: Monarch Hockey. The Scouts and their families will be attending a hockey game in Manchester.
- Pack Meeting: Wednesday January 19th, 6:30 at the Epping Middle School

February Events

- February 19th at 6:00 pm **Blue and Gold Banquet**: This is a treasured event where the Pack celebrates scouting and the Webelos are honored for their hard work and are presented with the arrow of light. There is entertainment, food and fun for all ages. \$5 a person or \$20 max per family
- Feb 12th & 13th: Family fun Day and Webelos camp out at Camp Zion. It's a winter fun day of sledding, ice fishing and family fun

Interested in Scouting? About Scouting:

Scouting is organized into dens by age groups. 1st grade, Tiger cubs; 2nd grade, Wolf; 3rd grade, Bears; 4th grade, 1st year Webelos and 5th grade, 2nd year Webelos. The Pack consists of dens and their families. Pack 136 meets monthly, usually on the 3rd Wednesday of every month at 6:30 pm at the Epping Middle School. Pack meetings are filled with fun and are a way to celebrate scouting, promote family sense of community and reward the boys for their hard work.

Upcoming Events in Scouting: Come join the fun!

"Attend a Monarch's game", "Winter Fun Day" at Camp Dion (the Webelos get to do a sleep over!), "Blue & Gold Banquet", "Pinewood Derby Race", "Rain Gutter Regatta Race", "Higgins Armory" for a fun sleepover where we learn about Knighthood, "Fisher Cats Game" and camping overnight on the field.

It's going to be an incredible year of scouting. The boys are all working hard on their badges for the year. Thank you to the Epping Community for all of your support.

If you can't make one of our meetings but would like more information on joining scouts, please contact our Cubmaster Craig Clough at cclough154@comcast.net or 603-734-2124 or Cliff Cray at deacon100@comcast.net or 603-396-9436

Join us on Facebook and keep track of the Pack
<http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46>

Boy Scout Troop 136

Boy Scout Troop 136 had a busy late fall/ early winter season. The Troop braved sub-freezing temperatures November 20th and 21st during their

monthly camp out at the Straw property in Epping. The patrols worked on outdoor cooking skills as well as spent a full day assisting on a fellow Scout's Eagle Project.

The Troop held a Court of Honor on December 20th where numerous scouts were awarded merit badges from their work at summer camp and throughout the past five months. Most notably, Richie Smith earned the rank of Star Scout and Justin Bacon was awarded his Tenderfoot rank.

Danny Begin was hard at work on completing his Eagle project with help from fellow Scouts and the community. His challenging Nature Trail Restoration project at the site of the old Fox Run Campground on High Road was completed in November. Then he organized a fundraising dinner on December 19th. By next month we hope to report that both Danny and fellow Eagle candidate Haydn Reese have passed their Eagle Board of Review.

The Scouts would like to thank community folks and family who supported the Yankee Candle Fundraising drive. The Scouts would also like to update those community businesses who supported the community calendar that was expected to be distributed the 2nd week of December. The calendars were delayed by the printer, through no fault of the Scouts, and we expect to distribute them within just a few weeks.

Thanks for the continued patience.

The Troop 136 Committee welcomes Brian Bacon who has joined as the Transportation Coordinator. The Troop would also like to thank outgoing Committee Chairman Chuck Begin for his years of dedicated service as Committee Chair.

The Troop looks forward to the January Winter Campout in Gilmanton at Camp Bell on January 7th, 8th and 9th.





Girl Scouts

In Girl Scouts, you can:

Learn a new sport; travel and go on overnights; make friends, explore science, nature, and the world around you; have a ton of fun, and make a difference in your community and the world all with other girls your age with guidance from really great adults. Girls Scouts is a place where you can be yourself, enjoy the things that interest you most, and explore new ideas. Through Girl Scouting, you will discover the fun, friendship, and power of girls together.

Girl Scout programs are available for girls Grades K-12. For more information, contact Martha Abney, Service Unit Manager - Epping/Fremont 303-9497, liber@comcast.net.

or visit Girl Scouts of the Green and White Mountains at <http://www.girlscoutsgwm.org>



Explorer Post 716 and the

Epping Fire Department

Epping Fire Department

We have a certified infant seat installation instructor. Call 679-5546 and make an appointment to have your infant seat installation inspected.

The winter heating season is upon us. Please be sure your chimney has been cleaned before using a wood stove and it is always a good idea to have your furnace cleaned and checked by a certified service technician.

Explorer Post 716

The Explorer Post is looking for new members. We are co-ed and open to all youth ages 14 to 20. Call 679-5546 and leave a message for Firefighter Desoto or Captain Cray or call 396-9436.

Police Explorer Post 714

Youth 14 and older may also join the Police Explorer post by calling 679-5122.

American Legion News

Monthly Breakfast Buffet! Monthly breakfasts will be held Sunday January 9th and Sunday February 13th. Come enjoy a hot Breakfast Buffet! Eggs, Bacon, Sausage, Toast, French Toast Sticks, Coffee, Potatoes all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$6.00 a plate and worth every penny!

The Civil War Roundtable of NH

CWRT meetings are held at the Epping Town Hall on Main Street, Epping, in the main meeting room on the 2nd floor.

For updated information, go on to our website www.cwrt-nh.org particularly because May marks the 20th anniversary of the CWRT-NH, and this year is the 150th anniversary of the firing on Fort Sumter on April 12th, 1861.

Meeting schedule for 2011:

January 21

February 18

March 18

April 15

May 20

June 17

No July/Aug meeting

September 16

October 21

November 11 (2nd Friday)

No December meeting

All meetings, except as noted, are the 3rd Friday of the month

Submitted by Dan Bennis

Epping Community Church

We are delighted to welcome visitors and new residents of Epping. You are always invited and welcome at Epping Community Church, located at the corner of Route 27 and Main Street in Epping. Our Sunday worship is at 9:00 am with a time of fellowship following the worship service. The adult book study is at 10:30 am and Children's Sunday School from 11:00 am to 11:45 am.

Where did summer go? Thankful for every season that God gives us, it seems summer has gone by far too fast, but much is ahead of us as we enter fall and winter. The church schedule always becomes busier with fall. Here are a few things that are going on at ECC:

NEW BOOK STUDY FOR ADULTS

The pastor is leading a book study during the Sunday School for the adults. The title of the book is Forgotten God –Reversing Our Tragic Neglect of the Holy Spirit. Written by Francis Chan, the author states, "It doesn't make sense that Almighty God would have children characterized by fear and insecurity. He put His Spirit in us so we could be known for our power. Sadly, most believers and churches are known for talent or intellect rather

than supernatural power. What's worse is that we're okay with it." The study provides an opportunity for discussion and personal reflection on God's work and will in our lives.

The book is available at most Christian bookstores, as well as Barnes and Noble and online through booksellers. You are invited to join us anytime for the study and dialogue. Purchase your book and come join in the study at 10:30 am following morning worship.

NEW PRAISE BAND

A new praise band has formed for the worship service. Currently playing as part of the worship two times monthly, the praise band is comprised of Mike Young, saxophone, Ron Ronsavalli, electric guitar, Kevin Murphy, acoustic guitar, and Wayne VanGundy, keyboard. A blend of blues and country, the new praise band has brought a new dimension to our praise music and worship experience. Eventually, the praise band will play for a new worship service to begin sometime in 2011.

BUILDING PROGRAM

With the downturn in the economic climate the past two years, many have been wondering what's happening with the new building addition. The Lord has been good! He continues to bless in the areas of fundraising, but we have had to exercise perseverance, patience, and prayer. We all wanted the building to come fast, but the Lord knows best and His timing is always right. We are now expecting the new addition to move ahead in 2011. The congregation has raised over a quarter million dollars for the project. Many from the community and church have been involved in fundraising, planning, and offering talents and abilities toward the project. This truly has been a walk of faith and God's will and direction will prevail. Praise the Lord!

FOOD PANTRY

The food pantry is very busy on Thursday and Saturday mornings, filling the needs of our community, and has been busier this year than at any time before in its history.

We could not have done it without a very dedicated group of individuals in the church and from the community. We are grateful to St. Joseph's Roman Catholic church for their support, Wal-Mart, Starbucks, Hannaford's, students and teachers from the Epping Schools, the Boy Scouts, Postal Service, and all others for the donations of food items and organized food drive efforts.

For those who can help - we are always in need of non-perishable food items for the "Pantry". The

need is very great in our community!

Hours of Operation for Food Pantry and Coats of Caring

Thursday Mornings 9:00 a.m. - 11:00 a.m.

Saturday Mornings 9:00 a.m. - 11:00 a.m.

COATS OF CARING

We have been giving coats, sweaters, mittens, and scarves to those in need. These are donated by citizens in our community and members of the church to be given to those in need. The "Coats of Caring" is open for anyone who needs a winter coat, free of charge. We do not charge for any of the items. We are currently in need of replenishing the many items we have given away. If you have coats, sweaters, scarves, mittens, gloves, and other winter outer wear, we need your donations. The church is open on Thursdays from 9:00 am to 12:30 pm, Saturdays 9:00 am to 11:00 am, and on Sundays from 8:00 am to 12:00 pm. Bring your items at any of those times. Other drop off times may be arranged by calling 679-5542. Please leave a message and someone will return your call.

THURSDAY SOUP OF THE DAY CAFÉ

The Soup of the Day Café provides a warm lunch and opportunity for fellowship around the table. There are generally two soup types available and always homemade from some of the best recipes around.

Hours of Operation

Thursdays 11:00 am —12: 30 pm

TELEPHONE CARE

The design of the program is to provide a daily contact for those who find it comforting to know that once in the morning Monday through Friday an individual from the church will call to check and see that things are okay and the day has started.

Whether for an aging parent, a home alone elder, a shut-in or any other need, TELEPHONE CARE provides comfort and assurance knowing that someone is calling to be sure you are okay. This program is provided all year long. If you are interested in having TELEPHONE CARE for yourself or someone you love, call 679-5542 and leave your name and telephone number where we may call you and talk further. There is no cost or fee associated with this program.

FRIDAY NIGHT PIZZA

Friday night pizza seems to be everyone's favorite on Friday evenings. Come and enjoy a large pizza with choice of toppings for \$8.00. Your purchases and contributions help support the work and ministry of Epping Community Church.

The Epping Community Church is continuing with

its **Third Saturday Dinners** at the church. On January 15, there will be another "Chowda Fest"! We will be serving Corn Chowder, Seafood Chowder, Ham and Broccoli Chowder, Fish Chowder, Vegetarian Vegetable Chowder, Coleslaw, Tossed Garden Salad, Dinner Rolls, Corn Bread, Brownies and Ice Cream and Beverage. We will serve from 5 to 7 pm at a cost of \$8.00. On February 19, we will hold our popular Roast Turkey Dinner. We will serve, Turkey, Mashed Potatoes, Butternut Squash, Stuffing, Green Beans, Gravy, Cranberry Sauce, Rolls and Butter, Home Made Pies and Beverage. Again the cost is \$8.00, serving from 5 to 7 pm.

Proceeds from the dinners will benefit the "Building Fund."

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)
Epping NH 03042
Office Telephone: 679-8805

Weekend Mass Schedule:

Saturday, 4 pm
Sunday: 8 am, 10:30 am, 6 pm

Knights of Columbus will hold a Blood Drive on Tuesday, February 8th from 2 to 7 pm in the Parish Hall. Come and give the gift of life.

For more news, check our website:
<http://stjosepheppingnh.com>

Epping Bible Baptist Church

We are a Bible based church located at 243 Pleasant Street.

Our **Sunday** schedule begins with free breakfast for all from 8:00-9:15 am.

We have Sunday School for all ages from 9:30-10:30 am.

Morning worship Service begins at 10:45 am.

We also have an informal evening service from 6:00-7:00 pm.

We offer a 3-year College Bible Course that takes place on **Monday** nights at the church beginning at 6:30 pm. You can find out more information about this amazing Bible Institute at www.faithbibleinstitute.com

Wednesday nights we have prayer meeting at the parsonage which starts at 7:00 pm.

Thursday nights we offer a small group for young adults located at The Porch (the old Leddy Center on Main Street) starting at 6:00 pm.

Friday night would be a great date night for you parents of kids ages 3-grade 6. We offer a program called AWANA starting at 7:00 pm at the church. This program includes age-appropriate games, Bible memorization and a Bible story time promoting positive behavior. It ends at 8:30 pm.

Saturdays we hold teen youth group at The Porch for grades 6-12 starting at 7:00 pm.

Our goal is to serve our community and surrounding communities in any way we can by showing the love of Christ. Please feel free to contact us at any time if we can be of assistance to you. pastorron@eppingbible.org

We have all our services online for your viewing. www.eppingbible.org Our Sunday morning services are also aired on ETV – channel 22.

THE PORCH YOUTH CENTER

The Porch is a non-denominational, not-for-profit family oriented organization.

We are located at the old Leddy Center on Main Street.

We are open Mondays, Wednesdays and Fridays from 2:30-4:30 for anyone in grades 6-12.

Snacks and drinks are provided daily at no charge.

Tuesdays and Thursdays are opened for 1st-5th graders.

The hours are from 3:15 - 5:00 pm.

Transportation is provided from the elementary school

to The Porch on Tuesdays and Thursdays.

Please email eppinglighthouse@hotmail.com to request a form to allow your child to be picked up.

Snacks and drinks are provided free of charge.

We also offer many services for the entire community

including sewing classes, after school tutoring, and Biblical Counseling. Please email us to get more information.

Everything offered at The Porch is completely free of charge.

Coming in January

Miss Teen NH is coming to The Porch!

Rachelle Chase Photography will be providing free photo shoots for Epping girls.

Clothes will be provided for the shoot, and Miss Teen NH will be assisting with hair and makeup.

Saturday, January 8th

10:00 am-12:00 pm - grades 6-8

1:00 pm-3:00 pm - grades 9-12

Space is limited. Email to reserve your spot!

For more information on The Porch please contact Adam or Rachelle

eppinglighthouse@hotmail.com

or call at

(603) 479-2092



Harvey Mitchell Memorial Library

151 Main Street, Epping – right next door to
Town Hall

(603) 679-5944

Happy New Year to all from your town library staff: Bradley Green, Director; Tracie Wilkins (a.k.a. Miss Tracie), Children's Librarian; Debbie Allen, Library Assistant and ILLs; Morgan King, Children's Room Assistant; Debbie Grimes, Substitute; and introducing Epping resident Angela Harrington who has recently joined our substitute list. We are looking forward to a wonderful year and are working hard to keep up with ever-evolving technology. Last fall we upgraded our circulation software, making it possible to search our catalog online 24/7. Simply go to <https://harveymitchell.follettdestiny.com> to check the availability of any book, audio-book or movie you're looking for. If you would like the added convenience of placing holds for items online, sign up for this service in person at the main desk. As always, if we do not have something you're looking for, we can probably get it for you from our Interlibrary Loan Network. It may take a week or two to obtain it, as the delivery van comes only once a week on Tuesdays, but by tapping into the collections of most libraries in the state we can usually find just about anything. Don't be afraid to ask.

In these times of careful budgeting, remember that the library has 6 computers for public use and Wi-Fi available throughout the building and even in the parking lot. In an effort to protect our computers from viruses and spyware, external file devices (including discs and thumb drives) can no longer be used in our public computers. Saving files to an email account will make them easier to access from the library computers. If you need copies or printouts, we charge only 5 cents a page for black and white, and 25 cents a page for color. We have a separate phone line for faxes, and can send or receive faxes for the public at 679-5884. A fax to a local or toll free number can be made for no charge, with long distance faxes costing a flat fee of \$3.00.

Coming soon – our new website! Trustee Heather Clark has been working hard with a local web design company and should be unveiling the

new HMML website within the next month or two. In order to be able to share photos of library programs and events on the site, we will be asking patrons to sign photo release forms for us to keep on file with patron card information.

As tax season approaches, we remind you that tax forms and instruction booklets will be available at the library. Need an obscure form? Whatever we don't have we can find online at irs.gov.

The library is open Monday through Friday from 10 am to 8 pm and Saturdays from 10 to 2 pm.

Coming Up in January and February:

For Adults:

Book Groups – please call 679-5944 for monthly book group selections. Multiple copies of each title are available at the main desk.

Eclectic Book Group: Meets the first Wednesday of each month at 7:00 pm

Dusty Ol' Mystery Book Group: Meets the third Wednesday of each month for folks who prefer the classics. 7:00 pm

Cinema 151: Come see a movie newly released to DVD for adults on our 9' screen with stereo surround sound each month on the 4th Thursday at 7:45 pm.

January 27th – The Social Network (rated PG-13)
The runaway hit about the formation of Facebook.

February 24th – Undetermined at print time....
Suggestions welcome!

Programs for Children:

Preschool Story Hour provides play time, songs, stories and crafts for children ages 2 – 6. There are currently three public Story Hour times: Wednesdays at 10:30, and Thursdays at 10:30 and 1:30. We have recently created a new Story Hour time for some of Epping's Home Daycare Providers, joining the Mapletree Preschool 3 year olds on Tuesday mornings with hopes that it will reduce the crowds on the other mornings. Thursday afternoons are typically our least crowded session. Pre-registration is not required and younger siblings are always welcome.

Pajama Night: 2nd Friday each month at 6:30 pm
Wear your PJs and bring a snack to share to this fun family event for kids ages 2-8.

January 14th – PJ Movie Night! **Alpha and Omega** (Animated. Rated PG for rude humor and some mild action). Two young wolves at opposite ends of the pack's social order are thrown together in a foreign land and must learn to depend on each other to get home.

Bring a spill proof drink and a pillow or blanket to snuggle with.

February 11th – **Candyland Pajama Night**

Crafts, songs, stories and a library-wide scavenger hunt based on the popular game and its characters. A "sweet" family evening!

Story Explorers:

This after school program for children in kindergarten, first and second grades meets on Tuesdays from 3:30 to 4:30. There are three sessions during the year, each requiring pre-registration, as the class size is limited to 12. The 2010 fall session focused on author Jan Brett and her beautiful animals. Check out the Explorers' rainforest mural in the children's room based on Jan Brett's The Umbrella. Miss Tracie would like to thank her weekly Explorer volunteers Keelin and Mikayla Berger and Carissa Johnson for their continued help with this program.

Registration is now open for the winter session which will begin January 25th when we begin 12 weeks of preparing a theatrical presentation of a popular children's book to perform at the April Pajama Night, Friday April 8th. There's talk that we might choose a Jan Brett classic, but the final decision will wait until the group forms and starts meeting. The spring session will run for 8 weeks in May and June, focusing on the art and science found in so many children's books. A snack is provided by gracious volunteers and parents are requested to remain in the building during class time. Call 679-5944 to register.

Vacation Movie Series:

During the week of February 28th there will be a movie each afternoon at 1:00 pm. Feature films newly released onto DVD will be shown in the children's room as well as a couple of old favorites determined by popular vote. Cast your vote at the Children's Room desk throughout the month of January. Thursday Afternoon Story hour will be cancelled during vacation week.

Friends of the Library

The Friends had another successful silent auction this year, raising hundreds to fund special "extras" for the library. Many thanks to the individuals and businesses that donated gift baskets, gift certificates and hand made goodies, and to the dozens of library patrons who kept upping their bids and came in promptly to pay for and claim their items.

Remember, the Friends also host an on-going Food Pantry Donation Box in support of Epping's Food Pantry. Non-perishable items are always welcome to help neighbors who may be struggling

to make ends meet. The box is located near the front door on the main level of the library.

The Book Sale Room sponsored by the Friends re-opened to the public in November. Hardcover titles are 50 cents, paperbacks are 25 cents, DVDs are \$1.00 and VHS tapes are always free. Some items come off the library shelves as we make room for new titles, but many come from generous townspeople trying to find homes for old books. If you are considering donating books to our sale, please keep in mind that not all books are appropriate for resale. Old textbooks and other outdated nonfiction are better being recycled for their paper. The sale is "open" any hour that the library is open. Though the door to the Book Sale Room may be closed to keep wandering toddlers out of trouble, you need only ask the staff person at the children's room desk to open it for you whenever you are in the mood to shop.

F.O.L. meets the 2nd Monday each month at 7 pm.

Thank you for supporting the Friends of the Library!



The Towle Obelisk

Epping Recreation Department News

Home of the "River Otters" and "Avenue A."

Director: Nicole Bizzaro

17 Academy Street

Phone: 679-3301 Fax: 679-3006

rec@townofepping.com

eppingrecreation.org/avenueayouthcenter.org

Join us on Facebook and follow us at Twitter

The Recreation Commission and Board of Selectmen have appointed Nicole Bizzaro as the new Director of the Recreation Department.

The Recreation Department aims to provide the residents of Epping with a broad selection of recreational, educational, and cultural leisure opportunities that will enhance the quality of life for all residents. We are always working to establish new programs and facilities that meet the community's changing needs.

Pre School Bowling

When: Thursdays, January 13 to February 11th
from 10:00 to 11:30 am

Where: Exeter Lanes

Cost: \$35 for the 5-week program (\$25 for each additional child)

The program is candle pin bowling and is a relaxing, non-competitive opportunity to introduce young children to basic sports concepts, as well as a fun opportunity for meeting other parents in the community.

Elementary Program ("River Otters") is going strong!

Registration is now open for the Spring 2011 Before and After-School Program

\$5 per day per child for the before school program

\$10 per day per child for the after school program

Payment is due at registration.

Option 1: Payment in full and take a 5% discount.

Option 2: Pay in 4 installments.

Middle School Program ("Avenue A") is growing!

Our after-school program for students grades 6-9 has made some exciting changes. We have a new site director, Andrew Macleay, and a new Americorps/PlusTimeNH member, Llew Weaver. Andrew and Llew are working with the EMS administration to help design programs that are attractive to a wide variety of middle schoolers.

Avenue A is our program for students in grades 6 through 9, ages 11 through 15. It is currently held at Watson Academy, although students will often be found hiking around Hoar Pond, riding bicycles down the Rail Trail, fishing in the Lamprey River, or at various other locations within walking distance. Avenue A offers a variety of non-afterschool programs as well including, sports tournaments, fieldtrips to museums, rock climbing, bowling alleys, cooking classes, sleepovers, and much more.

Trips and Upcoming Events for EMS Students

Trip to See UNH Wildcats vs St. Lawrence Men's

Hockey Game-- Open to Middle School Students in and outside our after school program.

When: Sunday, January 2nd 3:00 to 6:45 pm

Where: UNH Whittemore Center

Cost: \$7 per person

The Epping Recreation Department will be taking a trip to see the UNH Wildcats men's Ice Hockey team take on St. Lawrence. We will be leaving Watson Academy at 3:15 pm on the Recreation bus and will return from the game by 6:45 pm. Pick up and drop off will be at Watson Academy, There are only 14 spots available on this trip! Fill out and return a permission slip to the recreation department or our mailbox at the EMS to reserve your spot today.

The Epping Recreation Department is hosting a Middle School Girls' Sleepover Friday, 1/7/11 to Saturday 1/8/11, 7 am to 12 pm. \$10 per person. There will be a twister tournament, midnight brownie making, games, movies on the BIG SCREEN, manhunt and tons of fun!

This event is limited to 30 participants. Others will be placed on a waiting list.

Once again, we will provide dinner and breakfast. Any food donations will be greatly appreciated.

If you have any questions please do not hesitate to contact us at 679-3301. Please return permission forms to Watson Academy or the Epping Recreation mailbox at the EMS by Wednesday, January 5th

Ongoing Programs

Adult Basketball and Volleyball

Want to play adult basketball or volleyball? Come join the Epping Recreation Department for some pick-up Co-Ed games.

Basketball on Wednesdays from 7:30 to 9:00 pm.

Volleyball on Sundays from 7:00 to 9:00 pm.

Guitar Lessons at Watson Academy

For children, teens, and adults alike, taking guitar lessons at Epping Recreation is an affordable, enjoyable, and rewarding experience. Taught by highly recommended music instructor Joseph K. Murphy, lessons are designed to challenge and educate students while personalizing the curriculum to their musical tastes and needs.

Ages 8 – Adult

Rates: \$20.00 for ½ hour or \$35.00 for 1 hour.

Contact: Joseph K. Murphy 603-608-8672

josephkmurphy@gmail.com

<http://rockandrollwithme.wordpress.com/>

Martial Arts Programs at EES (offered by Derry ATA)

Karate Classes

Grades K-8, Tuesdays and Thursdays, 3:30-4:15

pm, \$65 per month

Both classes are offered in the multipurpose room at Epping Elementary School

For more information or to sign your child up, please contact Mrs. DeNapoli at 603-434-9444 or derryata@aol.com

Upcoming Programs

McIntyre Ski Program

5 weeks in Jan/Feb 2011 for beginning skiers in Elementary and Middle School. More information is coming SOON!

Girls Inc. Program

(partnering with the Epping-Newmarket Coalition for Youth and Families and Girls, Inc. New Hampshire) For six weeks from November to December, once a week. Further details to come.

Preschool Art – painting, drawing, fun with art for 3-6 years of age

Archery through New England School of Archery

Families First of the Seacoast

Families First Health and Support Center invites residents of Epping and nearby communities to attend these free programs for parents and families this fall. Free childcare is available with advance registration, except where otherwise noted.

Family Morning Out, Thursdays, weekly, 9:30–11 am, at Epping Recreation Center. Free. For children ages birth through 6 and their caregivers. The first half is family time, with play, song circle, creative activities, snack and story. In the second half, children have fun with our childcare staff, while caregivers enjoy adult time. Facilitators: Susie Bright and Jodi Foster

Active Parenting Mondays, Jan. 10–Feb. 14 (except Jan. 17), 6-7:30 pm, Epping Recreation Center. It's a new year! Give yourself a new opportunity to learn the most effective parenting style, how to win cooperation, teach values and responsibility, reduce power struggles, and balance the parenting load. Facilitator: Bob Pavlik, M.Ed.

Who's In Charge In Your Home? Thursdays, Jan. 13–27, 8:15-9:30 am Epping Head Start, 213 Main St #B. Put yourself in the driver's seat! Learn the ABCs of being in charge, 1,2,3 Magic, and how to talk so kids will cooperate. You will be happier, and so will your kids! (Childcare not available.)

Keeping Your Cool & Handling Hot-Tempered Kids Mondays, March 7-28, 6-7:30 pm at Epping Recreation Center

Learn ways to reduce and handle anger so you can be the parent you want to be. Covers

understanding how anger works, common and personal triggers, why kids “push our buttons,” and strategies to reduce outbursts. Also: Do you have a little one whose temper flares? Your child may lack the skills to manage frustration. Learn to set limits more effectively while helping your child build anger-management skills.

Families First, the Seacoast's community health center, has been providing parent education for over 15 years and offers a wide range of classes and support groups as well as affordable health care. For more information, visit www.FamiliesFirstSeacoast.org.

Families First partners with the Family Assistance Network of Western Rockingham County to offer these programs. Financial support comes from the NH Department of Health and Human Services, the Foundation for Seacoast Health, Exeter Hospital, the NH Children's Trust Fund, the Fuller Foundation, the Town of Exeter and Walmart Distribution Center (Raymond).



School District Website

Check out the new navigation item “What's New” on the Epping School District website at www.sau14.org. “What's New” was added to provide a summary of new additions to the district website with links to additional information. New information on the School District Report Card 2010, district Math Committee Report, Bullying Policy and Common Core State Standards can be found there.

Upcoming School District Meetings

The Epping School District has completed the 2011-2012 Budget. The following meetings are scheduled to receive public input, revise/approve the warrant articles and vote on the articles.

Budget Hearing – Saturday, January 15, 9:00 am, Epping Town Hall

Deliberative Session – Thursday, February 10, 7:00 pm, Epping Middle School Gymnasium

Voting Session – Tuesday, March 8, 8:00 am to 7:00 pm, Epping Middle School Gymnasium

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board – Agenda & Minutes. Epping Television is

also streaming meetings that can be watched on your computer at <http://etv.22.pegcentral.com>

- January 6 and 20
- February 17

Epping Elementary School (EES)



The 4th and 5th grade members of the EES National Honor Society took part in an after school cookie decorating project before Christmas. With the help of 5th grade teacher Susan Young, they spent an afternoon decorating dozens of gingerbread cookies for members of the Epping Police and Fire Departments and presented them to representatives of the Departments on the Wednesday before Christmas.

EES Schedule for January- February

January 3 Classes resume.

I Love to Read Month begins. Students read a variety of books over the course of January and February. They track their reading and earn tickets to be turned in for games and fun at our reading jamboree.

January 3 PTO Meeting at 7:00 pm in the EES Art Room. There will be free babysitting available in the Library.

January 10 Literacy Committee meeting at 3:30pm.

January 10 Social Skills Committee meeting at 3:30 pm.

January 14 Teacher Professional Development Day **No School for Students**

January 17 **No School** – Martin Luther King, Jr. Civil Rights Day

January 19 Math Improvement Committee meeting 3:30 to 4:30 pm.

January 19–21 Two Fiddles/Barn Dancing Residence Grades 2, 3 & 4

January 21 Barn Dance and PTO Chili Cook-off in the EES multi-purpose room – 5:30 – 8 pm. A free community dance follows the PTO's chili cook-off.

Sample and vote for your favorite chili after making a donation to the PTO. Then take part in an old-fashioned New Hampshire barn dance with the 2 Fiddles of Dudley and Jackie Laufman.

February 4 Report Cards go home.

February 7 PTO Meeting at 7:00 pm in the EES Art Room. There will be free babysitting available in the Library.

February 7 Literacy Committee meeting at 3:30 pm.

February 10 PTO Ice Cream Social in the EES multi-purpose room from 6:00 to 8:00 pm\

February 14 Social Skills Committee meeting at 3:30 pm.

February 16 Math Improvement Committee meeting 3:30 to 4:30

February 21 Teacher Professional Development Day – **No School for Students**

February 25 I Love to Read Jamboree. Students celebrate the end of I Love to Read month with games, face painting, music and light snack sponsored by the Epping Elementary PTO.

February 28 – March 4 **No School** – Winter Vacation

Epping Middle School (EMS)

Note: To contact the Epping Middle School, the telephone number is: **679-2544**

Pride Celebration – We held the “Pride Celebration” for the Middle School Guiding Principles on November 1st. Guiding Principle #1 is “*Respect and encourage the right to teach and the right to learn at all times*”. Those receiving certificates include: Emily Donovan from the Panthers Team; Sophie Jordan from the Wildcats Team; Matthew Pefine from the Ravens Team; Brooke Hall from the Chargers Team and Matthew Piptone from the Unified Arts Team. Guiding Principle #2 is “*Be actively engaged in learning; ask questions, collaborate, and seek solutions*”. Those receiving the certificates include: Mark Mascara from the Panthers Team; Sophia Randall from the Wildcats Team; Chloe Pelletier from the Ravens Team; Spencer Holt from the Chargers Team and Olivia Aboshar from the Unified Arts Team. Congratulations to all – you make us proud!

Nice Moves were also recognized at the Pride Celebration for those students who did “Nice Moves” for classmates, teachers or staff. Students are given tickets when they are observed doing something special and names are randomly drawn from those tickets. Those students receiving free snack or free ice cream tickets include: Olivia Aboshar, Thomas Bullock, T.J. Crocker, Nik Kozler, Autumn Lanseigne, Carson Lustenberger, Jacob

McKay, Ryan O'Hare, Ryan Pitkenan and Casey Sturzo. **Congratulations for jobs well done!**

Epping Middle School Pride Honor Roll for Quarter 1 of the 2010-2011 School Year

Highest Honors in Learning

The Panthers Team – Madelyn Bentz and Emily Donovan and from **The Wildcats Team** – Sophie Jordan and Sophia Randall.

Highest Honors in Work Habits/Effort

The Panthers Team – Olivia Aboshar; from **The Ravens Team** – Chloe Pelletier and Sabrina Portes; and from **The Chargers Team** – Sarah Clements, Jannet Desvira, Brooke Hall, Spencer Holt, Jennifer Jarosz and Tina Le.

Honors in Learning

The Panthers Team – Olivia Aboshar, Thomas Bullock, Erin Daley, Nicole Dollard, Nicholas Funai, Cooper Garrow, Carson Lustenberger, Mark Marasca, Brandi McKay, Danielle McKay, Jacob McKay, Michael McKay, Brenna Osgood and Garrett Snyder; from **The Wildcat Team** – Caitryn Bushor, Emily Colban, Brian Duguie, Alexander Johnson, Eliza Kucera, Jaxson Miller, Sabrina Patterson, Paige Perdue, Jackson Rivers and Felicia Scully; from **The Ravens Team** – Adriana Brooks, Hanna Chomas, Ryen Gallagher, Bradley George, Jessica Gosselin, Jordan Higginbottom, Ashley Krenzer, Ashley MacLeod, Madeline Marchisio, Deanna McCullen, Breanna Munroe, Noelle Nee, Cameron Osgood, Matthew Pefine, Chloe Pelletier, Sabrina Portes, Hunter Quist, Sabrina Rivers, Katelyn Sable, Sage Szczechowicz, and Alexa Wells; from **The Chargers Team** – Jeremy Barbosa, Nicholas Carleton, Thomas Church, Sarah Clements, Amanda Cole, Brett Couture, Jamie Craig, Daniel Daher, Jannet Desvira, John DiFrancesco, Brooke Hall, Spencer Holt, Ethan Illsley, Jennifer Jarosz, Rachel Kaplan, Adrianna Lamparelli, Kayla LaRoche, Tina Le, Kayla MacLeod, Joshua McKee, Destiny McSweeney, Morgan Pease, Ashley Perry, Evan Silva, Casey Sturzo and Alexis Wulff.

Congratulations to these students for making us proud.

The Charges Team (8th grade) recently held a fundraising raffle. The raffle was five complete turkey dinner with all the fixins including pie. Staff donated all of the fixins so the money collected went totally towards the students Washington, D.C. trip in May.

The Ravens Team (grade 7) also held a fundraising raffle. Staff agreed to put their names on jars and the one with the most money received a

pie in the face. It was a hotly contested race but Monica Squires ended up with the most money. During an assembly just before Thanksgiving break Monica was “pied”. The students had a great time with this fundraiser and all monies collected went to the class for field trips.

The EMS Pride **FIRST LEGO LEAGUE** team competed in Manchester on December 4th in the state finals. The team competed against 51 other teams from across the state. Our team had very strong showings in the Technical/robot design, Teamwork, and Project Presentation areas. Our team tied with 9 other teams in the robot game part of the competition. The competition was very tough to say the least. I would like to personally thank the parents, our sponsor, administrators, and the school board for all of their support this season, without all of you we could not have accomplished everything we did this season.

Epping High School (EHS)

Epping Girls Volleyball Team in Division III Championship Final

The Blue Devils, who finished the season with a 17-3 record, made it to the Division III Championship final, before losing to top-seeded Wiinisquam. They became the first volleyball team from Epping High School to earn a New Hampshire Interscholastic Athletic Association banner for its school as the runner-up in the Championship game.

In another honor, their coach Shannon Murphy, was named Division III Volleyball Coach of the Year. She led the team to the Championship final in her second year as coach.

Email Address Changed?

If your email address has changed, please notify us through our website at: www.SpeakUpEpping.org

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (**March-April**) of this newsletter will be available **March 1, 2011**. We will accept **submissions through February 24, 2011** to be included in the next issue. Please send your content, including contact information, for consideration through our website at: www.SpeakUpEpping.org

Now Accepting Business Ads!

Would your business like to advertise in this newsletter? Business card-sized ads cost just \$25.00 per newsletter issue for in-town businesses and \$35.00 per issue for out-of-town businesses. If you prepay for one year in advance you pay only \$125, which means you get your ad in at least one issue for free. We expect to send out 5-6 issues per year. We currently email this newsletter to approximately 200 homes and we distribute over 250 paper copies around town. For more information or to place an ad in the next issue, visit our website at: www.SpeakUpEpping.org

Spotlight on Business Checkers Barber Shop

Checkers Barber Shop opened November 1, 2010. We are located in the old Leddy Center building. I am trying to bring back the old traditional barber shop feel. We do full facial shaves and with

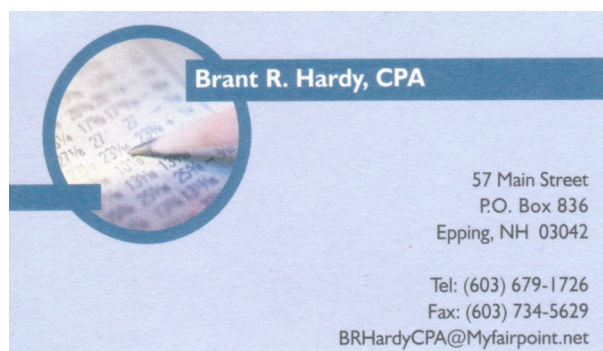
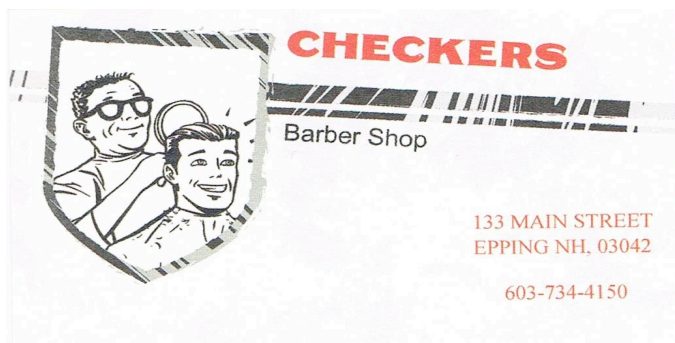
every haircut our clients get a neck shave. I have been cutting hair for 28 years. Most of my career has been taking care of women's hair care needs, but I have always had an interest in the barbering field. I got some unofficial training from my good friend. This summer I ventured out and attended a traditional barbering school in Penacook, NH. After school I worked in a barber shop in Concord. This was an incredible experience. After receiving my Masters in barbering, my husband and I opened Checkers. He has been a huge fan of barber shops. Since the shop has opened, customers have been bringing in old barbering tools. These are displayed all over the walls and in the cabinets.

We have military discounts and a discount for seniors. If you are a Police Officer or Fireman, you will get the same discount as our seniors. We are open 5 days a week, Tuesday through Friday 8 am to 6 pm and Saturdays 8 am to 2 pm. Come on in and see what we have to offer.

Thanks for reading! - The Communications Group

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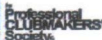


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Save these pages for future reference

Epping Calendar of Events for January 2011

Date	Event
January 1	NEW YEAR'S DAY
January 2	Rec Dept Trip to UNH Hockey game Wildcats vs St. Lawrence for EMS students
January 3	EES PTO meeting 7:00 pm in EES Art Room
January 3	SCHOOL CLASSES RESUME
January 3	EES I Love To Read Month begins
January 5	Eclectic Book Group at the Library 7 pm
January 6	Epping School Board meeting 7 pm in Epping Town Hall
January 6	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 7-8	Rec Dept EMS Girls' Sleepover
January 7-9	Boy Scout Winter Campout at Camp Bell in Gilmanton
January 8	Free Photo Shoot for Epping Girls at The Porch
January 8	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 9	American Legion Post 51 Sunday breakfast 9:00-11:30 am
January 10-Feb 4	Families First "Active Parenting" Mondays (except 1/17) 6-9:30 pm Epping Rec Ctr
January 10	Friends of the Library at 7 pm
January 12	Friends of Epping 6 pm Watson Academy
January 13	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 13	Seniors meeting at Watson Academy 1 pm
January 13-27	Families First "Who's In Charge In Your Home?" Thursdays 8:15-9:30 am Epping Head Start
January 14	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
January 14	Pajama Night at the Library 6:30 for kids 2 to 8 PJ Movie Night "Alpha and Omega"
January 14	NO SCHOOL Teacher Professional Day
January 15	Budget Hearing 9:00 am in Epping Town Hall
January 15	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 15	Epping Community Church Dinner from 5 to 7 pm "Chowda Fest"
January 17	NO SCHOOL MARTIN LUTHER KING, JR. CIVIL RIGHTS DAY-
January 17	Epping Garden Club meeting at 7:30 pm in the Library
January 17	Library Board of Trustees Meeting 7:15 pm
January 19	Cub Scout Pack Meeting 6:30 pm Epping Middle School
January 19	Dusty Ol' Mystery Book Group 7 pm at the Library
January 19-21	EES Two Fiddles/Barn Dancing Residence for Grades 2, 3 and 4
January 20	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 20	Epping School Board meeting 7 pm in Epping Town Hall
January 21	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
January 21	EES Barn Dance and Chili Cook-off 5:30 – 8:00 pm
January 21	Civil War Roundtable of NH meeting at 7:15 pm in Town Hall
January 22	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 25	Epping Lions Club meeting 6:30 pm in EHS Media Center
January 26	Friends of Epping 6 pm Watson Academy
January 27	Epping Community Church Food Pantry and Coats of Caring 9–11 am
January 27	Cinema 151 at the Library at 7:45 pm "The Social Network"
January 29	Epping Community Church Food Pantry and Coats of Caring 9–11 am

Epping Calendar of Events for February 2011

Date	Event
February 2	Eclectic Book Group at the Library 7 pm
February 3	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 5	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 7	EES PTO meeting 7:00 pm in EES Art Room
February 8	Knights of Columbus Blood Drive 2 to 7 pm at St. Joseph Catholic Church
February 9	Friends of Epping 6 pm Watson Academy
February 10	EES PTO Ice Cream Social 6-8 pm
February 10	Deliberative Session at 7:00 pm EMS Gym
February 10	Seniors meeting at Watson Academy 1 pm
February 10	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 11	Pajama Night at the Library 6:30 for kids 2 to 8 “Candyland Pajama Night”
February 12	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 12, 13	Cub Scout Family Fun Day with Webelos Campout at Camp Zion
February 13	American Legion Post 51 Sunday breakfast 9:00-11:30 am
February 14	Friends of the Library at 7 pm
February 16	Dusty Ol’ Mystery Book Group 7 pm at the Library
February 17	Epping School Board meeting 7 pm in Epping Town Hall
February 17	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 18	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
February 18	Civil War Roundtable of NH meeting at 7:15 pm in Town Hall
February 19	Cub Scout Blue and Gold Banquet at 6:00 pm
February 19	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 19	Epping Community Church Dinner from 5 to 7 pm “Roast Turkey Dinner”
February 21	NO SCHOOL – Teacher’s Professional Development Day
February 21	Epping Garden Club meeting at 7:30 pm in the Library
February 21	Library Board of Trustees Meeting 7:15 pm
February 22	Epping Lions Club meeting 6:30 pm in EHS Media Center
February 23	Friends of Epping 6 pm Watson Academy
February 24	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 24	Cinema 151 at 7:45 pm at the Library “TBA”
February 24	DEADLINE DATE for the March-April issue of the Newsletter
February 25	Epping Bible Baptist Church Food Pantry 1:00 – 2:30 pm
February 25	EES “I Love To Read” Jamboree
February 26	Epping Community Church Food Pantry and Coats of Caring 9–11 am
February 28- March 4	NO SCHOOL – WINTER VACATION
February 28- March 4	School Vacation Week Movies at the Library every afternoon at 1 pm
March 7	SCHOOL CLASSES RESUME
March 8	VOTING SESSION - 8 am to 7 pm in EMS Gym

If you would like your next event to appear on the Calendar of Events, please send us an email at speakupepping@gmail.com by **February 24, 2011**. Please include the date, event name, location and time.