



Speak Up, Epping! Newsletter

Volume Two, Issue 1

Epping, New Hampshire

February '08-March '08

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information for upcoming events and pertinent information from community organizations. Material for this newsletter may be submitted to: speakupepping@gmail.com. Please note that no opinion, editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to receive this newsletter electronically, please send your email address to Barbara Helmstetter at Barbara.S.Helmstetter@Dartmouth.edu.



Epping's Winter Wonderland

Some folks may not know that there are a couple of places to join in the winter fun around Epping. **Harvey's Farm** on Red Oak Hill allows residents to use the land for **sledding and more**. Please mind the signs posted on where to and not to park.

The Committee has also heard that residents can **ice skate** on **Hoar's Pond**, which is located off Prescott Road on Beniah Lane.

Epping TV

Epping TV (ETV) is on cable channel 22. You can find out about town meetings, primary results, upcoming elections and more.

Town Administrator Search

The search for a new Epping town administrator to replace our former administrator, Steve Fournier, has been narrowed to three finalists. A final decision is expected shortly.

New Town Official Hired

David Kramer has recently been hired as the new code enforcement officer/building inspector for the Town of Epping.

Scouting Around Town

Cub Scout Pack 136 meets at the Epping Community Church on the 3rd Wednesday of the month except in February. The **Blue and Gold Banquet** will be held at the Elementary School on February 22 at 6:30 P.M. Parents, family and friends are invited to attend. Tickets are available from Den Leaders. The **Pinewood Derby** will be held at the Elementary School on March 22.

Boy Scout Troop 136 also meets at the church every Monday at 6:30 P.M., except holidays. Youth that have completed the 5th grade are welcome to come. On February 2 the Troop will travel to Raymond to take part in the **Klondike Derby**. February 3 is Scout Sunday and the troop and pack will attend services at the Community Church. Please join us for the 9:00 A.M. worship service. The week of February 8-10 the Boy Scouts will be at the **T.L. Storer Scout Reservation in Barnstead for some winter survival training**. The Cub Scouts will join in the fun and fishing on Saturday that weekend.

Venture Crew 484 is a co-ed group that likes all types of outdoor activities. They meet the 1st and 3rd Thursday of each month at the Community Church. The Crew is planning an **ice fishing day and a winter weekend living out in the outdoors**. The group is open to all youth 14 to 20 years old. Youth from Epping, Brentwood, Raymond and Newfields are welcome.

For information on any Boy Scout organization, call Cliff Cray at 679-5125 or email him at deacon100@comcast.net.

For information regarding the **Girl Scouts** or to order Girl Scout cookies, contact Debi Bennis at 679-1453 or Bev Cray at 679-2677.

Explorer Post 716 is sponsored by the Epping Fire Department. Meetings are held the 2nd, 4th and 5th Thursday nights from 7:00-8:30 P.M. at the Safety Complex. Youth ages 14 to 20 years old are welcome.

The **Automatic External Defibrillator (AED) fundraising** is still going on. Four units have been purchased so far with two of these units being placed with the High School sports programs and one has been donated to the Elementary School. The 4th AED will be donated to the Watson Academy Recreation Program. For Explorer information, call 676-5446 and leave a message for Deputy Desotto or Director Cray.



Epping Elementary School's Artist in Residence Program

The Artist in Residence Program is a program in which a professional artist comes into the school to work with students. Epping Elementary School (EES) has had an Artist In Residence program for the past eight years.

In our first year, we had Two Fiddles, a fiddle duo came in and taught our students barn dancing. The residency culminated in two community barn dances. In our second year, we brought weaving artisan Sarah Haskell in to create eight large tapestries with students. In our third year, we had local pottery/ceramic artist Rob Rossel come in to make two large tile murals, and work with students on the pottery wheel. In our fourth year, we had landscape architect Laura Campbell come to begin a three-year gardens project. Laura helped us to create four gardens around our school that tie in with grade level studies and are meant to be outside learning spaces. We now have a grades K/1 butterfly garden, a grades 2/3 shapes and weather garden, a fourth grade New Hampshire garden and a fifth grade explorers garden. In our fifth year, we had NH sculptor Emile Birch come to our school to help students design and create sculptures in each of the gardens that tie in with garden themes. Next we had Rob Rossel, who worked with students to create our garden tile murals, as well as work on the pottery wheel. We

have also continued to have Two Fiddles return each year (sponsored by the EES PTO) to work with third and second graders and to do a community barn dance.

Once our gardens were completed, we moved on to a focus on immigration. We will continue to explore various cultures that make up our community. In this first year of our new plan, we will focus on immigrants from Poland, Germany and Russia. We had three artists visit us in the spring of 2006. Gary Sredzienski, also known as the "polka guy" from the WUNH Polka Party, visited with each class in grades K-5 to play his accordion and talk about Polish immigrants. We also had Russian traditional painting artist Marina Nazarova Forbes work with students K-5 on painting small eggs or nesting dolls. Our fourth grade focus group worked with traditional folk dance artist Marianne Taylor to learn some traditional German and Polish dances. We then had a culminating evening in which Gary Sredzienski played his accordion for the fourth grade dance demonstration, and we displayed the painted Russian pieces.

Last year we had an amazing experience with the Peruvian Band, Inca Son. They performed for students in an assembly and the bandleader, Cesar taught students in K,1,2,3 about Peru and Peruvian dance. Students in grades 4 and 5 learned how to play the Peruvian Pan flute. Inca Son and our students then put on an amazing show for us at the international potluck supper.

This year our focus will be on Africa and we will have two artist's working with our students in grades K-5. Randy Armstrong will demonstrate and teach about world music and West African drumming to all students. He will kick-off the residency with two assembly performances for students and he will then have a class for the students in grades K-4. He will spend 3 classes with each fifth grade class to teach them how to perform African drumming for a performance on the evening of our international potluck supper. Theo Martey is the second artist and he will work with students in grades 1-4 to teach them African dance. Theo is an African drummer and dancer from Ghana, Africa.

- Submitted by EES Art Teacher Colleen Schmidt



Help Fill Epping Town Offices

The Town of Epping will elect the following officials on March 11, 2008. **To have your name placed on the ballot for any of these offices**, you must file with the Town Clerk between January 23, 2008 and February 1, 2008 at 5:00 PM.

Town Offices

Board of Adjustment - 3 years - 1 position
Board of Adjustment – 2 years – 2 positions
Budget Committee - 3 years - 3 positions
Cemetery Trustees - 3 years - 1 position
Checklist Supervisor – 6 years – 1 position
Fire Ward - 3 years - 1 position
Library Trustee - 3 years - 1 position
Moderator – 2 years – 1 position
Planning Board - 3 years - 1 position
Selectman - 3 years - 1 position
Treasurer – 3 years – 1 position
Trust Fund Trustee - 3 years - 1 position
Water & Sewer Commission – 3 years – 1 position

Epping School District

School Board Member - 3 years - 2 positions
School District Clerk – 3 years – 1 position
School District Moderator – 3 years – 1 position
School District Treasurer – 3 years – 1 position

Watch for the date for Candidates Night on ETV.

It will be announced after filing is complete and will give you a chance to get to know the candidates.

Town and School Election

Town Deliberative Session

Tuesday, February 5, 2008
Meeting Place: Epping Middle School Gymnasium
Time: 7:00PM

School Deliberative Session

Thursday, February 7, 2008
Meeting Place: Epping Middle School Gymnasium
Time: 7:00PM

Register to Vote

The last day to register to vote before the **Deliberative Session** is Friday, January 25, 2008 from 9:00 A.M. to 3:00 P.M. at the Town Clerk's Office.

The last chance to register to vote before the **Town Election** is: Friday, February 29, 2008 from 9:00 A.M. to 3:00 P.M. at the Town Clerk's Office, or on Saturday, March 1, 2008 from 11:00 A.M. to 11:30 A.M. at the Town Hall with the Supervisors of the

Check List. You may register to vote at the polls on Election Day.

Election

Tuesday, March 11, 2008
Polling Place: Epping Middle School Gymnasium
Polling Hours: 8:00 A.M. to 7:00 P.M.

Spotlight on Business

Bodywise Physical Therapy is an outpatient practice conveniently located in the Knightly Plaza in No. Epping at the intersection of Route 125 and Route 155 (629 Calef Highway). The clinic location provides excellent access to patients with ample parking.

Bodywise is a 2,000 square foot, state of the art clinic that opened in January 2007. It is owned by Karen and Ryan Poplaski, a husband and wife physical therapy team.

In a recent survey of past patients, 100% of patients would recommend Bodywise to a family member and 100% were satisfied with their therapy. This is due to an emphasis on one-on-one treatment provided by physical therapists only, resulting in a higher quality of care for the patient. This leads to a positive patient experience and excellent therapist-to-physician communication.

Whether it's your first experience with physical therapy or a familiar routine, you'll find a comfortable environment where the focus is on your individual needs. We specialize in treatment for all acute and chronic injuries to the spine, shoulder, elbow, wrist/hand, hip, knee and foot/ankle.

The office is open Monday through Friday from 7:00 A.M. – 7:00 P.M. Please visit the Bodywise website at www.BodywiseNH.com to learn more about the clinic and read patient testimonials. You may also contact the office for an appointment or more information at 603-679-8100.

Did You Know

According to New Hampshire Public Radio, Epping voters have **correctly predicted the Democratic winner** of New Hampshire's presidential primary since 1952. This year, we gave Hillary Clinton 578 votes with 374 for Obama, 245 for Edwards, 54 for Richardson, 9 for Kucinich, 2 for Gravel, 0 for Biden and Dodd.



Epping Garden Club

The Epping Garden Club will have a **Bake Sale** from 12 Noon to 5:00 P.M. on March 11 in the Middle School Gym, which is Town Warrant Voting Day. All proceeds will go towards spring and summer beautification projects in the town. Contributions of cookies, etc. are most welcome! For more info, contact Jane at 679-2573/Whitebarn245@aol.com

Congratulations, Voters!

Congratulations to the 2,319 Epping voters who were part of the 526,000 voters in the 2008 New Hampshire Primary. This year's Primary was a true celebration of democracy and we can all be proud of the voters in our state.



Coming to the Leddy Center

Three productions are coming to the Leddy Center in the next three months. **Little Women**, the classic story of the March family by Louisa May Alcott, will be on the Leddy Center stage from February 8 to February 17. **Porcelain Diaries**, an original musical revue conceived and written by Michael Coppola, can be seen from March 7 to March 16. Looking ahead, Jane Austen's romantic comedy, **Sense and Sensibility** will be coming to the Leddy Center from April 18 to April 27.

Shows are held Fridays and Saturdays at 7:30 P.M., Sundays at 2:00 P.M. Tickets are \$14 or \$16, depending on seating, all reserved, group rates available. Call 679-2871 to order tickets or order online at: www.leddycenter.org. Future attractions will include **Mary Gatchell Live in Concert**, **South Pacific** and **Peter Pan**.

Honoring Richard B. Sanborn

Richard B. Sanborn, a lifelong resident of Epping, will be honored by the community of Hampton Falls at a reception on February 3rd from 2-4 P.M. The reception is being held in **appreciation for his over forty-five years of dedicated service to the Town of Hampton Falls and the Hampton Falls School District**. He was the principal of the Lincoln Akerman School for over twenty-five years and has also served as science coordinator, science teacher and most recently as assistant principal and enrichment teacher. The reception will be held

in the school gymnasium and everyone is invited to come and recognize Mr. Sanborn for his contributions. Also, a scholarship for a Lincoln Akerman School graduate going on to post secondary education will be created in Mr. Sanborn's name. Donations should be made payable to the Richard B. Sanborn Scholarship Fund and given to Judith Deshaies, LAS principal.

Epping Community Church

There are a lot of things happening at the Epping Community Church. In January, the church broke ground on a new building addition that will be used for new Sunday School rooms, a larger assembly area for future growth, a music practice room, the new Hope Bellen nursery, church offices and a full-size elevator servicing both floors to accommodate the handicapped, elderly and for funeral services. Another building in Epping has been purchased as well, that will be used for outreach ministries and community support services.

The **Food Pantry and Coats of Caring Closet** are open every Saturday morning from 9:00-11:00 A.M. Other times may be arranged by calling 679-5542. If you or someone you know has a need for food or coats (children and adults), please come and take advantage of this resource.

All are invited to the other happenings coming up over the next few months:



February: **Super Bowl Sub Sunday** will be on February 3 from 12:00-5:00 P.M. Order forms are available or leave your order and telephone number on the answer machine by calling 679-5542. Fixings: Ham, turkey, roast beef, salami, veggies, American cheese and condiments. Donation: \$4.00 for a 6" sub; \$6.00 for a 12" sub. Your donation goes to the ECC Youth program and Youth activities fund. "Third Saturday Dinner" is a **Spaghetti and Meatballs** Dinner on February 16 from 5:00-7:00 P.M. Donation of \$7.00 per person. Your donation goes to the ECC Building Fund. Also on February 17 at 10:30 A.M. will be the "**Youth Potato Bar**". Donations will go to the ECC Youth Program and Activities.



March: Third Saturday Dinner is **Corned Beef and Cabbage** on March 16 from 5:00-7:00 P.M. Donation of \$7.00 per person. Your donation goes to the ECC Building Fund.

Get your **Ladies Aide Collector's Piece** now for \$15.00 at the Epping Community Church. The first shipment of the Epping Community Church Cat's Meow sold out fast and a new order has been received. These wooden keepsakes help preserve history and make a wonderful addition to your home décor. Pictured on the front of the piece is a replica of the church, with a brief history of the church on the back.

Worship time at Epping Community Church is on Sunday mornings at 9:00 A.M. and Sunday School is at 11:00 A.M.

Epping School District News

Please join us at the following school district meetings. February and March are busy months for reviewing and approving the 2008-2009 budget and other business articles. If you cannot attend in person, meetings are televised on ETV. Summaries of meetings are also published in the Carriage Towne News. Meeting minutes and other information are also posted on the district website at www.sau14.org.

February 7, 2008 – **Deliberative Session** – 7:00 P.M. – Epping Middle School Gymnasium – The purpose is to review, amend, and approve warrant articles for ballot voting in March.

February 18, 2008 – **SB2 Public Hearing** – 7:45 P.M. – Epping Town Hall – The purpose is to present and discuss a petition warrant article to rescind SB2 (Official Ballot).

February 21, 2008 - **Regular School Board Meeting** – 7:00 P.M. – Epping Town Hall – The purpose is to conduct regular school board business.

March 11, 2008 – **Voting Day** – 8:00 A.M.-7:00 P.M. – Epping Middle School Gymnasium – The purpose is to vote on school district articles approved at deliberative session.

March 13, 2008 – **Regular School Board Meeting** - 7:00 P.M. – Epping Town Hall – The purpose is to conduct regular school board business.

March 27, 2008 - **Regular School Board Meeting** - 7:00 P.M. – Epping Town Hall – The purpose is to conduct regular school board business.

Epping Elementary School News

PTO Meetings: 2/4/08 & 3/3/08 - 7:00-8:30 P.M. Our PTO meets the first Monday of each month in the Art Room at EES from 7:00- 8:30 P.M. Come be a part of a great organization! Free babysitting is provided for meetings.

PTO Ice Cream Social, EES Book Fair & Kids Art Fair: 2/8/08 – 6:00-8:00 P.M.

The PTO is sponsoring an **Ice Cream Social** on Friday, February 8 from 6:00–8:00 P.M. in the multi-purpose room at Epping Elementary School. Cost: \$1.50/ ice cream



The library will have a **Scholastic Book Fair** from February 4–8. The book fair will be open during the week for students and from 6:00–8:00 P.M. on Friday, February 8.

You are also invited that evening to attend our **Kids Art Fair** to see your child's creation! Students have made pictures in art class using cray-pas and watercolor resist on special paper sent to us by the "Art Fair" company. These will be hung in the multi-purpose room on the night of the ice cream social. Parents may purchase the frame and take home the artwork that night if they choose. The cost for the matt and frame is \$29.00. Twenty percent of the profit will go back to the school for the Artist in Residence fund.

Winter Vacation – 2/25/08 – 2/29/08
No School. School resumes March 3, 2008.

Teacher In-Service Day & Election Day – 3/11/08
No school.

Artists in Residence – 3/24/08 – 4/4/08
The Artist in Residence program this year will focus on West Africa. Musical Artist, Randy Armstrong, will teach students African drumming and Theo Martey from Ghana will teach African dance. The artists and students will put on an **African show on**

Friday, April 4 in the multi-purpose room at 6:00 P.M. There will also be an **international potluck supper** that evening. This promises to be a fun evening for the entire family! (See page 2 of this newsletter for more information about the Artist In Residence Program.)

Eagle Yoga for Grades 1 & 2 – 1/28/08 – 2/18/08
This program is offered after school from 3:15–4:15 P.M. To register for this 4-week program, please contact Mrs. Harris at 679-8018. Class size is limited to 12, so sign-up today!

Epping Elementary Youth Programs - Spring Semester

Important Dates to Remember

Friday, February 8 - ASP Payment Due

Monday, February 11 - Registration Starts for February Break, Open to all elementary age children in Epping. Cost is \$25 per day. If 30 participants register by Friday, the 15th, we will take a trip on the Wednesday of February Break.

February 25-29 - February Break

Tuesday, March 11 – Town Voting No School Day - Rec. open all day.

Friday, March 14 - ASP Payment Due.

Saturday, March 15, 9:00 A.M. Annual Egg Hunt at SAU playing fields.

Monday, March 24 - Registration Starts for Elementary Summer Camp. Partial payment due at registration.

Friday, April 11 - ASP Payment Due. No School Day - Rec. open all day.

Monday, April 14 - Registration starts for April break. Open to all elementary age children in Epping. Cost is \$25 per day. If 30 participants register by Friday, the 18th, we will take a trip on the Wednesday of April Break.

April 28 - May 2 - April Break

Friday, May 9 - ASP Payment Due.

Friday, May 23 - No School Day. Rec. open all day.

Monday, May 26 No School, No Recreation - we are closed.

Friday, June 13 - ASP Payment due Wednesday, June 18. - Last day of After School.

Monday, June 30 - First day of Summer Camp.



Upcoming Events at Epping Middle School (EMS)

We have 3 basketball games remaining. The first game is on February 1 at home against Raymond Middle School. The girls will start at 3:30 P.M. and the boys will follow at 4:45 P.M. The second game is on February 4 at the Cooperative Middle School in Stratham. The girls will start at 3:30 P.M. followed by the boys at 4:45 P.M. The final game is on February 7 at Raymond Middle School and this time the boys will start at 3:30 P.M. and the girls will follow at 4:45 P.M. Come on out and support our students!

The Middle School will host **Music in Our Schools Month Concert** on March 18 at 7:00 P.M. in our Middle School Gym. Come enjoy some great music. On March 28 our students will participate in the **Large Group Festival** held in Bow, NH. Good luck to all of our members!

Happenings at Epping Middle School

The Scholastic Art Awards of New Hampshire have selected art work from the following Epping Middle School students:

Gold Key: Exceptional work - Samantha O'Hanley for her painting entitled "Fragile Me". Samantha's painting will be forwarded to New York City to be assessed on a national level.

Silver Key: High Honors - Nisha Floyd for her painting "Breaking Through"; Tess Kucera for her painting "Flower Fragments in a Frame" and Colin Nollet for his collage "Collide".

Honorable Mention - Tess Kucera for her painting collage "Pieces to Sea"; Derek Lariviere for his drawing "self-portrait"; Natasha McCartney for her drawing "Christmas Wishes" and Abbie McPhee for her drawing "In Bloom".

The artwork will be on display at the **Stockbridge Theater, Pinkerton Academy**, Derry, NH from January 14 through February 2. An awards ceremony will take place for students and their families on February 2 at 11:00 A.M.

Congratulations to all of our **Spelling Bee** finalists who participated in our annual event during Literacy Week. Students participating included: Rebecca Arnold (who was absent), Darya Behnia, Ashley Ellis, Derek Martin, Dane McCullen, Alex Osgood and Lauren Pitkanen from the Whittier Team; Samantha Church, Cory Mills, Colin Nollet, Scott Soucie and Colin Spillane from the Frost Team; and, Brittney Bullock, Chelsey Gosselin, Keith Hill (who was absent), Joe Leclerc from the Hall Team; and, Chandler Brissette, Marina McCartney and Aziz Zarveen from the Thaxter Team. Colin Spillane won the EMS Spelling Bee and will represent our school at the **Regional Spelling Bee** on Saturday, March 1 at the Portsmouth Elks Lodge. The runner up is Colin Nollet and the second runner up is Ashley Ellis. They make us proud!



Reading Challenge

The **New Hampshire Fisher Cats** and the **Community College System of NH** know the value of reading. Reading helps people of all ages expand their imagination and further their education. Students across NH are having fun and reading and earning tickets to a 2008 Fisher Cats game.

At a recent all-school assembly at Epping Middle School a representative from the Fisher Cats and their mascot Fungo challenged the students to read five books outside of school. The students will record the titles of books read and send it to the Fisher Cat organization. Each student who meets the challenge will receive two tickets to a Fisher Cat game. All of those students will also be invited to a pre-game ceremony on the field and have their pictures on the jumbotron in addition to receiving certificates of achievement.



Earn Cash for EMS - Clip and Send in Your Box Tops

Earn cash for Epping Middle School through everyday activities: buying groceries, and shopping

online. Clip Box Tops from hundreds of participating brands including Cheerios, Rice Chex, Wheaties, Cascadian Farm cereals, Pillsbury doughs, Yoplait, Hamburger Helper, Betty Crocker, Nature Valley, Ziplock, and many others. Earn up to 8% back for your school when you shop online. With your help Epping Middle School can earn up to \$60,000 through Box Tops each year. Box Tops has partnered with dozens of popular online stores to help you earn even more cash for your school. At the Box Tops Marketplace, you can shop at over 60 online stores including **JC Penney** and **Lands' End**. Whenever you start your shopping trip at the Marketplace, a portion of every qualifying purchase is automatically donated to your school – all at no additional cost to you! For example: Avon-6%, Babygap.com-2%, Barnes & Noble.com-2.5%, Hallmark Flowers & Gifts-7.5%, Office Max.com-3%, Old Navy.com-2% and Wal-Mart-4%. Please send your box tops to Epping Middle School or visit www.boxtops4education.com and make a difference for Epping Middle School.

Chris Crowley Joins Epping Boys 1000-Point Club

Congratulations to Epping senior and team captain Chris Crowley who reached the 1000-point milestone during the Epping High School boys basketball team's 65-47 win over Hillsboro-Deering on January 18. Chris needed 32 points to reach 1,000 and finished the game with 34 points. He joins Lionel Levesque (1965), Ryan Gatchell (1990), Denny Wood (1991), Matt Price (1998) and Ryan Newman (2003) as a member of the Epping Boys 1000-Point Club.

Epping Fire Department

The **33rd annual Firemen's Ball** will be held on March 29, 2008 at the Epping Middle School Gymnasium. Music will be by the Sound Dimensions. Dancing will begin at 8:00 P. M. and go until midnight. There will be raffles and door prizes. This is a BYOB event. We ask that you be 21 or older to attend. Tickets will be sold by the Firefighters and at the door. Tickets are \$15.00 per couple or \$7.50 for singles. Call 679-5446 if you would like more information.

Protecting the West Epping Cemetery

The vandalism of the West Epping Cemetery in 1985 triggered your historical society's continuing efforts for cemetery protection both here at home and throughout New Hampshire.

It's a great pleasure to report that due to the combined efforts of the New Hampshire Electric Cooperative, Inc., Dave Reinhold, and many other supporters and friends, a permanent light has been recently installed at the West Epping Cemetery for the purpose of finally protecting both that historic site and the now repaired cemetery gates back in place.

The gates, vandalized once more and left in pieces several years ago, were beautifully restored last year by residents Fred and Midge Church. This is another example of what working together can ultimately accomplish. Thank you all, everyone!

- Submitted by Madelyn Williamson



Senior Moments

The **Epping Watson Academy Seniors Club** enjoyed a very busy December, collecting toys for tots and food for the various food pantries. The year was ended with a party at the Famous Legends Restaurant in Raymond. The entertainment for the evening was Rebecca Rule of Northwood. She is an amazing New England folk storyteller who specializes in area towns and local stories from local people. She has been going around telling stories for many years and has written two books that have a happy New England flavor.

The Seniors are back on schedule with upcoming programs that include: **identity theft prevention, physical therapy prevention exercises for seniors, personal review of 2008 Town Warrant, a visit by the weatherman from WMUR, an antique appraisal fair** and much more throughout the year.

Trips are also being planned, such as a trip back to **Foxwoods, a tour of the new 911 facilities in Concord** and another visit to the **Currier Art Gallery** in Manchester during their grand opening. Several other trips and programs will be on the Seniors busy agenda for 2008 including their annual **Yard Sale on April 12**.

The Club meets the second Thursday of each month at the Watson Academy and new members are welcome.

More information can always be obtained by calling the Community Center at 679-3301 or any of the offices at 679-3797 or 679-8677.

Harvey Mitchell Memorial Library

Events & New Books – Feb/Mar 2008

Friday, February 8 - 6:30-7:30 P.M. - **Pajama Night**

Monday, February 11-11:30 A.M. - **Senior Citizen Tea and Social**

The Friends of the Library are hosting this **Tea and Social**. All Epping seniors, men and women, are cordially invited to the library for refreshments, tea, and coffee.

Tuesday, February 12 – 7:00 P.M. - **Eclectic Book Group** discussing "What is the What" by Dave Eggers.

Monday, February 18 – 7:00 P.M. - **Library Board of Trustees** meeting.

Wednesday, February 20 – 7:00 P.M. - **Mystery Book Group** discussing "The Novice's Tale" by Margaret Frazer.

Thursday, February 21 – 7:00 P.M. - "**From Anonymous to Aponovich: New Hampshire History and Art**". Experience NH through artwork that captures the daily life and geography in the Granite State. Come learn about this theme in the Currier Museum of Art's permanent collection in a 45-minute talk presented by a trained museum docent. The presentation will include slides of the Currier's collection as well as the ongoing expansion project.

Saturday, February 23 - 11:30 A.M. - 1:30 P.M. - **Toy Play Day**.

Tuesday to Friday, February 26-29 at 1:00 P.M. every day - **Spring Break Movie Series**. The library will be showing new kids' movies in the Children's Room. Because of this, the Thursday afternoon story hour will be held upstairs while the movie plays downstairs. All of the features are rated G or PG, we ask parents to use their own

judgment for the appropriateness of each film for their children.

Thursday, February 28 – 8:00 P.M. **Dessert & a Movie.** Monthly movie nights for adults are now on the fourth Thursday of the month. Come meet Epping friends and neighbors and enjoy a movie on the library 9-foot screen with surround sound audio. In February we'll be watching "**Across the Universe**" and enjoying strawberries. Please bring toppings, dips, etc. to share to make our strawberries sweet.

Every Thursday, **Scrabble Club** – 1:00 P.M. - Drop in games. All adults welcome. Non-tournament style play.

Friday, March 14th - 6:30-7:30 P.M.

Pajama Night: A theatrical play performed by the Story. "Explorer's of Skippyjon Jones" by Judy Schachner.

Monday, March 10 – 7:00 P.M.

Friends of the Library meeting

Tuesday, March 11 – 7:00 P.M.

Eclectic Book Group: Discussing "March" (Pulitzer Prize winner) by Geraldine Brooks

Monday, March 17 – 7:00 P.M.

Library Board of Trustees meeting

Wednesday, March 19 – 7:00 P.M.

Mystery Book Group - Book TBA

Saturday, March 22 - 11:30 A.M. - 1:30 P.M.

Toy Play Day: Theme TBA

Thursday, March 27 – 8:00 P.M.

Dessert & a Movie - TBA

Every Thursday, **Scrabble Club** – 1:00 P.M.

Drop in games. All adults welcome. Non-tournament style play.

New Books in Adult Fiction:

Allison, Liz, No holding back
Baker, Virginia, Jack knife
Bradford, Barbara Taylor, The heir, LP
Brooks, Geraldine, People of the book
Brown, Rita Mae, The telltale horse, LP
Cameron, Stella, A cold day in hell

Cannell, Stephen J, Three-shirt deal
Clarke, Arthur C., Firstborn
Evanovich, Janet, Plum lucky
Garwood, Julie, Shadow music
Gregory, Philippa, The constant princess
Griffin, W.E.B., The shooters
Hooper, Kay, Blood dreams
Jance, Judith A., Hand of evil
Jin, Ha, A free life
Kandel, Susan, Christietown
Kellerman, Faye, Burnt house
Kelton, Elmer, Hard trail to follow
Kleypas, Lisa, Mine till midnight
Lutz, Lisa, The Spellman files
McCaffrey, Anne, Dragon Harper
Miller, Linda Lael, Deadly gamble
Miller, Sue, The senator's wife
Paretsky, Sara, Bleeding Kansas
Preston, Douglas J, Blasphemy
Ruby, Laura, I'm not Julia Roberts
Sefton, Maggie, A killer stitch
Todd, Charles, A pale horse
Tsukiyama, Gail, The street of a thousand blossoms
Wall, Judith Henry, Family secrets: a novel
Walters, Minette, The chameleon's shadow
Woods, Stuart, Beverly Hills dead

Epping Recreation Department

Greetings from the Epping Recreation Department! These are some of the things going on at the program during the next few months.

Yoga: Two classes either Mondays or Wednesdays from 6:00-7:00 P.M. Upstairs at the Town Hall. Cost: \$35 for six-week program. Walk-ins are welcome at \$8 each.

Music Lessons – Guitar, Bass. With Joseph Murphy, local musician. Tuesdays and Thursdays: Singles: \$15/ hr, \$20/ 1/2 hr. Duos: \$12.50/ hr, \$15/ 1/2 hr. Groups of 3: \$10 / hr, \$12.50 /1/2 hr

Computer Basics

A lot of people think computers are complicated because there is no one there to teach the raw basics. This class will feature the things you want to know – learn how a computers works, how to surf the internet, how to install and run new programs, and how to keep your computer safe. Even learn to fix minor problems and save money!

Saturday's at 10:00 A.M. Instructor Jeremy Murphy has years of experience with computers. It's just \$10 for a 90-minute lesson. Call 608-8677 or email: bestest_basserist@yahoo.com.

Events and Activities this Spring:

Pitch, Hit and Run Competition, Bicycle Rodeo, February and April Vacation Camps, Egg Hunt, Pre-School T-Ball and Soccer, Tumble Bus and Golf Lessons.

Call the Recreation Office with questions about any of these programs. 679-3301 or email: rec@townofepping.com

Epping Bible Baptist Church

2nd and 3rd Fridays from 1:00-2:30 P.M. - Free bread and food.

Every Wednesday - **YAGS** (Young adult's group--ages 18-30) - Bible study and game time.

Every Friday - **Boys and Girls AWANA program** - 7:00-8:30 P.M.

February 10 - **Rachelle Chase musical concert** - 6:00 P.M. at the church.

February 17 - **David Barton DVD** - Four Centuries of American Education.

March 23 - Sunrise Service - 6:00 A.M.
Morning Worship service at 10:45 A.M.

The public is cordially invited to all events.

Epping Going Green

This month, Epping became the **first town in New Hampshire to take a step toward energy efficiency**, by going online with a Marathon Ecopower Micro-Combined Heat Power System (CHP) system to heat the Town Hall.

The CHP will save the town about \$100,000 over the next 10 years, according to Rockingham Planning Commission planner Mike Behrmann, who helped oversee the project. The town instituted the change as part of its efforts toward saving energy and being environmentally responsible, according to Planning Board Chairman Rob Graham.

The CHP runs on propane and also uses energy from a solar panel. The solar panel kicks in during the day, capturing the sun's rays to help produce heat and electricity, relying more on propane at night. In addition to saving money on electricity costs for the town, the new system runs more

efficiently than the old oil heaters, with fewer emissions, making it more environmentally sound. Work has also been done to make the Town Hall more energy efficient, by replacing drafty windows and insulating portions of the attic. Epping is now seen as a model for other communities looking to become more environmentally friendly. Public Service of New Hampshire has examined our new system and approved it for use across the state.



Now Accepting Business Ads

Would your business like to advertise in this newsletter? Business card-sized ads cost just \$25.00 per newsletter issue. We expect to send out 5-6 issues per year. We currently email this newsletter to approximately 200 homes and we distribute over 200 paper copies around town. For more information or to place an ad in the next issue, send an email to speakupepping@gmail.com.

The money collected from these ads will pay for the cost to print, copy and eventually mail the newsletter to every Epping home. What better way to find out what is happening in Epping!

The Communications Group

This second issue of our community newsletter is via email. We hope you will help spread the word and encourage friends and neighbors to sign up for it. We also hope to eventually have a **printed newsletter** delivered to every Epping home. Want to sign up for the newsletter or lend a hand? Contact Barbara Helmstetter by phone 679-1929 or email Barbara.S.Helmstetter@Dartmouth.edu.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (April/May) of this newsletter will be sent out by **April 1, 2008**. We will accept submissions through March 25 to be included in the next issue. Please send your content, including contact information, for consideration to: speakupepping@gmail.com.

Thanks for reading! - *The Communications Group*

Business Ads

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Epping Calendar of Events for February 2008

Date	Event
Jan. 23 to Feb. 1	Filing for Epping town offices
Jan. 30	Epping Middle School's PRIDE celebration in gymnasium 1:30 PM
Feb. 1	Middle School basketball game home vs. Raymond Girls 3:30, Boys 4:45 PM
Feb. 2	Klondike Derby for Boy Scouts in Raymond
Feb. 2	Scholastic Art Awards of NH Ceremony for students and families 11:00 AM at Pinkerton Academy, Derry, NH Last day to view Artwork Display.
Feb. 3	Reception honoring Richard B. Sanborn in Hampton Falls
Feb. 3	Super Bowl Sub Sunday at the Epping Community Church
Feb. 3	Scout Sunday at the Epping Community Church 9:00 AM worship service
Feb. 4	Middle School basketball game at the Cooperative Middle School in Stratham Girls 3:30 PM, Boys 4:45 PM
Feb. 4	Elementary School PTO meeting 7:00-8:30 PM
Feb. 4 - Feb. 8	Elementary School Scholastic Book Fair open during the week for students. Feb. 8 from 6:00-8:30 PM Book Fair, Kids Art Fair, PTO Ice Cream Social
Feb. 5	Town Deliberative Session Middle School Gymnasium 7:00 PM
Feb/ 7	Middle School basketball game at Raymond Middle School Boys 3:30 PM, Girls 4:45 PM
Feb. 7	School Deliberative Session Middle School Gymnasium 7:00 PM
Feb. 8	Pajama night at the Library
Feb. 8 – Feb. 10	Boy Scout winter survival training at the T.L.Storer Scout Reservation. Cub Scouts join the fun on Saturday Feb. 10
Feb. 8 – Feb. 17	Leddy Center production of "Little Women"
Feb. 10	Rachelle Chase musical concert at Epping Bible Baptist Church 6:00 PM
Feb. 11	February Break Registration starts for Elementary School students at Recreation Department. (Trip on the 27 th , if 30 registered by Feb. 15).
Feb. 11	Senior Citizen Tea and Social at the Library 11:00 AM
Feb. 12	Library Eclectic Book Group 7:00 PM "What is the What" by Dave Eggers
Feb. 16	Spaghetti and Meatballs Dinner at Epping Community Church 5:00–7:00 PM
Feb. 17	Youth Potato Bar at Epping Community Church 10:30 AM
Feb. 17	David Barton DVD – Four Centuries of American Education Epping Bible Baptist Church
Feb. 18	SB2 Public Hearing Town Hall 7:45 PM
Feb. 20	Library Mystery Book Group "The Novice's Tale" by Margaret Frazer
Feb. 21	Regular School Board Meeting 7:00 PM Town Hall
Feb. 21	"From Anonymous to Aponovich: NH History and Art" Talk at the Library by a trained docent for the Currier Museum.
Feb. 22	Cub Scout Blue and Gold Banquet Elementary School 6:00 PM
Feb. 23	Toy Play Day at the Library 11:30 AM – 1:30 PM
Feb. 26 – Feb. 29	Winter School Vacation Elementary youth program at Recreation Dept.
Feb. 26 – Feb. 29	Spring Break Movie Series at the Library 1:00 PM New G or PG movies every day in the Children's Room
Feb. 28	Dessert and Movie at the Library 8:00 PM Movie "Across the Universe"

Epping Calendar of Events for March 2008

Date	Event
Feb. 29 – Mar. 1	Last chance to register to vote before the Town Election: Friday 9:00 AM–3:00 PM Town Clerk’s office or Saturday 11:00–11:30 AM at Town Hall with the Supervisors of the Check List. You may register to vote at the polls on Election Day
Mar. 1	Regional Spelling Bee at Portsmouth Elks Lodge for Middle School students
Mar. 3	School resumes
Mar. 3	Elementary School PTO meeting 7:00-8:30 PM
Mar. 7 – Mar. 16	Leddy Center musical revue “Porcelain Diaries”
Mar. 11	Election Day Middle School gymnasium 8:00 AM – 7:00 PM
Mar. 11	Election Day Garden Club Bake Sale 12 noon to 5:00 PM Middle School
Mar. 11	No School Day. Recreation Department open all day
Mar. 11	Teacher In-Service Day
Mar. 11	Eclectic Book Group at the Library Discussing “March” by Geraldine Brooks
Mar. 13	Regular School Board Meeting 7:00 PM Town Hall
Mar. 14	Pajama Night at the Library
Mar. 15	Annual Egg Hunt at the SAU playing fields 9:00 AM
Mar. 16	Corned Beef and Cabbage Dinner at the Epping Community Church 5:00 – 7:00 PM
Mar. 18	Middle School Music in Our Schools Month Concert 7:00 PM Middle School Gymnasium
Mar. 19	Mystery Book Group at the Library Book TBA
Mar. 22	Toy Play Day at the Library 11:30 AM – 1:30 PM
Mar. 22	Cub Scout Pinewood Derby at the Elementary School
Mar. 23	Morning Worship Service at Epping Community Church at 9:00 AM
Mar. 23	Sunrise Service at Epping Bible Baptist Church at 6:00 AM Morning Worship Service at 10:45 AM
Mar. 24	Registration starts at Recreation Department for Elementary Summer Camp
Mar. 24 – Apr. 4	Artists in Residence, Randy Armstrong and Theo Martey, at Elementary School
Mar. 27	Dessert and a Movie at the Library 8:00 PM TBA
Mar. 27	Regular School Board Meeting
Mar. 28	Large Group Festival for Middle School students in Bow, NH
Mar. 29	Firemen’s Ball at the Middle School Gymnasium Dancing 8:00 PM until midnight BYOB
Apr. 1	Speak Up, Epping! Newsletter

If you would like your next event to appear on the Calendar of Events, please send us an email at speakupepping@gmail.com by March 25. Please include the date, event name, location and time.