



Speak Up, Epping! Newsletter

Volume 1, Issue 6

Epping, New Hampshire

November, December '08

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please send your email address and the material to: speakupepping@gmail.com.

Please Help!!!!

This is our one year anniversary issue. If you've enjoyed our Newsletter this past year and would like to see us continue, please help. Your time or money donation for printing would be greatly appreciated. We also need your news. Please think of us when you have news or an announcement to share. Contact Barbara Helmstetter at Barbara.S.Helmstetter@Dartmouth.edu or speakupepping@gmail.com or by phone at 679-1929

New Newsletter Website

The Speak Up, Epping! Communications Group is pleased to announce that we have a new website. Come visit us at: <http://sites.google.com/site/speakupepping/> You will find current and past Newsletters, a calendar, business ads and some town links.



Epping Garden Club

We're helping to beautify Epping. Come join us. New members are welcome. For more information contact Jane at Whitebarn245@aol.com or 679-2573.

American Legion Breakfasts

Sunday morning breakfasts will take place once a month from 8:00-11:00 a.m. at the Epping R.A. Mitchell American Legion Post 51 on November 9 and December 7. The cost is \$3.00 for adults, \$2.00 for children.



Halloween is October 31 5-7

Trick or Treat night in Epping is on Halloween, October 31, this year from 5pm – 7pm.



Vote November 4th!!!

Presidential Election Information.

The Presidential Election will be held on Tuesday, November 4, 2008 in the Epping Middle School Gymnasium. Polls will be open from 8:00am to 7:00pm.

Absentee Ballots are now available at the Town Clerk's Office. Registered voters who will be away from Town on Election Day may sign a request and pick up an absentee ballot at the Town Clerk's Office during regular office hours. If you haven't registered to vote by October 25, voter registration can only be done at the polls on Election Day.

Epping Receives Award

"Going Green Magazine" will award the town of Epping the "Going Green Environmental Heroes Award" on Saturday, November 1st. The award will be presented to the town at the Center of N.H. in Manchester at 1 p.m. this Saturday.

The award is to recognize our efforts in working to establish a more sustainable future. Epping residents will be admitted free to to celebrate in the receiving of this award. Normal admission is \$6.00.

Senior Moments

The Epping Watson Academy Senior Citizens Club has set its goals on some very worthwhile causes during the holiday season and throughout the new year. Members bring a bag of food items to each meeting to be donated to the Epping Food Pantry. This is working out very well and the contribution is getting bigger each time. The other Holiday cause is giving gifts to the residents of the Rockingham County Nursing Home. It has always been enjoyable to purchase and give toys to children but this year it feels right to help those who may not be able to help themselves. The residents of the Nursing Home have specific needs and these written requests are placed on their Christmas Tree. The Club hopes to be able to reach out and help them all.

The Club would like to pass on an idea to readers during the Christmas Shopping Season. If families need to get rid of old toys to make room for the new ones, they can drop the old ones off at the Watson Academy and they will be stored until the next annual Yard Sale in April. Just think, we can help you and at the same time you can help us. It sounds like a win win situation. Your donation will be greatly appreciated.

Residents 55 and older can now find the "Watson Academy Senior Citizens Club" Brochure at the Town Hall and the Epping Library. We encourage our friends to pick one up and check it out. It will give you a brief idea of our activities and programs. Not everything we do can be listed in the brochure so questions can be directed to the members through the Recreation Department at 679-3301.

The Club received a donation from the Epping Police Association that was used toward the cost of an overnight trip to the White Mountains. Such a trip was a first for the Club and they are very grateful to the wonderful and generous Police Officers of Epping.



Leddy Center

The Grand Opening of the Leddy Center's new theater on Ladd's Lane in Epping will be Saturday, November 15, at 7:30pm with Mary Gatchell in Concert with her band from NYC! There will be a Grand Opening Reception at 6:00 pm with ribbon cutting by Exeter Area Chamber President Thom Krause and catering done by Café Nostimo of

Portsmouth. Reception tickets are \$10. Concert tickets are \$16.

Leddy Center will be coming back to Main Street after the Grand Opening to present "A Christmas Carol", December 5-14, while more renovations are being done at the new theater. During Christmas vacation there will be a permanent move to Ladd's Lane.

Wonderful "Peter Pan" is flying now at the Leddy Center on Main Street from October 24-November 9 and will be presented Friday evenings at 7:30pm and Saturdays and Sundays at 2:00pm. School shows are being presented on Wednesdays, October 29, November 5, and November 12, at 9:00am and 11:30am.

Call Leddy Center at 679-2781 or go on line at www.leddycenter.org now for tickets to all of these great shows. New Leddy office hours: Mondays 3:00pm to 5:00pm, Tuesdays, Wednesdays and Thursdays 5:30pm to 7:30pm and Fridays 1:00pm to 5:00pm. Tickets are \$16 with Friday night discounts.

All Leddy Center School classes in Musical Theater, Acting, Yoga, Zumba, and private lessons in all instruments will also soon be moving to Leddy Center's new location.

Conservation Commission

The Conservation Commission is still looking for new members. Anyone who's interested, please contact them.

Downtown Revitalization Committee

Anyone in Epping is welcome to join the Committee. For more information, contact Jane at Whitebarn245@aol.com or 679-2573.



Scouting Around Epping

Cub Scout pack 136 is headed into a very exciting year. Ten new boys joined this fall and we have room for many more. In October the boys and their families went to the Corn Maze in Lee. In December they will have their Christmas party. In February they will have the opportunity to visit the Boy Scout troop for a fun Saturday at a Boy Scout camp. They will also celebrate Scouting's 99th birthday with a Blue and Gold Banquet. In April they will sleep overnight at the Boston Science Museum with Scouts from all over New Hampshire. We welcome new members and their families. Call Cliff Cray at 679-5125. Check out

our web site at www.orgsites.com/nh/eppingpack136. There is also a link to Boy Scout Troop 136.

Boy Scout Troop 136 will soon be delivering 600 plus calendars to Epping merchants and residents. We've had these calendars printed for 11 years and plan to use them for a fundraiser beginning next year. We hope you'll support our advertisers. Hurlbert Toyota purchased the cover page, so please thank them when you are at their dealership. On November 1, Scouting for Food bags will be dropped at your door. On November 8, the bags will be picked up by the Cub and Boy Scouts. If you are able, please fill the bags and leave them on a doorstep where the boys can see them from the street. They have been asked not to knock on doors. The food will be taken to a local distribution center to be distributed to Seacoast food pantries. The Epping Food pantry operated by the Epping Community Church is a recipient of this drive. Scouting for Food is a national Good Turn project of the Boy Scouts of America. In November the Boy Scout Troop will cook a Harvest dinner for their parents and invited guests. Each month they have an outdoor activity including a fun weekend in January and a "Polar Bear" weekend in February. Boy Scouts are open to all Boys 11 to 17 years old. For more information call 679-5125 or visit us at the American Legion downstairs meeting room on Mondays at 6:30 p.m.

Venture Crew 484 will host a movie night on November 21 at the Epping Community Church at 7:00 p.m. There will be pizza and drinks and you will learn what venturing is all about. We are open to young men and women 14 years old to 20 years old. Call Mr. Cray at 679-5125 to reserve your space. We need to know how much food to order. There is no charge for the event.



Explorer Post 716 and the Epping Fire Department

The award winning Fire Department Explorer Post is looking for new members. Young men and women 14 to 20 years old are welcome to visit the Epping Fire Department on November 13, to see how our group is a part of the Fire Department. Our officers are all high School students and run a very efficient group. We will attend the Explorer awards dinner on November 8, and we are hoping to bring home some more awards. We will be honored to present the American Flag and lead the group in the Pledge of Allegiance. The Post recently held a food drive at Wal-Mart and delivered 540 food items to the Epping

Food Pantry plus \$165 in donations. The Post will assist the Fire Department in the "Stuff the Bus" toy drive on the 29th and 30th of November at Wal-Mart. On November 8, the post will host a Red Cross Blood Drive at the Epping Fire Department from 10 a.m. to 3 p.m. We plan on having food and beverage at this event. The Red Cross will have T- shirts for all donors.

Watch for Santa Claus as he tours Epping with help from your Fire Department on December 21, beginning at 3 p.m.

Don't forget to change your smoke detector batteries and if you burn wood, have your chimney checked frequently.

Epping Community Church

Submitted by Rev. Dr. Wayne VanGundy

We are grateful for the opportunity to serve our community through our food pantry. The regular provision of the food pantry is a combined effort of the congregation of Epping Community Church and St. Joseph's Catholic Church of Epping. We are grateful to our brothers and sisters for making possible food items to help those who are going through difficult times. We are also grateful to the Explorers for sending food items from their food collection efforts at Wal-Mart this month. We are currently averaging over 150 individuals and families a month who are assisted through the Epping Community Church food pantry.

Beginning October 30, the Epping Community Church is sponsoring "Soup of the Day Café" from 11:00 a.m. until 12:30 p.m. every Thursday. Anyone who wishes, is invited to come and enjoy wonderful soup and a time of great company and conversation.

Another ministry of the church that may be active in November is our Telephone Caring Ministry. We will be receiving names and telephone numbers of elderly, sick and shut-ins, and others in and around our community who wish to be called daily between 8 a.m. and 10:00 a.m. just to have someone check to be sure they are up, about and okay. Volunteers and friends of ECC will call the individual signed up for this free service. If they do not answer, we will call their contact person so they may be followed up on. There will be no charge for this ministry. Know an elderly or shut in person who may benefit from this service? Ask if they would like to have us call them and then give us their information, contact person and telephone number.

The third Saturday of November will bring our Ham Dinner as the monthly meal. We invite you to

bring your family and invite your friends to come and enjoy a great ham dinner for a donation of \$7.00. All funds raised will go to help one of our youth, Olivia Baker, fund her trip to Costa Rica next spring. We truly appreciate your help and support.

The ladies of our congregation are sponsoring a table at the elections on Tuesday, November 4 in Epping. They will be selling Cats Meow Collector pieces of the Epping Community Church. They will also be selling their new cookbook for \$10.00. Be sure you stop by the Ladies Aide table before or after voting on Election Day.

Looking toward the Christmas season, our church is participating in "Operation Christmas Child" of Samaritan's purse. Members and friends are invited to fill a shoe box with small toys, school supplies, hygiene items (toothbrush, mild bar soap in a plastic bag, comb, washcloth), hair clips, T-Shirts, socks, ball caps, watches, etc. Items must be new and the box must be accompanied with a \$7.00 donation to cover shipping. "Operation Christmas Child" is a very worthy and wonderful project that helps transform lives.

Many great things are happening as God leads us in declaring Good News in Christ to our community.

Saint Joseph Church

ST. JOSEPH CHRISTMAS FAIR

SATURDAY, NOVEMBER 15

FROM 8AM UNTIL 4PM

ST. JOSEPH CHURCH, 208 PLEASANT ST,
EPPING

Silent Auction, money raffles, theme baskets, Christmas items, knitted items, baked goods, pictures with Santa, face painting, cookie decorating, and our breakfast and lunch kitchen are some of the things we will have at our annual Christmas Fair.

CHRISTMAS MASS SCHEDULE

CHRISTMAS EVE VIGIL MASSES AT 4:30 AND
7PM

MIDNIGHT MASS CHRISTMAS DAY

MASSES AT 9AM AND 11AM

FOR MORE INFORMATION CALL THE OFFICE
AT 679-8805

Epping Bible Baptist Church

Epping Bible Baptist Church Dates

Every Sunday

7:30 - 9:45am Breakfast Free! Plan to join us.

8:25 - 9:30am Worship Service

9:30am Sunday School for all ages

10:45am Second Morning Worship Service

6:00pm Evening Worship Service

Mondays Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22, 29

6:30pm Faith Bible Institute at EBBC

Wednesdays

7:00pm Young Adult Group at EBBC

Wednesdays Nov. 5, 12, 19; Dec. 3, 10, 17

7:00pm Prayer meeting and Bible Study at

Parsonage

Fridays Nov. 14, 21; Dec. 12, 19

1:00 - 2:30pm Food Pantry at EBBC

Fridays Nov. 7, 14; Dec. 5, 12, 19

7:00pm AWANA at EBBC

Saturdays Nov. 1, 8, 15, 22, 29; Dec. 6, 13, 20, 27

10:00am Faith Bible Institute at EBBC

Saturdays Nov. 1, 15, 22; Dec. 6, 13, 20

7:00pm Youth Group at EBBC

Special Upcoming Events

Nov. 7,8 Word of Life Super Bowl Youth Group activity

Nov.15 at 6:30pm Family Movie Night at EBBC

Doors open at 6:30pm.

Nov. 26 at 7:00pm Thanksgiving Service

Dec. 5 Men's Retreat at Camp Marantha

Dec. 13 at 7:00pm Ladies "O Holy Night"

Christmas Tea in the EBBC Fellowship Hall

Dec. 21 at 6:00pm Christmas Musical at EBCC

Dec. 24 at 6:00pm Christmas Eve Service

News from the Historical Society

The Epping Historical Society & Museum is open on Mondays from 6-9 p.m. and Wednesdays from 10 a.m.-2 p.m.

The third program in a three-part lecture series at the Epping Historical Society begins at 7 p.m. on Thursday, November 6th and is free and open to all.

MEET THE WRITE SISTERS "Women of Granite: 25 New Hampshire Women You Should Know"

"It lives up to its title: these are women you should know . . . It's just about the sheer accomplishments of women." From Lisa Parson's review of Women of Granite in The Hippo:

"The Write Sisters learned about a number of interesting women while researching and writing their latest children's book, Women of Granite. Many of these women were unknown to them at the start of the project, and are unknown to the public in general. Come learn who these women are, why they've faded from the public consciousness, and why you should know about them. The Write Sisters are Janet Buell, Kathleen Deady, Muriel Dubois, Diane Mayr, Barbara Turner, Sally Wilkins,

and Epping's own ANDREA MURPHY. They are related only through their shared passion - writing for kids. They first got together as a critique group in 1988. Since that time with over 100 children's books to their collective credit, they have stayed together and grown stronger through their commitment to the craft and to their friendship.



December (Date to be announced)

OUR TOWN ANNUAL CHRISTMAS TREE LIGHTING AND CAROLING EVENT.

The Epping Historical Society will again have it's OPEN HOUSE with holiday refreshments.

HISTORICAL SOCIETY WINTER NOTE::

For public safety concerns the Epping Historical Society will again be closed during hazardous walking conditions this winter. This is due to the continued parking ban, including parking for the handicapped, in effect in front of the building.

For more information: Joy True at 679-8855 or Madelyn at 679-5482

Evening of Giving

Knights of Columbus , Council #6850, will be selling tickets to the 16th annual Simon Evening of Giving. This is an exclusive after-hours shopping night to kick off the holiday season on Sunday, November 23, from 6:00 - 9:00pm. Shoppers will experience exclusive one night only discounts offered by participating retailers as well as immersing themselves in the pre-holiday experience and entertainment.

Tickets are \$10.00 can be used at any Simon Mall for the Evening of Giving. The deadline to order is Thursday, November 20. Call Ron, 895-2889 or Dave, 895-9667.

Epping School District News



This school year we will have a similar school calendar to last year. There will be no early release days and professional development training days for staff members have been scheduled on days prior to long holiday weekends. Please visit

www.sau14.org for the 2008-2009 School Calendar.

SCHOOL BOARD MEETING SCHEDULE

The Epping School Board will hold regular meetings at 7:00 p.m. in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV.

- November 6 and 20, December 4 and 18

Epping Elementary School (EES)

Crafters/Vendors Needed

The Epping Elementary School Art's Committee is sponsoring a "Make and Take" Craft Fair to raise money to support our awesome Artist-in-Residence program. They are looking for Crafters and Vendors to come share their wares, too. Part of the appeal of this fair is that kids of all ages can come and make a variety of crafts to take home with them that night. This frees mom and dad to visit the various vendor/craft tables and do some shopping. The event will take place at the Epping Elementary School multi-purpose room on Thursday, December 4, from 6:00 - 9:00 p.m., with set-up starting at 5:00 p.m. Tables, which are supplied, are \$20.00, and the committee is also asking for a small product/craft donation for their raffle. Please fill out the vendor application (available at the school) and send to Epping Elementary School, 17 Prospect Street, Epping, NH 03042. Please also enclose your check made out to EES with "Craft Fair Fee" in the memo. For more information, contact Abby Constantineau in the Health Office at 679-8018 ext 222, or at home, 679-9570.

Epping Middle School (EMS)

During the month of October, Epping Middle School raised nearly \$4,000 for various cancer organizations due to the efforts of students (Hats On Day for the Foundation for Children with Cancer) faculty and staff (denim day for Breast Cancer Awareness) and on Sunday, October 19th the EMS Pride! Team walked in Manchester and raised over \$3,700 for Making Strides Against Breast Cancer. Thank you to the entire school community for your generosity in this community outreach.

On Tuesday, October 21, EMS held a "mock election" for all the candidates on the NH Ballot. Students received a "I Voted" button upon completing their secret ballot.

Going Green -- Our school colors may be "blue and white with a little bit of red" but we are working hard to be GREEN! We have been recycling paper for three years due to the efforts of Mr. Repucci and the recycling club. Mrs. Phelps has been taking plastic to the center and now Mrs. Nelson's advisory is coordinating efforts to recycle plastic for the entire school. We're turning off lights, shutting down computers, and now are turning to the school community for assistance. We are asking parents to supply their email addresses so that we can send Wednesday News Notes to Parents via email and save paper!

The Plato Team has been collecting change for UNICEF during the month of October. Our students will be helping children in other parts of the world get the things they need to grow and survive. Money collected will help get water, education and medicine to those who need it most. On November 7th, the staff will be wearing jeans and paying \$5 for the Epping Community Church Food Pantry. The focus of our efforts in November will be to help supply the food pantry in anticipation of the winter months.

October 27-31 Plato Team enjoyed a week at Nature's Classroom in Freedom, NH. This unique educational experience for students and their teachers offers the best in environmental education. The students participate in hands-on interdisciplinary classes. Through their experiences, students gain self confidence, learn cooperation and have strengthened relationships with their peers and their teachers. Together, they returned to the classroom united through this shared experience to better achieve the common goal of the pursuit of knowledge.

November 3 The Legend of Sleepy Hollow. Performed by the professional puppeteers of PuppeTree <<http://www.vtpuppetree.org/>> from Post Mills, Vermont, The shadow puppets will enchant all! At the end of the show, the performers will remove the shadow screens and demonstrate how the shadow puppets are operated, providing a 'backstage' view of the production.

After School Art will begin on Monday October 27 and continue on November 3, 17 and 24 until 4 PM (please arrange for transportation home). This module of the art club is called "Glowing Glass" and the work of Dale Chihuly will be introduced. Students will be experimenting with Plexiglas forms which will be molded and painted. Any 7th or 8th grade students wishing to work on art projects for the Scholastic Art Awards should see Mrs. Booth.

Fall sports recognition night will be on Thursday, November 6 at 6:00 pm in the cafeteria. Please bring your favorite snack or dessert to share.

Parent Conferences at EMS are scheduled for 11/24 and 11/25.

EMS is hosting our first Artist-in-Residence program during the week of December 1-5. Children's Stage Adventure will be helping our students produce their first play on our new stage. Come join us on Friday, December 5th at 7:00 p.m. for the production of The Sword Called Excalibur!

Volunteers Needed - We're welcoming assistance from parents and members of the community to assist with special events such as the magazine drive and our school-wide voting as well as to do other activities such as reading with individual students. Donna Garrow (www.garrowdonna@aol.com) is coordinating the volunteer program at EMS with Sue Thompson, EMS Administrative Assistant.

Hannaford Helps Schools - once again Hannaford Brothers in Raymond is helping schools in our community. Beginning September 4 and running through December 4, 2008 choose from more than 1200 participating products, look for extra credit products that earn extra school dollars, get 3 school dollars for every 4 participating products you purchase, deposit school dollars at Hannaford or at the school, visit www.hannaford.com/hhs to learn more.

Epping High School (EHS)

Report Cards

Report cards for all high school students will be mailed home on Friday, November 7th. Parent conferences for the high school will be on November 19th & 20th, from 3:00 pm to 6:00 pm.

After School Tutoring

Tutoring is available to all EHS students in the Darryl J. Rice Memorial Media Center on Tuesdays and Thursdays (except faculty meeting days) from 2:45-3:45 pm.

Save the Dates

- Semester I final exams are scheduled to begin on January 27th.
- Advanced Placement Exams begin on May 5th.
- Junior Prom will be held at the Granite Rose in Atkinson on May 22nd.
- Awards Night for Epping High School is scheduled for June 6th.
- Senior Dinner for the Class of 2009 is scheduled for June 9th.

- Graduation for the Class of 2009 is scheduled for June 19th.

News from the Freshman Team...

In seminar we have finished reading the novel "Speak", which brought about some very insightful discussions. We are now officially starting our **silent reading program** where the students will be asked to read something of their choice on certain seminar days. Some of our classes have already been to the library to choose some reading of interest.

You can now visit our **schoolnotes** pages on www.schoolnotes.com. You simply enter in your zip code and you find all of the Freshman core teachers listed. Check in regularly to see what's going on in your child's classes.

Epping High School Instructional Corner

Teachers at Epping High are busy improving the quality of instruction in the classroom. All teachers at Epping High are involved in a program called The Framework for Effective Instruction. Teachers are busy assessing how successfully students can access textbook material, teaching students to use metacognitive thinking (ask your son or daughter what metacognition means and they will tell you), and writing lesson plans that connect goals to assessment using higher order thinking. Nearly every week, a consultant from Tuft's University works directly in the classroom with teachers to help teachers improve teaching and learning.

On those workshop days when your child has no school, teachers are busy perfecting their teaching skills. The first two workshop days are focusing on writing effective lesson plans using higher order thinking, connecting assessments to instruction and how to differentiate instruction. The SAU also provides workshops on various topics that are aimed at improving instruction. Faculty meetings are held twice a month with further instruction and/or practice in an area aimed at improving instruction.

When you come to the High School for Parent Conferences ask about your child's progress and also ask about how and what they are learning in the classroom. You will see exciting things happening in education.

Carol Bartlett Instructional Specialist

10th Grade News:

All of the high school classes held elections for President, Vice President, Secretary and Treasurer for this year's Student Government, except the sophomore class. After a class meeting it was decided that this year's 10th grade class would be represented by an **Executive Council**. This group

would then be able to assess tasks as a group and determine who should lead or step up depending on the situation.

The 10th grade teachers would like to remind parents that homework is given nightly, with some classes having more than others depending on the subject matter being taught at the time. Please engage your son/daughter in a conversation about homework and make a plan. They should have a quiet space, plenty of light and a consistent amount of time set aside each evening for homework.

The sophomore class needs to start fund raising for their Junior Prom and Senior year activities. It is difficult to raise all of the money in one year so students are asked to start fund raising as early as possible. If you have any fund raising ideas that you would like to pass along please contact a sophomore student or teacher.

News from the Darryl J. Rice Memorial Media Center:

In support of our Literacy goal, a book group has formed which meets during Block 3. The group's first selection is *The Lovely Bones* by Alice Sebold. In addition, high school students are reading and rating this year's Flume Award selections, which is a N.H. Teen Readers' Choice Award. A wiki has also been created to have online discussion and book reviews.

Teen Read Week was held Oct. 12-18. Find out what your teen is reading in school and for personal enjoyment. Earlier this month, we raised awareness with a display of 'challenged' titles during Banned Books Week.

Last spring, we were awarded a grant through the National Endowment for the Humanities called "Picturing America". In early October, the school received 40 high quality art reproductions of American history and culture. These posters will be on display throughout the year in the media center and in classrooms to enrich our curriculum and environment.

What's popular reading this year? Graphic novels, especially Manga series like *Death Note*, continue to circulate well, along with the popular Twilight series by Stephanie Meyer. Other popular authors include Sarah Dessen, Jodi Picoult, Ellen Hopkins, and Darren Shan.

Helen Brock, Media Specialist

The fall athletic season is winding to a close. Our fall teams have played 90% of their schedules and have met with mixed results. The following is a recap of their season thus far:

Team Records and Notes

Boys Soccer 12-4

The boys are making a strong run towards the play-offs. They are ranked fifth in the standings as of press time, and have captured a home play-off game vs. Berlin at Seacoast United Soccer Complex on October 29 – 3:00 p.m. game time. Good luck boys.

Girls Volleyball 6-12

The girl's volleyball team has captured a play-off spot. They will travel to Moultonborough on Oct. 30 for a 6:00 p.m. game. The girls recently had a huge victory over Hillsboro-Deering, (3-1), highlighted by a thrilling second game overtime victory 35-33. The girls, at press time, were on a three game winning streak.

Girls Soccer 2- 14

The girls soccer team celebrated senior day on October 10th with a win, 1-0 over Mascenic Regional High School. The team recognized seniors Meghan Fiore, Megan Browning, Cory Buchanan, and Amanda Foster. The girls were presented with roses and took team, parent, and coach's photographs. Congratulations girls!

Varsity Football 1-6

The varsity football team continues to find its way difficult in ultra competitive Division 5 football. Coach McFadden was extremely pleased with the boys continued efforts, as they battle each opponent from start to finish. He has mentioned many compliments from opposing coaches on the team's heart and play.

Varsity Spirit

The varsity spirit team is gearing up for the state competition which will be held on Nov. 9th at 12:00p.m. at Southern New Hampshire University.

JV Football 1-3

The JV football team is gearing up for their final four games of the season. The team has added a Sunday afternoon game vs. Farmington on Nov. 9th. Game time 2:30 p.m. The team will be playing the game at Newmarket High School at the Leo Landroche Field Complex.

JV Spirit

The JV spirit team has been busy preparing for their upcoming competitions. The girls will be traveling to Concord for the Capital City Classic on Nov. 2nd and to Plaistow for the Timberlane JV Invitational Championships on Nov. 16th. Times are to be determined.

A Reminder for all upcoming games, and tournament events

Epping High School is a proud member of the NHIAA, and we believe is sportsmanship first and

forever. Winning is for a day; sportsmanship is for a lifetime. Please cheer on our team, and not against the opposing teams. Please be reminded that we cannot change official's calls and that any badgering of officials only hurts our kid's chances. Please be good sports!

Winter Sports

Winter Sports Sign-ups: Sign-ups are ongoing through November 10th. Please pick up athletic forms in the main office or see Mr. Averill for necessary paperwork



Project Graduation

Volunteers needed

The 2009 Project Graduation Committee needs your support. Please attend our monthly meetings every 3rd Tuesday at 7:00PM in the high school conference room. Students welcome at all meetings.

Volunteers needed for sign-ups at booth sales & events. Gift certificates and donations needed. Students are welcome to volunteer. Upcoming events are Election Day Raffle Booth on November 4th, Tag Day at the Epping Sanitation Center on November 29th and 30th and Christmas Tree Sales at the American Legion December 6th and 7th. Please come out and support us!

Project Graduation hosts an all night event for the seniors immediately following the ceremony on June 19th. Seniors will help plan their event, which usually includes dinner and dancing at the Legion Hall and a Hypnotist for their entertainment. Previous years we have visited Hilltop Fun Center and ended in the wee hours of the morning with a homemade breakfast provided by the Epping Community Church.

If you wish to provide an item for our raffles, call Kelly Butler, Epping Project Graduation Coordinator, at 603-679-1319 or Eppingprojectgrad2009@gmail.com and I will make arrangements to pick up any items.

All sponsors will be listed on the 2009 Graduation commencement program.

Gift Certificates and money donations may be sent to: Epping Project Graduation, PO Box 529, Epping, NH 03042

You will find more information on EHS via our website:

<http://sites.google.com/site/speakupepping/>

The EHS newsletter is posted under attachments on the home page and/or in the archives section for you to look at and/or print out.



Harvey Mitchell Memorial

Library

November Schedule:

Monday November 10 at 7 p.m. **Friends of the Library meeting.** Come see how you can lend a hand to your local library.

Monday November 10 to December 6

Friends of the Library Silent Auction

Wednesday November 12 **Crafter's Night** at the Library at 7 P.M. Candlemaking

Friday November 14 from 6:30-7:30 p.m. **Pajama Night:** An evening storyhour for kids from 2 to 8 years of age.

Tuesday November 18 at 7 p.m. **Eclectic Book Group** discussing TBA. Call the library, 679-5944, to find out what we are reading or swing by a borrow a copy.

Wednesday November 19 at 7 p.m. **Mystery Book Group** discussing TBA. Call the library, 679-5944, to find out what we are reading or swing by a borrow a copy.

Wednesday November 19 at 7 p.m. **Library Board of Trustees meeting.** Open to the public.

Thursday November 20 at 6:30 p.m. **Tax Talk** Social Security and its impact on retirement

Saturday November 22 11:00 a.m. to 1:00 p.m. **Toy Play Day.**-. Theme TBA.

Monday November 24 at 11:00 a.m. **Senior Tea.** November Date to be announced. **Dessert & a Movie** 7:45 p.m.. Call the library, 679-5944, to find out what we are watching and better yet, what we are eating.

December Schedule:

Monday December 8 - 7 p.m. - **Friends of the Library meeting**

Tuesday December 9 - 7 p.m. - **Eclectic Book Group** discussing TBA

Friday December 12 - 6:30 to 7:30 p.m. - **Pajama Night: "Magic of Christmas"**

Wednesday December 17 - 7 p.m. - **Library Board of Trustees meeting**

Wednesday December 17 - 7 p.m. - **Mystery Book Group** discussing TBA

Saturday December 27 - 11 a.m. to 1 p.m. - **Toy Play Day:** Theme TBA.

December date to be announced - 7:45 p.m. - **Dessert & a Movie:**

Every Thursday, Scrabble Club - 1 p.m. - Drop in games. All adults welcome. Non-tournament style play.

Epping Recreation Department News Fall and Winter Programs

679-3301 / rec@townofepping.com

Yoga

Two adult classes

Mondays and Wednesdays 6-7p.m.

Upstairs at the Town Hall

\$35 for six-week program, ongoing

Walk-ins Welcome \$8

MUSIC LESSONS!

GUITAR, BASS

With Joseph Murphy, local musician

At Watson Academy

Lessons Scheduled to accommodate your busy schedule

Youth and Adults, beginner to advanced

Singles: \$15/ hr, \$20/ 1/2 hr

Duos: \$12.50/ hr, \$15/ 1/2 hr

Groups of 3: \$10 / hr, \$12.50 /1/2hr

Taekwondo Classes

Epping Elementary School Multi-Purpose Room

Class Starts Monday, November 3rd

Middle School Students can join up with the Rec. program until the class starts.

3:30 P.M. - 4:15 P.M.

Call today to reserve your child's spot for the class Monday and Fridays, 3:30 P.M. - 4:15 P.M. here in Epping. The cost for the program will be \$65 per month, uniform will be included. If you are interested in the program, please call Ms. Snyder 434-9444, at the Derry ATA location.

4H Gone Wild Explorers Team! UNH Co-Operative Extension Program

Open to any youth in the 5th-8th grade, free! You do not have to attend the afterschool program to participate.

Are you grade 5th-8th? Are you excited about being outdoors and learning about trees, pond life and more wonders of nature? With the help of a naturalist, you will make observations, investigate trees and ponds in your own community through the fall, winter, and spring and explore what you find using digital cameras, microscopes and computers.

The Wild Explorers will take place every Thursday afternoon from 3:30 to 5:00 PM at the Epping Recreation Department. We will meet at the same time each week from October 2008 through June 2009.

Babysitting Course, Red Cross

Saturday, November 1st

9 A.M.-3P.M.

The American Red Cross Babysitter Training Course will be offered at the Watson Academy Building in Epping, NH on November 1, 2008 from 9:00 am – 3:00 pm. Pre-registration is required. Students must be between the ages of 11 – 15. Class size is limited, so please register early. Please bring a lunch and snacks. Cost for the course is \$45 per student, and is due at time of registration. To register for the class please call 603.766.5440, or go online,

www.greatbayredcross.org

Men's Basketball

Sunday Mornings, 9 AM-12PM

Epping Middle School Gym

Teams welcome!

More details to follow soon, contact the Recreation Department if you are interested in entering a team

Family Snow Shoe Trips

Third Saturday of the month, you must call to reserve your spot in this program.

Christmas Tree Lighting,

6 PM at DAR Park at Epping Center

December Vacation Trip to Bowling and Movies

December 29th, all day trip, call for details

Youth 1st -3rd grade and 4th -8th

Winter/ Spring Registration for Before and After School Program will start on Monday, November 17th

Contact the Recreation Office with questions about any of these programs at 679-3301 or rec@townofepping.com

Cliff and Sandy's Summer Adventure

Submitted by Sandy Cray

This past summer we planned to visit Cliff's Dad in California. We had made this trip before, so we decided to try a different route to see new territory. Imagine our surprise when we discovered another Epping! It is located in the north western part of North Dakota.

We researched it on the web,

www.epping.govoffice.com, (a first rate website) and thought it would be an interesting place to visit. We notified Selectman Tom Gauthier of our intent and the BOS gathered some gifts for us to take.

After a few "bumps in the road" we arrived in Epping, ND (population 87) on Sunday July 13th. Our visit coincided with their "Buffalo Trails Day" celebration. We had such a great time beginning with a public Pancake breakfast, worship service, parade (we were asked to ride in a Model T Ford as Marshals) Band concert and then a presentation of

gifts ceremony. We toured their museum that really consists of their Main Street. Seven buildings (1903 - 1925) have been preserved with prehistoric to homestead era displays. Their main street is gravel with wooden sidewalks and hitching posts.

I can't begin to tell you how nice and friendly the people are of our namesake town. They welcomed us with "open arms" and made our stay truly memorable.

The town was founded by two homesteaders in 1905, at a siding on the "Great Northern Railroad". When they petitioned the U.S Postal Service for a Post Office they were given a list of names. Epping was one of the names and they thought it was unusual and there was only the one other one, in New Hampshire. (We were named for Epping Woods in England, home of Lord Baden Powell, the founder of the Boy Scouts. There is one other Epping, in Australia.)

ETV has shown the movie we made of our visit and it and all the pictures we took are at our Historical Society on Water Street. Please visit and share our adventure!!

When we arrived home in August, we were contacted by the Union Leader and the Exeter Newsletter for details of our visit. Little did we know our "summer adventure" would continue into the fall!!

Pauline Santucci Ordained

Pauline Santucci was ordained as a Minister of the Gospel in a ceremony at the Epping Community Church last Sunday, Oct 26th.

Friends, relatives and fellow parishioners joined to celebrate this milestone in Pauline's life. A reception brunch was held following the service. Pauline, and her husband Louis, have been Epping residents for over 30 years. Our heartiest congratulations to Pauline.

Now Accepting Business Ads!

Would your business like to advertise in this newsletter? Business card-sized ads cost just \$25.00 per newsletter issue for in-town businesses and \$35.00 per issue for out-of-town businesses. If you prepay for one year in advance you pay only \$125, which means you get your ad in at least one issue for free. We expect to send out 5-6 issues per year. We currently email this newsletter to approximately 200 homes and we distribute over 250 paper copies around town. For more

information or to place an ad in the next issue, send an email to speakupepping@gmail.com.

The money collected from these ads will pay for the cost to print, copy and **eventually mail the newsletter to every Epping home**. What better way to find out what is really happening in Epping!

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (January-February) of this newsletter will be sent out by **January 10, 2008**. We will accept **submissions through December 20, 2008** to be included in the next issue. Please send your content, including contact information, for consideration to: speakupepping@gmail.com

Thanks for reading! - The Communications Group



Spotlight on Business

Edward Jones Investments

Glenn Cray, Epping resident, manages the Edward Jones Investments practice in Hampstead, NH. Edward Jones is the largest full service brokerage firm in the US in terms of number of offices. With over 10,000 offices, Edward Jones places their offices in and around the communities where their clients live and work. At Edward Jones, we believe in doing business face to face. We want to get to know your unique financial objectives so we can develop a strategy to help you achieve your long-term financial goals. So, whether you want to plan for retirement, save for college, reduce your tax bills or just acquire extra income to meet monthly expenses, you can expect personalized service and information on investing in quality investments for the long term.

We offer a variety of investments such as stocks, bonds, mutual funds, government securities, municipal bonds, CDs, money market funds, IRAs, and more.

Other services include 401k rollovers, retirement plans for your small business, life insurance reviews and long term care planning. Glenn is well positioned to serve residents of Epping, welcomes any questions regarding the current financial situation and offers a complimentary portfolio review. Feel free to contact him at 329-6112

Thanks to our business advertisers!

Bodywise



Physical Therapy LLC

629 Calef Highway (Rt. 125) Epping, NH 03042
 (603) 679-8100 www.BodywiseNH.com
**YOU HAVE A CHOICE IN PHYSICAL THERAPY.
 EXERCISE IT!**

Gourmet Foods & Gifts

Contact me to host a taste-testing party, order products or find out about becoming a Tastefully Simple® consultant.



Susan Torbitt #78240, Independent Consultant
 603-734-2645
susantorbitt@yahoo.com
www.tastefullysimple.com/web/storbitt

©2008, Tastefully Simple, Inc.

D & D Insurance
 Home—Auto—Business
 Commercial Truck Specialist
 Since 1996

P.O. Box 349
 49 Main Street
 Epping, NH 03042

Phone: 603-679-3885
 Fax: 603-679-3886
 Toll Free in NH: 1-888-878-5467
 E-mail: DNDInsurance@AOL.com

Representing many different insurance companies.
 Call me for a comparison quote!

LOOKING FOR DIRECTION IN THIS VOLATILE MARKET? LET'S TALK.


Glenn H Cray
 Financial Advisor

www.edwardjones.com Member SIPC

10 Main Street
 Hampstead, NH 03841
 603-329-6112

Edward Jones
 MAKING SENSE OF INVESTING

2 WEEKS FREE!



AIA KARATE CENTER OF CANDIA, LLC
 DEAN & VALERIE PAGE
 (603) 483-5200
 BIRCHWOOD PLAZA
 143 Raymond Road • Candia, NH 03034
 (Next to Pasquale's Italian Restaurant)
Limit 1 Coupon Per Person. Offer For New Students Only.

We invite you to be our guest for 2 WEEKS FREE! (Includes FREE Uniform!)

A Better Way to Health



- Cleanse Colon
- Balance Hormones
- Relax and Sleep
- Calm Anxiety
- Focus Attention
- And so much

Boost Energy—Lose Weight
 Improve Health—Feel Great
 Start Now—Why Wait?

BetterWay2Health.com
 Call Amy Houston for a free consultation. 603-679-9595

FREE DVD with purchase

The Pampered Chef
 discover the chef in you™

Abby Constantineau
 Independent Director
 Consultant #188409

15 Cherokee Dr
 Epping, NH 03042
 Home 603-679-9570



pchefabby@comcast.net
www.pamperedchef.biz/abbyc

TOP PERFORMANCE CLUSTER

Epping Calendar of Events for November 1 - 13, 2008

Date	Event
October 31	Halloween night in Epping - Trick or treating 5:00 – 7:00 p.m.
November 1	Varsity Football Game at home with Kearsarge 1:30 p.m.
November 1	“Going Green Environmental Heroes Award” presented to Town of Epping 1 p.m.
November 1	Scouting For Food Bags dropped off
November 1	American Red Cross Babysitter Training Course 9 a.m. – 3 p.m. in Watson Academy
November 1, 7-9	“Peter Pan” at the Leddy Center theater on Main Street. School shows November 5 and 12
November 2	EHS Junior Varsity Spirit Team Capital City Classic competition in Concord
November 3	“Glowing Glass” After School Art at EMS until 4:00 p.m. Starts on October 27
November 3	Junior Varsity football Game at Kearsarge at 4:00 p.m.
November 3	Taekwondo Classes start in EES multi-purpose room-Mondays and Fridays 3:30–4:15 p.m.
November 3	“The Legend of Sleepy Hollow” performed at EMS by Professional puppeteers of PuppeTree
November 3	EES Student Council Elections
November 3	EES Veterans’ luncheons all week
November 3	EES PTO Meeting at 7:00 p.m. in the EES Library
NOVEMBER 4	ELECTION DAY Voting 8 a.m. to 7 p.m. in the Middle School gym Same day registration
November 4	No School Election Day
November 4	Project Graduation Election Day Raffle Booth
November 5	EMS Basketball season starts
November 5	Picture Retake Day at EES 10:30a.m. to 1:00 p.m.
November 6	Picture Retake Day at EMS
November 6	“Meet the Write Sisters” program at the Historical Society at 7:00 p.m.
November 6	EMS Fall Sports Recognition Night at 6:00 p.m. in the cafeteria
November 7	EHS Report cards mailed home
November 7	EBBC Word of Life Super Bowl – Youth Group activity
November 8	EBBC Word of Life Super Bowl – Youth Group activity
November 8	Varsity Football Game at home with Pelham at 1:30 p.m.
November 8	Red Cross Blood Drive at the Epping Fire Department 10 a.m. to 3 p.m.
November 8	Explorer Awards Dinner
November 8	Filled Scouting For Food Bags picked up
November 8	Football and Spirit – Senior Recognition Day at 1:00 pm.
November 9	Breakfast at American Legion Post 51 from 8:00 – 11:00 a.m.
November 9	Spirit competition at Southern New Hampshire University 1 p.m.
November 9	Junior Varsity Football Game vs Farmington at 2:30 p.m. at Newmarket High School
November 10	Junior Varsity Football Game at Pelham at 4:00 p.m.
November 10	Friends of the Library 7:00 p.m.
November 10 - December 6	Friends of the Library Silent Auction
November 10	No School - Parent conferences
November 11	No School - Veteran’s Day
November 12	EMS Spirit Season starts
November 12	Crafter’s Night at the Library at 7 p.m. Candlemaking
November 13	Visit to Epping Fire Department to find out about the Explorer Post
November 13	Kindergarten Parent Conferences

Epping Calendar of Events for November 14 - 30, 2008

November 14	Pajama Night at the Library 6:30 p.m. to 7:45 p.m. for kids 2 to 8
November 15	Christmas Fair at St Joseph Church from 8:00 a.m. to 4:00 p.m.
November 15	Ham Dinner at Epping Community Church
November 15	Grand Opening of new Leddy Center theater on Ladd's Lane with reception at 6:00 p.m. and Mary Gatchell in Concert with her band from NYC! at 7:00 p.m.
November 15	EBBC Family Night at the Movies - Doors open at 6:30 p.m.
November 16	Timberlane Junior Varsity Spirit Invitational Championships in Plaistow
November 17	"Glowing Glass" After School Art at EMS until 4:00 p.m.
November 17	Winter/Spring After School Program Registration starts at Recreation Department
November 18	Eclectic Book Group at the Library 7 p.m.
November 19	EMS Report Cards go home
November 19	Mystery Book Group at the Library 7 p.m.
November 19	Library Board of Trustees Meeting 7 p.m.
November 19	EHS Parent-Teacher Conferences 3:00 to 6:00 p.m.
November 20	EHS Parent-Teacher Conferences 3:00 to 6:00 p.m.
November 20	Tax Talk at the Library at 6:30 p.m. Social Security and its Impact on Retirement
November 21	Venture Crew's Movie and Pizza night 7 p.m. at Epping Community Church
November 22	Toy Play Day at the Library 11 a.m. to 1 p.m.
November 23	Knights of Columbus Simon Night of Giving 6:00 - 9:30 p.m.
November 24	"Glowing Glass" After School Art at EMS until 4:00 p.m.
November 24	EMS Parent Conferences 3-7 p.m.
November 25	EMS Parent Conferences 3-6 p.m.
November 26	EBBC Thanksgiving Service 7:00 p.m.
November 26-28	No School - Thanksgiving Holiday
November 29	Fire Department's "Stuff the Bus" Toy Drive at Wal-Mart
November 29	Project Graduation Tag Day at Epping Sanitation Center
November 30	Fire Department's "Stuff the Bus" Toy Drive at Wal-Mart
November 30	Project Graduation Tag Day at Epping Sanitation Center

Epping Calendar of Events for December 2008

Date	Event
December 1	EES PTO Meeting at 7:00 p.m. in the EES Library
December 1-5	Artist in Residence Program at EMS
December 4	“Make and Take” Craft Fair at the Epping Elementary School 6:00 to 9:00 p.m.
December 4	Last day for :”Hannaford Helps Schools”
December 5	“The Sword Called Excalibur” at 7:00 p.m. at EMS Artist in Residence Program
December 5	EBBC Men’s Retreat at Camp Marantha
December 5 – 14	“A Christmas Carol” at the Leddy Center theater on Main Street
December 6,7	Christmas Tree sales at the American Legion by Project Graduation
December 7	Breakfast at American Legion Post 51 from 8:00 to 11:00 a.m.
December 8	Friends of the Library Meeting 7 p.m.
December 9	Holiday Concert for Grades 2,3 & 5 and Advanced Band at 7 p.m. in the Middle School Gym
December 9	Eclectic Book Group at the Library 7 p.m.
December 10	Holiday Concert for Grades 1 & 4 and Beginning Band at 7 p.m. in the Middle School Gym
December 11	EMS Winter Concert at 6:30 p.m. in EMS Gym
December 12	Pajama Night at the Library 6:30 p.m. to 7:45 p.m. for kids 2 to 8 “Magic of Christmas
December 13	EBBC Ladies “O Holy Night” Christmas Tea in the Fellowship Hall at 7:00 p.m. 7
December 17	Library Board of Trustees Meeting 7 p.m.
December 17	Mystery Book Group at the Library 7 p.m.
December 21	EBBC Christmas Musical at 6:00pm
December 21	Fire Department’s Santa Parade through Town, starting at 3 p.m.
December 24 - January 2	No School Holiday Recess
December 24	Epping Bible Baptist Church Christmas Eve Service
December 24	Christmas Eve Service at Epping Community Church at 7:30 p.m.
December 24	Christmas Eve Vigil Masses at St. Joseph Church at 4:30 p.m., 7:00 p.m. and Midnight Mass
December 25	Christmas Day Masses at St. Joseph Church at 9:00 a.m. and 11:00 a.m.
December 27	Toy Play Day 11 a.m. to 1 p.m.
December 28	Deadline date to submit material for the January-February issue of the Newsletter
December 29	Rec Dept. All Day Vacation Trip to Bowling and Movies for 1 st – 3 rd grades and 4 th – 8 th grades

If you would like your next event to appear on the Calendar of Events, please send us an email at speakupepping@gmail.com by **December 20, 2008**. Please include the date, event name, location, and time.